Cumbria County Council

Be inspired

Community Learning and Skills

Allerdale and Copeland

Ofsted Good Provider

Autumn 2020
Course brochure

Serving the people of Cumbria

cumbria.gov.uk

Welcome...

...to the new brochure for Community Learning and Skills.

As we all know, the learning and employment landscape has been transformed by the impact of the Covid-19 crisis. Understandably, many people are anxious about what the future may hold, with challenging social circumstances for many and potential economic uncertainty on the horizon. Community Learning and Skills are here to support you. Our wide-ranging curriculum can help you with the skills to apply for new jobs, develop digital skills to keep in touch with family or work from home and offer you some great classes to support your health and wellbeing.

In recent months, we have responded to the challenge of a changed world with an innovative new programme and new online classes our learners tell us are working well for them. However, we understand that not everything can be easily taught online. We are therefore still offering courses in key subjects such as English, ESOL, Maths, Digital Skills, health and wellbeing in venues across the county. Please be reassured that the health and safety of you and our team is paramount so we will be following the latest Government guidance on social distancing and keeping you safe while you learn.

Whichever subject you choose to study, this is a great opportunity for you to learn something new, build your confidence, meet new people, gain qualifications or further your career; above all, enjoy the experience.

Best Wishes
Cllr Deborah Earl

Covid-19

The past few months have been challenging for us all. Cumbria Community Learning and Skills prides itself on delivering high quality face to face courses across the county. Just like many organisations, we have had to adapt. Back in May we launched our new online learning courses and workshops delivered via Zoom which have proven to be popular amongst learners. You will see that we have continued to offer some courses and workshops online to ensure our learning opportunities are available to all.

As we begin to open our doors delivering courses in local venues throughout Cumbria, we want to reassure you that all courses will run in accordance with the latest government Covid-19 guidelines. However, if you have any concerns about joining a course, please contact your local centre who will be more than happy to talk you through how we are operating in these unprecedented times.

As some uncertainty still remains, course dates, times and venues advertised could change - please visit our website or contact your local centre for the most up to date course information.

We look forward to welcoming you soon.

Our Centres

Why not contact one of our centres and have an informal chat to find out how we can help?

- Allerdale Community Learning and Skills **(A)**
  Tel: **01900 706023**
  Email: **allerdaleclas@cumbria.gov.uk**
- Barrow Community Learning and Skills **(B)**
  Tel: **01229 820700 / 07867 182841**
  Email: **barrowclas@cumbria.gov.uk**
- Carlisle Community Learning and Skills **(CA)**
  Tel: **01228 227304 / 01228 227305**
  Email: **carlisleclas@cumbria.gov.uk**
- Copeland Community Learning and Skills **(CO)**
  Tel: **01946 506416**
  Email: **copelandclas@cumbria.gov.uk**
- Eden Community Learning and Skills **(E)**
  Tel: **07468 709606**
  Email: **edenclas@cumbria.gov.uk**
- South Lakeland Community Learning and Skills **(S)**
  Tel: **01539 713257 / 07824 695664**
  Email: **southlakelandclas@cumbria.gov.uk**
- Gen 2 **(G2)**
  Tel: **01900 701300**
  Email: **louise.graham@gen2.ac.uk**
- Groundwork NE & Cumbria **(G)**
  Tel: **07930 546764**
  Email: **dawn.motion@groundwork.org.uk**
- Growing Well **(GW)**
  Tel: **07903 013648**
  Email: **info@growingwell.co.uk**
- Kingmoor Community and Business Centre **(K)**
  Tel: **01228 598484** (Carlisle)
  Email: **office@kingmoorcbc.co.uk**
- PHX Training **(P)**
  Tel: **01228 810960** (Carlisle) Email: **carlisle@phxtraining.co.uk**
  Tel: **01900 233109** (Workington) Email: **workington@phxtraining.co.uk**
  Tel: **01229 808095** (Barrow) Email: **barrow@phxtraining.co.uk**

What we offer

Arts and Crafts

Our classes will give you the opportunity to learn new skills and techniques in your area of interest, whilst pushing you to explore your creativity and develop your own individual style. Our courses will give you the knowledge necessary to create something amazing. From drawing, painting, upholstery, needlecraft to jewellery making.

We offer classes at different levels and can support you whether you are a novice who would like to learn the basics or someone who needs to refresh themselves with more advanced techniques. We have courses to suit all needs and abilities.

English and ESOL

Do you want to improve your English skills while gaining a qualification that could help you in the future? It doesn't matter if you are a beginner, English isn't your first language, or you are looking to gain your GCSE qualification. We offer a wide range of courses to suit every ability.

Digital Skills

We all need digital skills and to feel comfortable using a wide range of different electronic devices, from cameras to tablets as well as laptops and PCs. The ability to access the digital world has become really important in everyday life, whether it be to make an appointment, pay bills, search for a job or keep in touch with friends and family online. We have a range of courses suitable for all levels. You can gain expertise in Microsoft Office software and there are short courses specifically aimed at providing you with the knowledge and skills you need to use ICT.

Employability

Employability courses can support you to ultimately secure and sustain work. They also support progression for further learning, providing an entry point for you to gain a qualification within a short timeframe and give you the confidence to start your learning journey. Employability courses enable you to improve your confidence, learn skills relevant to employment and personal development to help you then make informed career and progression choices.

Family Learning

Our free courses are a great way to help parents and carers find out more about how to support their child's learning and development, whilst brushing up on their own English and Maths skills. Covering a wide range of subjects, the courses provide insights into what children are learning in school and nursery, with plenty of ideas and resources to follow up at home. Friendly and accessible, Family Learning offers fun opportunities for adults and children to learn both independently and together. Contact your local centre for more information.

