

Community  
Learning and  
Skills

# Family Learning



Course information for schools and parents  
2018 - 2019

Learning Together

Welcome to Family Learning, part of Community Learning and Skills (formerly know as Cumbria Adult Education Service). We aim to work in partnership with local schools, children’s centres and community organisations to offer a range of exciting learning opportunities to families across Cumbria.

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## What is Family Learning?

Our free courses are a great way to help parents and carers enjoy working with their child to find out more about how to support learning and development. Our courses link closely to the Primary National Curriculum or the Early Years Foundation Stage framework and in some cases can be adapted for the lower years of secondary school.

Family Learning offers a friendly and supportive environment for adults to brush up on their own skills, including English, maths, employability, digital and personal and social skills. It can be a first step back into learning, or a chance to refresh and keep up to date. Children benefit greatly from the positive impact of dedicated one-to-one time with a family member and the on-going support at home that Family Learning encourages.

**Family English, Maths and Language (FEML)** courses provide a focus on key skills in English and maths and are designed to enable parents and carers to make progress at their own level whilst supporting their child.

**Wider Family Learning (WFL)** courses are designed to support families to work together across a range of subjects and topics, promoting a love of learning. These courses aim to enable family members to take a more active role in supporting their child's development and education, whilst raising awareness of the positive impact of that support.

Every Family Learning course includes practical ideas and activities that can be followed up at home and everyone can make progress no matter how "rusty" or out of touch they feel. Our tutors are all qualified teachers - many of them with years of experience - and they work with each group to meet the needs of every learner.

Registered childcare to enable parents to attend courses can be funded.\* The term "parent" is used to cover any close family member or primary care-giver.

*\*A crèche may be provided by the host venue or registered childcare costs refunded depending on demand.*



## Making progress with Family Learning

Family Learning courses are offered at different levels; factors affecting this could be the requirements of the host school/venue and previous courses that have run.

Most Family Learning courses involve parents/carers and their child working together for part of the majority of sessions on a course. Some first sessions (and some final sessions on longer courses) may be for adults only to enable learners to settle in and complete the enrolment and induction process or complete course reviews. Some courses, e.g. ESOL and First Aid are for parents/carers only and some others, the involvement of the children can be negotiated. The ratio is one family member or carer per child.

**Taster** courses typically last up to two or three hours and this will be determined by the course and the venue requirements. They are designed to give parents and carers a chance to “dip in” with their child and get a taste of the subject area and explore the benefits of Family Learning.

**Beginner** courses are usually delivered over five or six weeks with each session lasting about two hours, depending on the subject. In most sessions the adults work together before the children join in.

**Improver** courses are run over seven or ten weeks, with each session lasting three hours. These partnership courses are jointly delivered with a teacher provided by the school and funded by Community Learning and Skills. This can be a supply teacher or a part-time member of staff willing to take on more hours. The children benefit from small group work with the teacher whilst the adults have focused time with the tutor, then meet up for a joint session to learn together.

**A free visit forms part of an improver course** offering enjoyment and learning for all. Recent venues include Walby Farm Park, Rheged, Talkin Tarn, Lowther Castle, Lake District Animal Park, Maryport Aquarium, Brockhole Lake District National Park visitor centre, Wordsworth Visitor Centre and Eden Rock.

## Possible next steps and gaining qualifications

A Family Learning course can be a stepping stone back into learning. For those who wish to move onto one of the accredited courses offered through Community Learning and Skills, we offer support and clear pathways.

Qualifications in English, maths, information technology and employability may support future employment prospects.

Where a group of learners wish to progress onto a functional skills programme, it may be possible for an initial assessment and link course to take place in the school or setting. In this instance, schools/settings may be eligible to receive payment for room hire.



