



The University of Cumbria and Suicide Prevention Leadership Group are getting together to commemorate the thirteenth World Suicide Prevention Day, on Friday 9th September 2016. This year's theme is:

CONNECT COMMUNICATE CARE

these three words are at the heart of suicide prevention and will be at the heart of the day's programme

Date: Friday 9th September 2016

Time: 9:30am – 3:00pm

Location: Learning Gateway, Fusehill Campus, University of Cumbria, Carlisle

The day will have a practical focus with a morning plenary looking at the local and national picture and then an opportunity to attend several workshops with the focus being how we can put this theme into practice. Workshops will include the Integrated Motivational Volitional Model, Compassionate Care in Practice, Building a suicide safer community, Cumbria's new pathway for those working with self harm and Suicide Prevention and Primary Care. There will be ample chance to network and we would like to hear from you if you would like a stall (please contact juliet.gray@cemind.org) to arrange a stall.

Places are free but limited, to book a place please use Eventbrite:

<http://www.eventbrite.com/e/suicide-prevention-conference-tickets-27083142408>

Tea and Coffee will be provided but please bring your own lunch