



Some useful links

| Availability and Speeds | Free Software and advice |
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| www.connectingcumbria.org.uk/when-and-where www.speedtest.net/ www.broadbandspeedchecker.co.uk/ www.samknows.com/broadband/index.php www.speedtest.btwholesale.com/ | www.filehippo.com www.getsafeonline.org www.microsoft.com: http://tinyurl.com/lnqotur |

On Line Training and Education

| Free on line learning and skills development | Getting On Line |
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| www.bbc.co.uk/learning/ www.bbc.co.uk/learning/adults/ www.openculture.com www.khanacademy.org/ www.youtube.com/user/khanacademy | www.digitalskills.com/resources www.btplc.com: http://tinyurl.com/h2zsez4 www.eonenergy.com: http://tinyurl.com/jremse9: http://digitalunite.com/guides www.barclays.co.uk/ search Digital Eagles |
| Fee charging and free courses which can offer real qualifications: | Business and job focused training at: |
| Harvard: www.extension.harvard.edu/ Open University: www.open.edu/ Oxford: http://tinyurl.com/h8jxwvq Cambridge: http://tinyurl.com/6n7lzut | http://www.learndirect.com/ http://alison.com/ http://www.elearnuk.co.uk/ |

Help & Advice

| Public Services and Benefits | Broadband Offers |
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| www.nhs.uk www.workingrights.co.uk www.citizensadvice.org.uk www.gov.uk | www.uswitch.com/broadband/compare/deals_and_offers/ www.moneysupermarket.com/broadband/deals/ www.moneysavingexpert.com/phones/cheap-broadband www.broadbandchoices.co.uk/ www.broadband.co.uk |