# Family English, Maths and Language courses

## English

Courses designed to:

- Provide parents and carers with skills and knowledge to support children's reading, writing, listening and speaking skills at home
- Refresh and develop the English skills and confidence of parents and carers



### Tasters: 2/3 hours

Name	Description	Parents of
<b>Storytime Puppets</b>	An entry point course to find out more about Family Learning, providing a fun and creative introduction to ways to support children's language skills. Families can choose from a range of quality puppets to explore story-telling techniques and skills, followed up with making a puppet to take home.	KS1
<b>Mysteries and Spies</b>	The theme can be adapted, but this short taster will give a flavour of Family Learning and a hands-on introduction to ways to support children's literacy skills through spy-themed activities, including code-breaking and using invisible ink.	KS2

### Beginners: 6 hours over 3 weeks

<b>Ready, Steady, Write!</b>	This course focuses on finding out what skills children need in order to develop their writing skills and how these can be supported at home - as well as exploring ways to encourage children to want to write.	EYFS/KS1
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### Beginners: 10 hours over 5 weeks

<b>Focus on Phonics</b>	This course develops key skills and knowledge to support children's reading. Adults and children work together on fun and interactive activities, building reading confidence and exploring ways to encourage a love of books.	KS1
<b>Focus on English</b>	An introduction to some of the key skills for supporting children's development of writing, reading, speaking and listening in KS1. Adults and children work together on games and activities that can be followed up at home, including sharing stories, help with handwriting, listening skills and punctuation.	KS1
<b>Keeping up with the Children in English</b>	An introduction to some of the key skills for supporting children's development of writing, reading, speaking and listening at KS2. Adults and children work together on games and activities to use at home, explore ways to help with homework and brush up on some of the new terminology.	KS2

Improvers: 21 hours over 7 weeks or 30 hours over 10 weeks		
<b>Getting Ahead with English</b>	Current teaching methods and expectations in schools are covered, along with a practical range of strategies and games to support children’s learning. Ideal for refreshing and developing skills and offering progression onto a nationally recognised accredited qualification in English if required. A free reward visit forms part of the course.	KS1 or KS2
<b>Getting Ahead with SPaG</b>	Providing helpful preparation for Year 6 SATs (nothing to do with Italian pasta) a chance to get to grips with some of the key skills and knowledge surrounding spelling, punctuation, and grammar. A free reward visit forms part of the course.	KS2

Improvers: 10 hours over 5 weeks		
<b>Bridge to Functional Skills English</b>	For parents and carers who have enjoyed Family Learning and would now like to move on in their own skills and understanding. This course gives a flavour of what is involved in Functional Skills English, allowing learners to build on what they have picked up from Family Learning and develop some key skills and confidence for gaining this qualification.	KS1/KS2



## ESOL (English for speakers of other languages)

Courses designed to welcome and support learners with English as a second language.

### Tasters: 2/3 hours

Name	Description	Parents of
<b>Welcome to Family Learning ESOL</b>	A gentle introduction to Family Learning and a chance to meet up with other families. A friendly and informal session, based around games that can be played at home with the children. Very much tailored to the group, this is a supportive and welcoming session for finding out about other ESOL provision and joining the school community.	EYFS, KS1 and KS2

### Beginners: 6/10 hours over 3/5 weeks

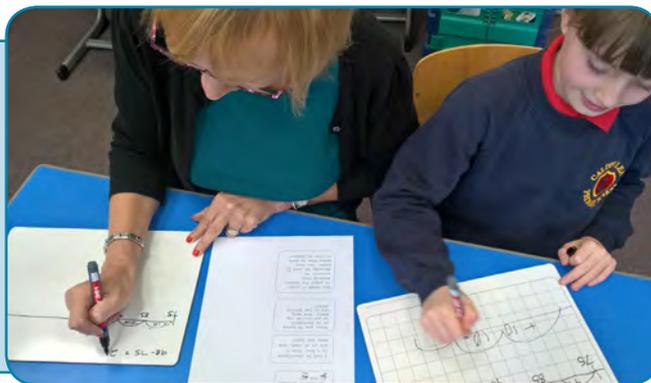
<b>Family Learning ESOL</b>	An introduction to ESOL looking at key vocabulary related to school and daily life, whilst providing a bridge to other ESOL provision. A chance to meet with other families, this course may also be useful for supporting learners prior to accessing other Family Learning courses in school.	EYFS, KS1 and KS2
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## Maths and Managing Money

Courses designed to:

- Provide parents and carers with skills and knowledge to support children's maths skills and learn about current teaching methods used in schools
- Refresh and develop the maths skills and confidence of parents and carers



### Tasters: 2/3 hours

Name	Description	Parents of
<b>A Little Less Puzzled</b>	An entry point course to find out more about Family Learning and investigate maths skills through fun puzzles and challenges - tailored to the age of the children.	KS1 or KS2

