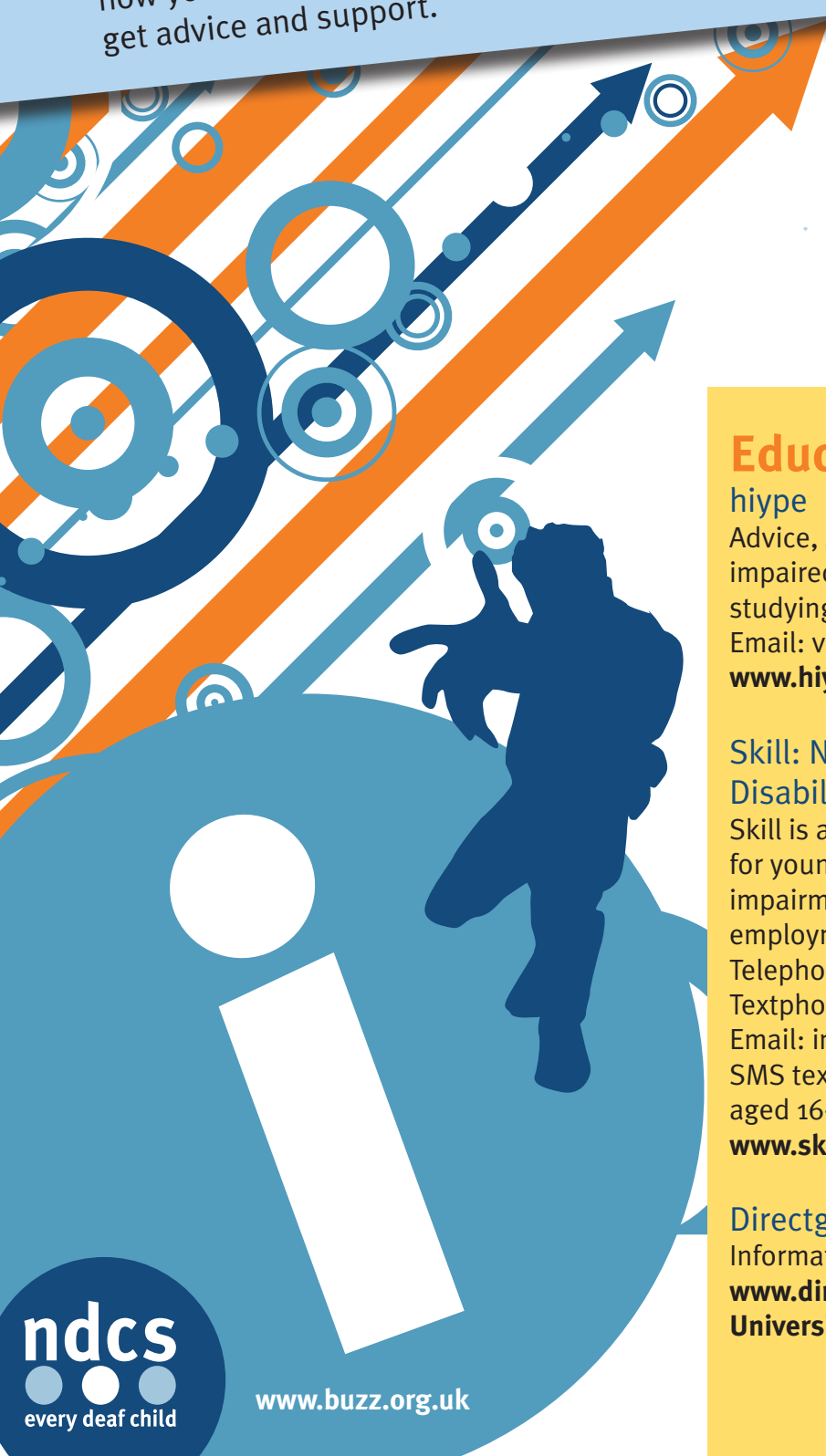


Information and advice

for young people aged 12–18

It is important you know where to access information and advice. Many of you will be thinking about your future, how you will make decisions on your future and where to get advice and support.



Education

hiype

Advice, support and information for hearing impaired younger people who are working or studying.

Email: via the website

www.hiype.org.uk

Skill: National Bureau for Students with Disabilities

Skill is a national charity promoting opportunities for young people and adults with any kind of impairment in post-16 education, training and employment.

