



# Signs of Safety

# Signs of Something

Assessment Type	<i>What Are We Worried About?</i>			<i>What's Working Well?</i>		<i>What Needs To Happen?</i>	
	Past	Future	Complicating Factors	Existing Strengths	Existing Solutions	Goals	Next Steps
Signs of Safety	Harm	Danger	Complicating Factors	Existing Strengths	Existing Safety	Safety Goals	Next Steps
Signs of Wellbeing	Wellbeing Concerns (past)	Critical Worries (future)	Complicating Factors	Existing Strengths	Existing Wellbeing	Wellbeing Goals	Next Steps
Signs of Success	Worrying Behaviour (past)	Critical Worries (future)	Complicating Factors	Existing Strengths	Existing Success	Success Goals	Next Steps

Thinking about a child/teenager in your life that you feel a worried about:

What are you Worried About?	What's Working Well?	What Needs to Happen?
<p><b>← STEP ONE: START HERE</b></p> <p>What has happened, what have you seen, that makes you worried about this child/teenager?</p> <p>When you think about what has already happened to _____ what do you think is the worst thing that could happen to _____ because of this problem?</p> <p>Are there things happening in _____'s life or family that make this problem harder to deal with?</p>	<p><b>BACK AND FORWARDS →</b></p> <p>What do you like about _____ what are his/her best attributes?</p> <p>Who are the people that care most about _____? What are the best things about how they care for _____?</p> <p>What would _____ say are the best things about his/her life?</p> <p>Who would _____ say are the most important people in his/her life? How do they help _____ grow up well?</p> <p>Have there been times when this problem has been dealt with or was even a little better? How did that happen?</p>	<p><b>STEP THREE</b></p> <p>Having thought more about this problem now, what would you need to see that would make you satisfied the situation is at a 10?</p> <p>What would _____ need to see that would make them say this problem is completely sorted out?</p> <p>What do you think is the next step that should happen to get this worry sorted out?</p>

On a scale of 0 to 10 where 10 means this problem is sorted out as much as it can be and zero means things are so bad for the young person you need to get professional or other outside help, where do you rate this situation today? (Put different judgment numbers on scale for different people e.g., you, child, teacher etc).