### Beginners: 10 hours over 5 weeks

<b>Focus on Maths</b>	Useful for learning about current methods used in the classroom, this course includes activities and ideas that can be used at home, covering topics such as place value, repeated addition, arrays, number-lines, grouping and measuring.	KS1
<b>Keeping up with the Children in Maths</b>	Useful for learning about current methods used in the classroom, this course includes activities and ideas that can be used at home that may help with homework. Topics include times tables, chunking, partitioning, grid multiplication and decomposition.	KS2
<b>Money Matters</b>	Helping children understand that there isn't a magic money tree can be a challenge and this course is designed to enable parents and carers to acquire skills and knowledge for encouraging good money management. From calculating the best bargain, to strategies for saving, to becoming a budding entrepreneur, this course links maths to real-life contexts.	KS2

### Improvers: 21 hours over 7 weeks or 30 hours over 10 weeks

<b>Getting Ahead with Maths</b>	This course is ideal for those who want to refresh and improve skills at their own level, gain confidence and find out how to support their child with maths. It is also a useful stepping stone to taking a maths qualification for those who wish to progress further.	KS1 or KS2
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### Improvers: 10 hours over 5 weeks

<b>Bridge to Functional Skills Maths</b>	For parents and carers who have enjoyed Family Learning and would now like to move on in their own skills and understanding. This course gives a flavour of what is involved in Functional Skills Maths, allowing learners to build on what they have picked up from Family Learning and develop more confidence and key skills for gaining this qualification.	KS1 or KS2
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## Early Years

Courses designed to:

- Provide parents and carers with skills and knowledge to support children's development and learning in the early years
- Refresh and develop communication skills of parents and carers



**In addition to the courses below, several other courses are also available to parents and carers of EYFS children:**

- Digital: Let's Get 'APPy
- Health and Well-being: Awesome Me; Child First Aid
- Science and Design Technology: Fairytale Science
- Art and Craft: Create and Make; Smart Art
- ESOL: Welcome to Family Learning ESOL; Family Learning ESOL
- All "Employability and Volunteering in School" courses

For more information, please refer to the curriculum area in the brochure and the regional Community Development Worker (contact details on the back page).

### Tasters: 2/3 hours

Name	Description	Parents of
<b>Sing-Along and Play</b>	This first taste of Family Learning will enable parents and carers to meet up with other families and enjoy sharing action songs and rhymes with their child whilst learning about how this links to early language development. Families make a simple musical instrument to take home.	EYFS

### Beginners: 10 hours over 5 weeks

<b>Focus on Phonics</b>	This course develops key skills and knowledge to support children's reading. Adults and children work together on fun and interactive activities, building reading confidence and exploring ways to encourage a love of books.	EYFS
<b>Story Sacks (10 or 12 hours)</b>	Story sacks encourage language development in a creative, exciting and interactive way. Learners develop understanding of how and why to make a story sack. Parents design and make a range of resources, then excitement builds as the sacks are shared with the children in the final session before being taken home to keep.	EYFS
<b>Language and Play</b>	Young children learn best through play and on this course, parents and carers will discover just how important this is and how they can encourage their child's speech and language skills through a range of games and activities. Topics include sharing stories, making puppets, role-play, playtime outdoors and enjoying songs and rhymes.	EYFS
<b>Number and Play</b>	As Language and Play - but designed to support early maths skills and communication.	EYFS

Beginners: 6 hours over 3 weeks		
<b>Ready, Steady, Write!</b>	Parents and carers find out about a range of easy activities to support their children to develop the muscles, balance and hand-eye coordination that they need to enable them to hold a pencil effectively and begin to write. Fun and practical, there are a range of materials that the children can use to begin early writing.	EYFS
<b>Poems and Rhymes</b>	A focus on a few of the best-loved poems and rhymes that young children so love hearing. Learners can enjoy exploring ways to share these with their child and design some props to add to the fun, finishing with learning how to write a poem for their own child, to decorate, frame and keep as a special memento.	EYFS

Improvers: 21 hours over 7 weeks or 30 hours over 10 weeks		
<b>Learn Together... Every Day</b>	This course builds on skills and knowledge gained on any of the above early years courses, by linking to the EYFS Framework and the Cumbria County Council "Time Together at Home" publication. Aiming to develop understanding of how children learn and develop through exploring fun and easy ways to support learning at home, the emphasis is very much on enjoyment and discovery. Topics include the importance of play and how to make the most of learning opportunities in everyday situations using low- cost or free resources. Includes a free reward day/half day visit linked to the course.	EYFS