Telephone: 0800 328 5050

Textphone: 18001 0800 328 5050

Email: info@skill.org.uk

SMS text service: 07786 208 028 (for young people aged 16-24)

www.skill.org.uk

Directgov

Information on university and higher education
www.direct.gov.uk/en/EducationAndLearning/UniversityAndHigherEducation



Access to work

Access to Work can help you if your health or disability affects the way you do your job. It gives you and your employer advice and support with extra costs which may arise because of your needs.

www.direct.gov.uk/en/DisabledPeople/Emplimentsupport/WorkSchemesAndProgrammes



Connexions

Connexions Direct offers information and advice to 13–19 year-olds to help them make decisions and life choices.

Telephone: 0808 001 3219

Textphone: 0800 096 8336

Email: via the website.

www.connexions-direct.com

RAD (London only)

The Royal Association for Deaf people (RAD) is a Deaf-led organisation promoting the welfare and interests of Deaf people.

Telephone: 0845 688 2525

SMS: 07851 423866

Email: info@royaldeaf.org.uk

www.rad.org.uk

Employment

hiype

Advice, support and information for hearing impaired younger people who are working or studying.

Email: via the website

www.hiype.org.uk

Skill: National Bureau for Students with Disabilities

Skill is a national charity promoting opportunities for young people and adults with any kind of impairment in post-16 education, training and employment.

Telephone: 0800 328 5050

Textphone: 18001 0800 328 5050

Email: info@skill.org.uk

SMS text service: 07786 208 028 (for young people aged 16-24)

www.skill.org.uk

Directgov

Search for a job, training, career information, voluntary work and childcare provision anywhere in the UK

www.direct.gov.uk/en/Employment/Jobseekers



www.buzz.org.uk



Information and advice

Housing

Shelter

Shelter is a charity giving advice, information and advocacy to people in need of housing

Telephone: 0808 800 4444
(free housing advice helpline)

www.shelter.org.uk

Need2Know

Information on housekeeping, student housing, finding somewhere to live and getting a good deal from your landlord.

www.need2know.co.uk/need2know/housing

Direct.gov

Information on renting and buying a home and on student housing.

www.direct.gov.uk/en/HomeAndCommunity

Social benefits and wealth

Need2Know

Advice on money including top money tips, budgeting and saving.

www.need2know.co.uk

Direct.gov

Information on tax, benefits, pensions, managing money and debt

www.direct.gov.uk/en/MoneyTaxAndBenefits

NDCS

NDCS Guide on filling in a Disability Living Allowance form – contact our Helpline for further information.

Freephone Helpline: 0808 800 8880

(voice and text) Email: helpline@ndcs.org.uk



Health

NHS direct

Health advice and information available online and on the telephone. Health information enquiries can be sent via the website

Telephone: 0845 4647

www.nhsdirect.nhs.uk

NHS24 Scotland: www.nhs24.com/content

Medikidz

Learn about conditions, treatments and medicines in Med to Z and MediMedz. Get the facts on medical issues that affect you or your friends, watch fascinating videos and follow links to recommended websites and associations.

Email: info@medikidz.com

www.medikidz.com/home

Brook

Brook is the only national voluntary sector provider of free and confidential sexual health advice and services specifically for young people under 25.

Telephone helpline: 0808 802 1234

SMS: Text BROOK HELP to 81222
(see the website for information)

www.brook.org.uk

Teens First for Health

An award-winning health and hospital information website for teenagers. Run by Great Ormond Street Hospital, the website provides thousands of clinically approved pages of age-appropriate content and advice.

Email: via the website

www.childrenfirst.nhs.uk/teens

National Deaf Children, Young People and Family Service

If you live in England and ever feel worried about your mental health ask your doctor to contact the National Deaf Children, Young People and Family Service at one of the following centres to find out what are the best local services available to you:

South West England: 01823 368 373

North England: 01904 726 926

London and South East England: 020 8682 6925

Midlands: 0121 226 3616

Relationships

Connexions

Connexions Direct offers information and advice on relationships to 13–19 year-olds including on home life, social life and partners.

Telephone: 0808 001 3219

Textphone: 0800 096 8336

Email: via the website.

www.connexions-direct.com

Need2Know

www.need2know.co.uk/need2know/relationships



General

Need to Know

Need to Know aims to provide useful website links for young people on money, travel, relationships, learning, work, housing and more.

Email: via the website.
www.need2know.co.uk

DVD subtitles

This website helps you find DVDs for TV and film with English subtitles. It is a database and has a Top 50 of subtitled DVDs, lists current 'bargains' and even has a section where you can complain if you are frustrated with the lack of choice of films with subtitles.

