

**GUIDANCE ON HOW TO COMPLETE AVAILABILITY FORM 124a**

**Name:** (Please enter your name)

**Station you are applying to:** (Name of fire station you are applying to)

		Week One						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	0:00							
	01:00	<b><u>IMPORTANT – PLEASE READ</u></b>						
	02:00	In the example below, the shaded area covers 0730 hours until 1830 hours Monday to Friday and 1230 hours to 1730 hours on Saturday, therefore the total number of available hours in ‘Week One’ = 60 hours.						
	03:00	Please shade in the boxes to illustrate the pattern of work you can commit to, as in this example, 60 hours.						
Morning	04:00							
	05:00							
	06:00							
	07:00							
	08:00							
Noon	09:00							
	10:00							
	11:00							
	12:00							
	13:00							
Evening	14:00							
	15:00							
	16:00							
	17:00							
	18:00							
19:00								
20:00								
21:00								
22:00								
23:00								
00:00								

		Week Two						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	0:00							
	01:00							
	02:00							
	03:00	<b><u>IMPORTANT - PLEASE READ</u></b>						
	04:00	Shade in ‘Week One’ if you have the same availability each week.						
	05:00	Shade in the extra weeks eg ‘Week Two, Three and Four’ if your availability changes, for example due to changing shift patterns.						
	06:00	The information you provide in relation to the pattern of work will be considered upon receipt of your application and discussed at interview.						
	07:00	Please sign and date the form as below and return it together with your application form.						
	08:00							
	09:00							
	10:00							
	11:00							
	12:00							
	13:00							
	14:00							
	15:00							
	16:00							
	17:00							
	18:00							
	19:00							
	20:00							
	21:00							
	22:00							
	23:00							
	00:00							

**NUMBER OF HOURS AVAILABLE PER WEEK = eg 60 hours as above (please state number of hours you are willing to give as per the example above)**

**Signature: (please complete)**

**Date: (Date form completed)**

Name:.....

Station you are applying to:.....

**Week Three**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0:00							
01:00							
02:00							
03:00							
04:00							
05:00							
06:00							
07:00							
08:00							
09:00							
10:00							
11:00							
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14:00							
15:00							
16:00							
17:00							
18:00							
19:00							
20:00							
21:00							
22:00							
23:00							
00:00							

Morning

Noon

Evening

**Week Four**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0:00							
01:00							
02:00							
03:00							
04:00							
05:00							
06:00							
07:00							
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17:00							
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21:00							
22:00							
23:00							
00:00							

SAMPLE

Please shade the boxes for when you would be available for duty.

**CUMBRIA FIRE & RESCUE SERVICE - ON CALL FIREFIGHTER AVAILABILITY FORM 124a**

Name: **KATIE SMITH** Station you are applying to: **WORKINGTON**

Are you currently a: Classified Radiation worker  Licensed Asbestos worker   
(Please tick box)

**Week One**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0:00	Shaded	White	Shaded	White	Shaded	White	Shaded
01:00	Shaded	White	Shaded	White	Shaded	White	Shaded
02:00	Shaded	White	Shaded	White	Shaded	White	Shaded
03:00	Shaded	White	Shaded	White	Shaded	White	Shaded
04:00	Shaded	White	Shaded	White	Shaded	White	Shaded
05:00	Shaded	White	Shaded	White	Shaded	White	Shaded
06:00	Shaded	White	Shaded	White	Shaded	White	Shaded
07:00	Shaded	White	Shaded	White	Shaded	White	Shaded
08:00	Shaded	Shaded	Shaded	Shaded	Shaded	White	Shaded
09:00	Shaded	Shaded	Shaded	Shaded	Shaded	White	Shaded
10:00	Shaded	Shaded	Shaded	Shaded	Shaded	White	Shaded
11:00	Shaded	Shaded	Shaded	Shaded	Shaded	White	Shaded
12:00	Shaded	Shaded	Shaded	Shaded	Shaded	White	Shaded
13:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded
14:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded
15:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded
16:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded
17:00	White	Shaded	White	White	White	Shaded	White
18:00	White	Shaded	White	White	White	Shaded	White
19:00	White	Shaded	White	White	White	Shaded	White
20:00	White	Shaded	White	White	White	Shaded	White
21:00	White	Shaded	White	Shaded	White	Shaded	White
22:00	White	Shaded	White	White	White	Shaded	White
23:00	White	Shaded	White	White	White	Shaded	White
00:00	White	Shaded	White	White	White	Shaded	White

**Week Two**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0:00	White	White	White	White	White	White	Shaded
01:00	White	White	White	White	White	White	Shaded
02:00	White	White	White	White	White	White	Shaded
03:00	White	White	White	White	White	White	Shaded
04:00	White	White	White	White	White	White	Shaded
05:00	White	White	White	White	White	White	Shaded
06:00	White	White	White	White	White	White	Shaded
07:00	White	White	White	White	White	White	Shaded
08:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
09:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
10:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
11:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
12:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
13:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
14:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
15:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
16:00	Shaded	Shaded	Shaded	Shaded	Shaded	Shaded	White
17:00	White	Shaded	White	White	White	Shaded	White
18:00	White	Shaded	White	White	White	Shaded	White
19:00	White	Shaded	White	White	White	Shaded	White
20:00	White	Shaded	White	White	White	Shaded	White
21:00	White	Shaded	White	White	White	Shaded	White
22:00	White	White	White	White	White	Shaded	White
23:00	White	White	White	White	White	Shaded	White
00:00	White	White	White	White	White	Shaded	White

Please shade in the boxes to illustrate the pattern of work you can commit to and return with your application form. Use 'Week One' if you have the same availability each week. Use the extra weeks if your availability changes, for example due to changing shift patterns. The information you provide in relation to the pattern of work will be discussed with you if you are selected for interview.