## Wider Family Learning

### Science and Design Technology

Courses designed to:

- Provide families with the opportunity to work together on design and make projects, exploring and applying scientific skills used in school
- To encourage interest in the STEM subjects (science, technology, engineering and maths) and develop skills and confidence of parents and carers



#### Tasters: 2/3 hours

Name	Description	Parents of
<b>Discovery Challenge</b>	A taste of family learning: curious families can explore the science lurking behind seemingly ordinary objects and situations. Tailored to the age-group of the children, topics could include making volcanoes, mini-beasts and giant models, paper-making and other intriguing subjects.	KS1 or KS2

#### Beginners: 10 hours over 5 weeks

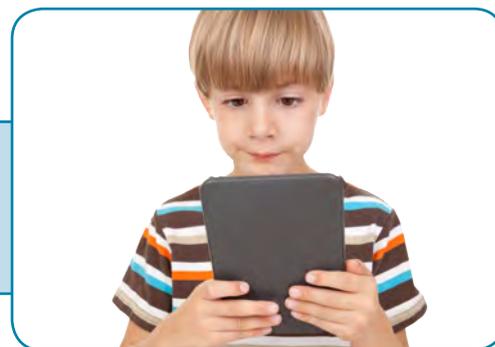
<b>Science All Around</b>	<p>A hands-on course to encourage interest in the STEM subjects (Science, Technology, Engineering and Maths). Families work together on investigations and tasks to develop scientific thinking, whilst building teamwork, problem-solving and practical skills.</p> <p>Other ideas may be considered, but current topics for KS1/KS2 include:</p> <p><b>Going Green</b> – the how and why of recycling and upcycling - design and make a sculpture or display to get the message across to others;</p> <p><b>Bright Sparks</b> – investigate circuits, the science of light and shadows, make torches and shadow puppets, or design and make a moving model!</p> <p><b>Dig for Victory</b> – depending on the season, an opportunity to plan and develop an area of the school's garden and explore the science (and maths) out there;</p> <p><b>Creative Chemistry</b> – make some fabulous slime and investigate chemical changes.</p> <p>And for EYFS/KS1 – <b>Fairytale Science</b> – explore the science in some well-known stories.</p>	<p>KS1 or KS2</p> <p>EYFS</p>
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#### Improvers: 21 hours over 7 weeks or 30 hours over 10 weeks

<b>Getting Ahead with Science, Designing and Making</b>	<p>Great excitement can be created by families working together on designing and making tasks, boosting children's interest in learning generally. Ideal for developing confidence and a wide range of skills, including scientific thinking, language, creativity, maths and presentation. Depending on the age-group of the children and the interests of the group, topics could include Plants, Animals/Humans, Materials, Sound, Electricity, Earth and Space, Light, Habitats, Forces, Sound etc. Plenty of opportunities for fun and practical learning and also a good refresher or starting point for any adults considering taking a qualification in science to meet potential employer's requirements. Includes a free reward day/half day visit linked to the course.</p>	KS1 or KS2
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## Digital

Courses designed to provide families with the opportunity to develop skills and safe digital practices and learn about how to support learning through I.T. applications.



### Tasters: 2/3 hours

Name	Description	Parents of
<b>Let's Get APPy</b>	Find out more about APPs that can support learning and the best websites for children. This short course will provide some new ideas to support learning at home, as well as providing a taste of Family Learning and a chance to meet up with other families.	KS1or KS2

### Beginners: 10 hours over 5 weeks

<b>On-line Together - Savvy and Safe</b>	The widespread use of social media and the internet means that children can be at risk from inappropriate use. This course aims to provide parents and carers with the information and skills needed to educate themselves and their child to be safe online.	KS1or KS2
<b>Computing and Coding</b>	Children in school learn how to write a simple computer programme, by a process known as coding. Parents and children learn together on this course using "SCRATCH" software to create fun games and animations. A great course for adults to keep up to, whilst building some digital skills along the way.	KS1or KS2

### Improvers: 21 hours over 7 weeks or 30 hours over 10 weeks

<b>I.T. in Action</b>	The aim of this course is to develop a range of I.T. and communication skills using stop-animation software to produce a short film. In addition, parents and carers will learn a range of I.T. skills, which may be negotiated with the group.	KS1 or KS2
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## What our learners say about Family Learning...