Email: fb@dvd-subtitles.com
www.dvd-subtitles.com

Sounding Board

Sounding Board – For Teens is a chat forum set up by the Ear Foundation. The forum is for young people who have a cochlear implant/s or may be thinking about one. You can get advice from other teenagers who have a cochlear implant/s - read about their experiences, ask about using your implant with an ipod, phone, radio aid and other equipment, and get useful tips.

<http://soundingboard.earfoundation.org.uk/teens/>

UK Deaf Sport

UK Deaf Sport is a charity which encourages young deaf people to try sport and enjoy it!

Email: via the website.
www.ukdeafsport.org.uk



The Cinema Exhibitors' Association

The Cinema Exhibitors' Association (CEA) card allows the person accompanying you to a participating cinema one free ticket. You need to be receiving Disability Living Allowance to apply for the card, and there is a small fee. You can find terms and conditions, an application form and a list of participating cinemas on the website.

Tel: 0845 123 1292
Fax: 0845 123 1296
Minicom / Text phone: 0845 123 1297
Email: info@ceacard.co.uk
www.ceacard.co.uk

Your Local Cinema

A website which tells you which of the latest films are now showing with subtitles, and where in the UK. Choose the nearest town to find your nearest cinema where subtitled films are shown and what is on currently.

www.yourlocalcinema.com



Signed Performances In Theatre

Signed Performances In Theatre (SPIT) promotes British Sign Language interpreted theatre performances. You can search for performances on their website.

Email: via the website

www.spit.org.uk

Stage Text

Stage Text gives information on theatre performances which have captions – the spoken word converted into visible text on stage.

Email: enquiries@stagetext.org

www.stagetext.org

Deafinitely Theatre

Deafinitely Theatre is a deaf-led theatre company based in London which puts on plays, runs courses and workshops and has mentoring opportunities for deaf young people interested in theatre.

Email: via the website

Telephone: 020 7424 7360

www.deafinitelytheatre.co.uk

U Screen

The U Screen project allows young film-makers who are disabled and aged 14 to 21 in the south east of England to share their stories and ideas, collaborate, learn new skills and receive mentoring.

Email: via the website.

www.uscreen.co.uk

Silent Snow

Silent Snow is based in Milton Keynes, and runs ski and snowboard lessons in BSL. From beginners to coaching for instructors.

Email: via the website or sales@silentsnow.co.uk

www.silentsnow.co.uk

Railcards

Find out more about a disabled person's railcard, and how to apply. If you qualify for a card, you could save a third of the price of most rail fares in Britain.

Email: disability@atoc.org

Telephone: 0845 605 0525

Textphone/ Minicom: 0845 601 0132

www.disabledpersons-railcard.co.uk

BBC Learning

BBC Learning promotes interactive learning for primary and secondary pupils, with 'bitesize' information on different subjects, often related to the national curriculum.

www.bbc.co.uk/schools/students



Information and advice

www.buzz.org.uk

ndcs
every deaf child

Rights and responsibilities

It's really important that you know what your rights are. You need to know about what you can and can't do, and what help is out there if you have questions about your rights. You need to know who makes sure your rights are protected.

Here are some examples of rights you have:

- The right to an education
- The right to shelter
- The right to life
- The right to participation in cultural life, recreation, leisure and sport
- The right to work and employment.

Current legislation:

The Human Rights Act 1998 was created by the Government to make sure our rights are protected. To find out more information about the Act, check this website:

www.direct.gov.uk/en/Governmentcitizensandrights/Yourrightsandresponsibilities/

The United Nations has created two important agreements known as Conventions to make sure the world population's rights are protected, including children and disabled people. You can check out the two important agreements:

- United Nation Convention on the Rights of the Child www.unicef.org/crc
- United Nation Convention on the Rights of Persons with Disabilities www.un.org/disabilities

Most national Governments (countries) in the world have signed up to the two agreements which mean they are responsible for protecting the rights of the people who live in the countries they govern.



Further information on your rights:

You can find out more about your rights as a young person on the Need2Know website: www.need2know.co.uk/need2know/law

Other organisations to contact for more information about your rights:

Citizen's Advice Bureau (CAB)
www.adviceguide.org.uk

The Children's Legal Centre
www.childrenslegalcentre.com

The UK Youth Parliament
www.ukyouthparliament.org.uk

If you feel you have been discriminated against because of your deafness, contact the following organisations:

Disability Alliance For young people living in England, Scotland and Wales
www.disabilityalliance.org

Commission for Equality and Human Rights
www.equalityhumanrights.com

For young people living in Northern Ireland:
Centre on Human Rights for People with Disabilities
www.disabilityaction.org/centre-on-human-rights

The Equality Commission for Northern Ireland
www.equalityni.org

The Northern Ireland Human Rights Commission
www.nihrc.org

