

## Carers

The Learning Disability, Transition and Autism Team also offer advice and assessments to:

- Carers of people who meet adult services criteria.
- Young carers if they are likely to be in need of support when they turn 18 years old

For more information you can visit, [cumbria.gov.uk/healthsocialcare/carers.asp](http://cumbria.gov.uk/healthsocialcare/carers.asp)

## Paying for adult social care

There is no charge for support directly from the Learning Disability, Transition and Autism Team. However, if care services are provided, the person will usually be required to pay towards the cost for more information about financial assessments, please visit, [cumbria.gov.uk/healthsocialcare/costs.asp](http://cumbria.gov.uk/healthsocialcare/costs.asp)

## Further information

Local Offer website can be found at [www.cumbria.gov.uk/SENDlocaloffer](http://www.cumbria.gov.uk/SENDlocaloffer) and is where you can find information and guidance about activities and services available to all young people who have additional educational needs and live in Cumbria.

‘Cumbria Support Directory’ and ‘Cumbria County Council’ website are online resources for all adults with care and support needs. As well as information and advice, it includes a directory of national helplines and local services and activities.

Alternatively, you can contact your local Adult Social Care office as below:

Allerdale:	0300 303 3589	<a href="mailto:workingtonssd@cumbria.gov.uk">workingtonssd@cumbria.gov.uk</a>
Carlisle:	0300 303 3249	<a href="mailto:carlissd@cumbria.gov.uk">carlissd@cumbria.gov.uk</a>
Copeland:	0300 303 3589	<a href="mailto:whitehavenssd@cumbria.gov.uk">whitehavenssd@cumbria.gov.uk</a>
Eden:	0300 303 3249	<a href="mailto:penrithssd@cumbria.gov.uk">penrithssd@cumbria.gov.uk</a>
Furness:	0300 303 2704	<a href="mailto:barrowssd@cumbria.gov.uk">barrowssd@cumbria.gov.uk</a>
South Lakeland:	0300 303 2704	<a href="mailto:kendalssd@cumbria.gov.uk">kendalssd@cumbria.gov.uk</a>



## Learning Disability, Transition and Autism Team

We are a social work team working with people with a learning disability and/or autism and provide support for people, who need help, with transition from children's services to adult services.

The team is based in 6 locations across the county and are co-located with other adult social work teams in Eden, Carlisle, Allerdale, Copeland, South Lakeland and Furness.

Our transition Social Workers work with people from age 14, potentially through to 25 years of age. Transition covers all young people with additional needs, not just those with learning disability/autism.

They work with young Cumbrians:

- Who may require advice and information relating to social care needs
- Who have significant disabilities and complex support needs
- Who need support to move into adulthood
- Who are eligible for adult social care support

Following completion of the assessment under the Care Act, information should be given about whether the young person, their Carer or young Carer, is likely to have eligible needs for care and support when they turn 18.

Please visit [cumbria.gov.uk/healthsocialcare/careassessments.asp](http://cumbria.gov.uk/healthsocialcare/careassessments.asp) for further information regarding our eligibility criteria.

The team supports young people to:

- Have maximum choice in planning their own futures
- Have a smooth transition from Children's services to Adult services
- Develop skills to promote increased independence and fulfil their potential
- Plan support to best meet their social care needs

## Assessment and support planning

Assessments involve working with the young person, and people who are important in their lives, to identify any care and support needs the young person may have after the age of 18. This will include aspirations and hopes for the future.

The young person's consent to a referral and assessment is required. If they lack mental capacity to make the decision, a decision can be taken in their best interest by a group of skilled and experienced people (including carers). The assessment will take place at a time that works best for the young person. This may be as early as age 14 but will often be at age 16 or 17.

If the young person is assessed as having eligible needs, the team will plan with the young person how to meet these needs. This may not always result in funded services but may help identify support from friends, family and local community resources. Because the legal frameworks are different in children's services and adult services, some young people have support from children's services but are not eligible for adult services. Those young people who do not meet the adult eligibility criteria will be signposted to alternative support and services.

## Advocacy

Anyone who has substantial difficulty in being involved in their assessment is entitled to help. If there is no appropriate person, they will be offered an advocate. If you require this service your Social Worker will be able to help you to get it. Alternatively, you can visit [bestlife.org.uk/](http://bestlife.org.uk/) for further information.

## Eligibility for adult social care

Being eligible for adult social care support means that the young person's needs have been assessed and they have met the eligibility criteria stipulated within the Care Act 2014.

Please visit [cumbria.gov.uk/healthsocialcare/careassessments.asp](http://cumbria.gov.uk/healthsocialcare/careassessments.asp) for more details on eligibility criteria.