### Getting Ahead with Maths

*"I would recommend this course to any parents. It is good to interact with your child whilst at school."*

### Science All Around

*"A fantastic opener to let children see the wonders of Science."*

### Getting Ahead with English

*"Excellent course, run amazingly well with lots of information which has been so helpful in mine and my child's learning."*

### Family Learning in general

*"Family Learning courses are very beneficial. I really enjoy them and think it is important to give up time to spend with your child to help them learn and develop."*

## Health and Wellbeing: resilience and confidence

Courses designed to:

- Develop knowledge skills and understanding to support children's resilience: self-esteem, confidence and emotional well-being
- Support choices for a healthy lifestyle
- Enable parents and carers to develop their own resilience and wellbeing and find out where to access support



### Tasters: 2/3 hours

Name	Description	Parents of
<b>Awesome Me</b>	Use collage techniques to make a crafty canvas all about your child and take home a resource to celebrate his or her fabulous uniqueness. All materials are provided – this is a fun way to get a taste of Family Learning and boost your child's confidence.	KS1 or KS2

### Beginners: 15 hours over 6 weeks (6 x 2½ hour sessions)

<b>I Can Do It: Resilience for KS1</b>	Through a series of practical challenges and making resources, skills and knowledge are developed around how to support healthy development, with a particular emphasis on healthy minds. Topics include ways to manage uncomfortable feelings, building self-esteem, "it's ok to make mistakes", persevering and coping with change. A great opportunity to build children's confidence and support their communication skills, with a look at how this can have a positive impact on their learning and overall wellbeing.	KS1
<b>Bouncebackability: Resilience for KS2</b>	"Bouncebackability" describes the ability to bounce back from everyday setbacks. It is also known as "resilience" which is recognised as an important factor in maintaining good mental health. A range of practical key skills are covered to help parents support their children to build resilience. Topics include: managing feelings, coping with change, engaging cooperation and building confidence and self-esteem, with other optional topics depending on the needs of the group. The course is fun and practical, taught through games and interactive activities. Learners make a box of practical resources to take home at the end of the course and for parents of children in years 5 and 6 the course is adapted to support transition to secondary school.	KS2

### Beginners: 10 hours over 5 weeks (5 x 2 hour sessions)

<b>First Aid for Children (non-accredited)</b>	This course covers the key basic skills and knowledge, covering topics such as CPR and how to use a defibrillator, burns, choking, breaks and bleeding. Ideal for building confidence and a stepping stone to an accredited qualification. Children are not involved in this Family Learning course.	EYFS, KS1 and KS2
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**Beginners: 8 hours over 4 weeks**

<p><b>Support for Dyslexia</b></p>	<p>Knowing how to support children with dyslexic tendencies can be a challenge and this course aims to provide information about the condition whilst equipping parents with a range of practical strategies to use at home. The course focuses on reading, writing and spelling, where to find support and how to help children with dyslexia stay positive.</p>	<p>KS1/KS2</p>
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**Improvers: 21 hours over 7 weeks**

<p><b>Learning to Learn (ways to become a confident learner)</b></p>	<p>It may be that the children are struggling to settle down to homework or concentrating in class - this course provides plenty of time for sharing concerns and offers helpful strategies to try. Based around fun activities to keep everyone on board. Useful as well for adults considering taking a qualification but who feel daunted by the prospect of study. A free half or whole day reward visit is included.</p>	<p>KS1 or KS2</p>
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## Health and Wellbeing: Healthy living

Tasters: 2/3 hours		
Name	Description	Parents of
<b>Family Olympics</b>	On your marks, get set, go... this short course provides a chance to meet up with other families and get active. Families take part in a "carousel" of accessible and active challenges, designed to get everyone moving and having a good time, whilst being introduced to some of the benefits of exercise. A feel-good way to see what Family Learning has to offer.	KS1 or KS2

