

**DofE Very
Viking Gold
Residential**

**Cumbria
Outdoors**

**Hawse
End Centre
Monday 21 – Friday
25 August 2017**



Explore, discover and create your very own Viking performance

Think water, boats, shields, conflict and trade.

Have fun, meet new people and learn all you need to know about creating your own Very Viking Performance in an outdoor setting.

Borrowdale Valley has a rich and important history of establishing trade routes into the heart of Cumbria and beyond. Many towns, villages and features can trace their origins back to Viking settlements and influences, but why were they here? And what was it like for locals and those Northmen who made the long and perilous journey to our shores and these Cumbrian fells?

The history and stunning landscape that surrounds Hawse End Centre will be key in the inspiration and creation of your outdoor piece of theatre that will include movement, dialogue, action, chant, and of course crossing the lake in boats.

So put on your sea legs, gather up your belongings, and get set for a Very Viking adventure!

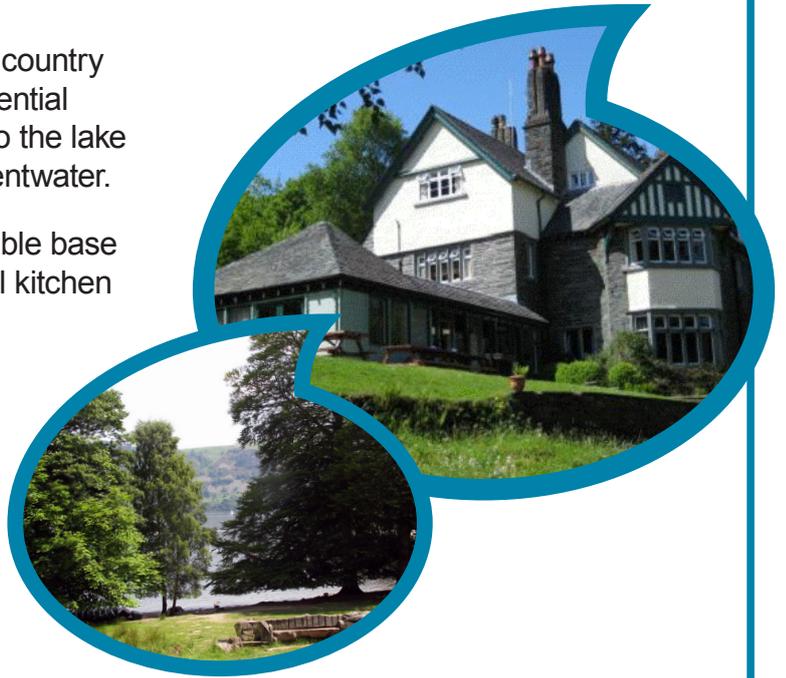
The price is only £480 per person which includes activities, food, accommodation and pick-up from Penrith Railway Station (time to be advised).



Hawse End Centre - is a large Victorian country mansion that accommodates up to 49 residential places, having the benefit of direct access to the lake and mountains - set on the shores of Derwentwater.

Our centre offers a warm, homely, comfortable base and, of course, a fully equipped professional kitchen to work in.

Facilities include bunk bedded rooms with separate staff accommodation, communal and recreational rooms, work rooms, drying room facilities and ample toilets and showers.



Outline Programme

Over the course of the residential, participants will develop their confidence, team work, creative and performance skills through a series of theatre workshops led by experienced practitioners. Each workshop will focus on different aspects of outdoor theatre but will form building blocks in the devising of a piece of theatre that will be performed to the public. The theme for the residential is the Vikings and their connection to the Cumbrian landscape so expect, music, song, ceremony, and of course water and shields!

On arrival a number of team building activities will take place as you acclimatise to your new settlement. Throughout the week there will be opportunities to learn songs, music, dialogue and story as you put together your 'Very Viking' performance. One day will include water based activities including canoeing with our qualified Outdoor Leaders. The week will lead up to an outdoor performance on the shore of Derwentwater and more Viking feasting, singing and dancing!



To find out more about the week or to make a booking please telephone Cumbria Outdoors on: **01768 812280** or email: **cumbriaoutdoors.enquiries@cumbria.gov.uk**



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