**Cumbria Learning Disability and Autism Partnership Board**

**“How People Spend Their Days and Evenings”**

**Wednesday 7th July 2021**

 **11am to 1pm**

**MICROSOFT TEAMS**

**Cllr. Patricia Bell – Chair**

**Lou Townson – Co-Chair**

**Dr. Gay Eastoe – Co-Chair**

**Shortcut to Teams Meeting Invite -**

[Click here to join the meeting](https://teams.microsoft.com/l/meetup-join/19%3ameeting_ODU1ODA4NDItYjAyOC00MGU4LWExYjAtNThjNmNiODBhMDE5%40thread.v2/0?context=%7b%22Tid%22%3a%22ac4b077e-a758-4bc5-9465-35c192007704%22%2c%22Oid%22%3a%2250d9020b-ddc7-4dc2-a235-7104ac1d78d9%22%7d)

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| --- | --- | --- | --- | --- |
| **1** | **Welcome**  [Meeting agenda](https://www.photosymbols.com/collections/meetings/products/meeting-agenda?_pos=1&_sid=524c28c19&_ss=r) | **[Time 11:00](https://www.photosymbols.com/collections/time-date/products/clock-11-00?_pos=102&_sid=a477bbfa3&_ss=r)** | Welcome from the Chair -  Who is in on the call today?  Reminder about our Rules | **Cllr. Patricia Bell**  **Lou Townson**  **Dr. Gay Eastoe** |
| **2.** | **What we plan to talk about**  **How People spend their days and evenings** | **[Time 11:10](https://www.photosymbols.com/collections/time-date/products/clock-11-10?_pos=69&_sid=a477bbfa3&_ss=r)** | The Chairs will set out why we are meeting. | **Patricia/Lou/Gay** |
| **3.** | **Let’s hear what people think about this.** |  | People First and Triple A will share their thoughts on this. Other self- advocates who attend day opportunities will also share their thoughts and ideas. | **Patricia**  People First and Triple A |
| **4.** | **[Image result for active cumbria](https://www.bing.com/images/search?view=detailV2&ccid=dJG6ifaN&id=D13266B9E88239A4867538AF20CDEEA1150B4700&thid=OIP.dJG6ifaNihCBab2ieRnCuQHaEd&mediaurl=https%3a%2f%2fwww.activecumbria.org%2ffiles%2f8015%2f3182%2f7021%2fLogo_solo_white_CMYK.jpg&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fR7491ba89f68d8a108169bda27919c2b9%3frik%3dAEcLFaHuzSCvOA%26pid%3dImgRaw&exph=2606&expw=4325&q=active+cumbria&simid=608018140583839829&ck=7BD4E1D112FB64DD5DD4587EE398A199&selectedIndex=0&FORM=IRPRST)** | **[Time 11:45](https://www.photosymbols.com/collections/time-date/products/clock-11-45?_pos=13&_sid=a477bbfa3&_ss=r)** | Active Cumbria will tell us about what opportunities there are to keep active and well. | **Patricia**  Richard Johnston |
| **5.** | **Some ideas about what might already exist in your area.**  [Idea4](https://www.photosymbols.com/collections/people-adults/products/idea4?_pos=4&_sid=0afa6a2a6&_ss=r) |  | Council Area Managers will tell us about what opportunities there are in local communities to connect into things that are happening. | **Gay**  Karen Johnson and Tracey Ingham |
| **5** | Let’s have a Break  Buffet | **[Time 12:15](https://www.photosymbols.com/collections/time-date/products/clock-12-15?_pos=7&_sid=a477bbfa3&_ss=r)** | Let’s stretch and take a short break | **Lou** |
| **5** | What does a good day look like?  **[Drink Together 1](https://www.photosymbols.com/collections/leisure/products/drink-together-1?_pos=8&_sid=b0b678a5c&_ss=r)** |  | People will share their ideas about   * What makes a great day/evening for them? * What do they do now? * What changes /support is needed to make things better | **Patricia/Lou/Gay**  Everyone |
| **6** | Any Comments or anything else?  [Hello8](https://www.photosymbols.com/collections/people-teens/products/hello8?_pos=21&_sid=c1225ac1d&_ss=r) | [Time 12:55](https://www.photosymbols.com/collections/time-date/products/clock-12-55?_pos=9&_sid=a477bbfa3&_ss=r) | Any final comments  S:\Children Health & Care Commissioning Team\05_LD Autism and MH\01 ADMINISTRATION\01_Templates\10_Graphics and clipart\pros-y-contras.png | **Gay** |
| **Next Meeting** | | | **July 20th, 2021 11am -1pm** |  |

Email: [**partnershipboard@cumbria.gov.uk**](mailto:partnershipboard@cumbria.gov.uk)

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