Beginners: 10 hours over 5 weeks		
<b>Healthy Me - Healthy You</b>	This course is designed to enable learners to find out more about ways to support a healthier life-style for themselves and their family. Learners will build knowledge of healthy food choices, learn about the importance of good nutrition, the role of sleep and how to promote it - and take part in and develop a range of physical activities to enjoy with their child. Learners will be introduced to two websites: NHS Choices and Change4Life, using resources from these to support learning.	KS1 or KS2



### Bouncebackability

*"This course was wonderful. It really helped me and my son get engaged with all aspects of resilience - I really enjoyed it."*



# Employability and Volunteering in School



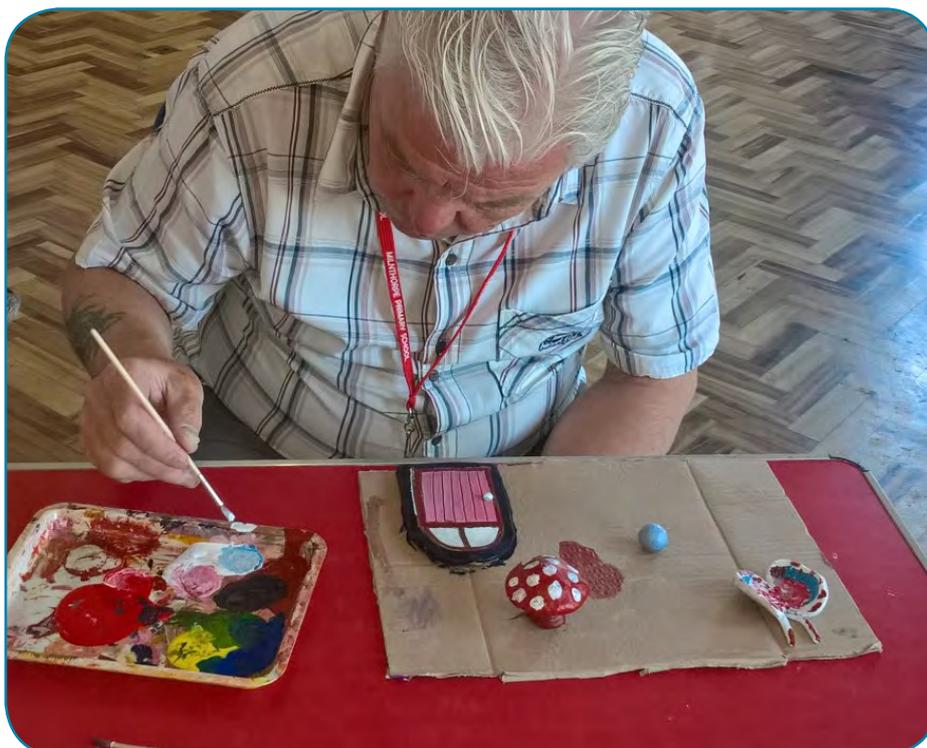
Courses designed to develop skills to support volunteering and employment in school.

## Tasters: 2/3 hours

Name	Description	Parents of
<b>Skills for Hearing Readers</b>	Thinking about volunteering in school to hear readers? This course will help parents and carers identify and discuss the key skills required to do this effectively. Learners will learn how to sound out new words and ask effective questions to develop children's understanding of text, whilst putting children at ease and helping them to enjoy reading.	EYFS, KS1 or KS2

## Beginners: 10 hours over 5 weeks

<b>Skills for a Classroom Helper</b>	Many schools welcome additional help in the classroom and this course aims to equip learners with some basic skills to do this effectively. Topics include health and safety, supporting reading and positive communication. The children may join in for a short time to share books.	EYFS, KS1 or KS2
<b>Skills for a Lunch-Time Supervisor</b>	This course is ideal for those parents and carers who are thinking of becoming a lunchtime supervisor and also those who are already in post who wish to upgrade their skills. Topics include lunchtime charters, positive behaviour management strategies, eating etiquette, engaging through play and being part of the team. Children may join for a short time.	EYFS, KS1 or KS2



## Art and Craft

Courses designed to:

- Provide parents and carers with skills and knowledge to work with their child to develop creative talents
- Encouraging self-expression and building self-esteem



### Tasters: 2/3 hours

Name	Description	Parents of
<b>Create and Make</b>	An entry point course to find out more about Family Learning whilst enjoying a creative project to take home. Topics could include, collage, painting or modelling and could link to the season. A great opportunity to meet other families and spend quality time with the children.	EYFS

### Beginners: 10 hours over 5 weeks (5 x 2 hour sessions)

<b>Smart Art</b>	This course can cover a range of arts and crafts activities, developing new skills and knowledge to enable parents and carers to develop their own abilities as well as support their child's creativity. Exploring why creative tasks are important to a child's development as well as learning positive communication skills are also covered. Topics may link to celebrations and festivals, offering opportunities to widen learning about cultures around the world.	KS1 or KS2
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### Improvers: 21 hours over 7 weeks or 30 hours over 10 weeks

<b>Mission Art</b>	This course is on a mission – for families to plan, make and review their own creative project which will result in a piece of artwork for the children's school. Projects could be based around developing skills with clay, felting, printing or collage, whilst offering opportunities to build confidence and teamwork. Depending on the needs of the school, this course could even be a project for designing and making a stage set for a school production. The group can negotiate how the project might end – perhaps deciding on an art show for other members of the school community to attend.	KS1 or KS2
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## Family Learning host venues 2017 - 18

Archive Building, Whitehaven  
Barrow Community Learning and Skills, Barrow  
Barrow Island Primary School  
Barrow Library  
Beaconside C. of E. Primary School, Penrith  
Belle Vue Primary School, Carlisle  
Bishop Harvey Goodwin C. of E. Primary School, Carlisle  
Bransty Primary School, Whitehaven  
Brook Street Primary School, Carlisle  
Brough Primary School, near Appleby  
Burton Morewood C. of E. Primary Academy, Burton-in Kendal, Carnforth  
Caldew Lea Primary School, Carlisle  
Cambridge Street Primary School, Barrow  
Castle Park School, Kendal  
Derwent Vale Primary School, Gt. Clifton, Workington  
Derwent Valley Children's Centre  
Ewanrigg Junior School, Maryport  
Flimby Children's Centre  
Furness Academy Secondary School, Barrow  
Haverigg Primary School, Millom  
Hawse End Outdoor Education Centre, Keswick  
Heron Hill Primary School, Kendal  
H.M.P. Haverigg, near Millom  
Kirkby Stephen Primary School  
Langwathby Primary School, near Penrith  
Millom Children's Centre  
Millom Infant School  
Milnthorpe Primary School  
Minto Centre, Workington Children's Centre  
Moresby Primary School, near Whitehaven  
North Lakes Primary School, Penrith  
Ormsgill Children's Centre, Barrow  
Ormsgill Primary School, Barrow  
Parkside Primary and Nursery Academy, Barrow  
Ramsden Infants and Nursery School, Barrow  
Sacred Heart Catholic Primary School, Barrow  
Sir John Barrow Nursery and Primary School, Ulverston  
South Walney Infant and Nursery School, Barrow  
South Walney Junior School, Barrow  
St. Bridget's Catholic Primary School, Egremont  
St. George's C. of E. Primary School, Barrow  
St. Herbert's C. of E. Primary School, Keswick  
St. Martin & St Mary C. of E. Primary School, Windermere  
St. Pius Catholic Primary School, Barrow  
St. Thomas's School, Kendal  
Victoria Infant and Nursery School, Workington  
Wigton Children's Centre  
Wigton Infant School

If you would like to join us as a host school or centre, or would just like more information, please contact your nearest Community Learning and Skills Centre or visit our website.

**Allerdale** E: [allerdaleclas@cumbria.gov.uk](mailto:allerdaleclas@cumbria.gov.uk) T: 01900 706023

**Barrow-in-Furness** E: [barrowclas@cumbria.gov.uk](mailto:barrowclas@cumbria.gov.uk) T: 01229 820700

**Carlisle** E: [carlisleclas@cumbria.gov.uk](mailto:carlisleclas@cumbria.gov.uk) T: 01228 227303

**Copeland** E: [copelandclas@cumbria.gov.uk](mailto:copelandclas@cumbria.gov.uk) T: 01946 506416

**Eden** E: [edenclas@cumbria.gov.uk](mailto:edenclas@cumbria.gov.uk) T: 01931 716447

**South Lakes** E: [southlakelandclas@cumbria.gov.uk](mailto:southlakelandclas@cumbria.gov.uk) T: 01539 713257

[www.cumbria.gov.uk/learningandskills](http://www.cumbria.gov.uk/learningandskills)