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Health and Wellbeing

Whether you want to improve your body or mind, we have a range of courses that can help. You will learn techniques which can help promote a feeling of wellbeing and reduce stress. Our experienced and qualified tutors cater for all levels of ability.

LLDD - Learners with Learning Difficulties/Disabilities

We have a large and varied programme for people with learning difficulties, physical disabilities, sensory impairments or mental health difficulties. Our programmes are developed in partnership with organisations to meet national and local priorities in supporting vulnerable adults looking to develop Independent Living Skills. We can assist with gaining confidence, developing skills, increasing independence and working towards employment.

"I was surprised at how many different types of courses were on offer at Cumbria Community Learning and Skills. I have attended Family Learning courses with my children alongside studying for my GCSE English. I highly recommend joining one of their courses- It's changed my life."

Community Learning and Skills Learner

Languages

We offer a range of European languages from French to Russian, often taught by native speakers to enhance the learner experience. We are able to support families with development of language skills too, this year we have introduced courses such as Family French and Support your child with French (this applies to a range of languages). The focus is on families working together in a fun learning environment to build basic conversational skills. We can offer language lessons from introductory, through beginner, improver to intermediate and upper intermediate levels providing lots of stretch and challenge for our learners.

Maths

Are you looking to improve your career prospects by improving your Maths knowledge and skills? CLAS can offer a range of courses to meet the needs of individual learners from Entry Level Maths Skills and Functional Skills to consolidate prior learning and refresh your knowledge. Learners then progress through personalised paths to ensure that each meet their own potential. We also offer Functional Skills at Levels 1 and 2 and are able to offer GCSE Maths to those learners who have either developed, or already have, the underpinning knowledge and skills required to succeed.

Progress with us

Community Learning

- Tasters and Short Courses
- Beginners
- Improvers
- Intermediate
- Upper Intermediate

Skills

- Short Courses
- Beginners Entry 1 and 2 Qualifications
- Improvers Entry 3 and Level 1 Qualifications
- Intermediate Level 2 Qualifications
- Advanced Level 3 Qualifications

- Employment/ Self-employment
- Further or Higher Education
- Life Skills
- Improved Health and Wellbeing
- Confidence
- Work Volunteer
- Further Study
- Enterprise and Self- Employment
- Further Study with Community Learning and Skills

Arts and Crafts

For more information about any of our courses listed below, visit our website **adultlearning.cumbria.gov.uk** and search for the course using the course code. There is a wealth of information available at your fingertips.

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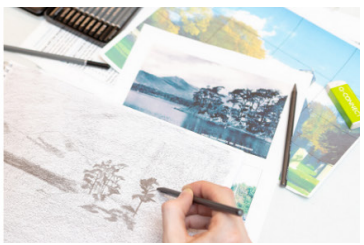
Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Beginners Photography	CO	WHC00061A	St Benedict's RC High School	W, Sa	23/09/2020	5	18:30	21:00	£121.00	P
Create a Lake District Sketchbook Inspired by Turner in Pencil or Pen	A	WOC00121A	The Settlement	M	28/09/2020	10	18:00	20:00	£110.00	P
Drawing Flowers, Fruit and Vegetables in Charcoal, Pastels or Pencil	A	WOC00051A	The Settlement	Tu	29/09/2020	10	10:00	12:00	£110.00	P
Watercolour Painting Flowers, Fruit and Vegetables	A	WOC00421A	The Settlement	Tu	29/09/2020	10	13:00	15:00	£110.00	P
Sketch a Lake District Sketchbook Inspired by Turner in Watercolour	A	WOC00191A	The Settlement	W	30/09/2020	10	13:00	15:00	£110.00	P
Shaping Lakeland in Pencil or Charcoal around Keswick	A	WOC00061A	Keswick Library	F	02/10/2020	10	10:00	12:00	£110.00	P
Shaping Lakeland in Watercolour and Gouache around Keswick	A	WOC00111A	Keswick Library	F	02/10/2020	10	13:00	15:00	£110.00	P
Getting to Grips with Lightroom and Photoshop	CO	WHC00081A	West Lakes Academy	Tu	06/10/2020	10	18:00	20:30	£123.75	P
Photography for the Serious Amateur	CO	WHC00071A	St Benedict's RC High School	W, Sa	04/11/2020	6	18:30	21:00	£137.50	P



Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Sewing for Pleasure	CA	CLC00311C	Online Delivery	Tu	25/08/2020	4	18:30	20:30	£32.00	P
String Art Pictures	S	SLC01071A	Online Delivery	Tu	08/09/2020	7	10:30	11:30	£56.00	F
Eco-Printing	S	SLC01081A	Online Delivery	Th	10/09/2020	7	10:30	11:30	£56.00	F
Art for Wellbeing - Weekly Craft Challenge	B	ABC00781B	Online Delivery	M	14/09/2020	6	10:30	12:00	£36.00	P
Drawing and Painting Landscapes Taster	S	SLC00171A	Online Delivery	W	16/09/2020	2	18:00	19:00	£16.00	F
Painting Human Figures	S	SLC00811A	Online Delivery	Th	17/09/2020	6	10:00	11:00	£24.00	P
Basic Drawing and Mark Making	S	SLC00861A	Online Delivery	Th	17/09/2020	6	13:00	14:00	£24.00	P
Drawing and Painting Portraits Taster	S	SLC00181A	Online Delivery	F	18/09/2020	2	13:00	14:00	£16.00	F
Beginners Abstract Art	E	SHC00141A	Online Delivery	M	21/09/2020	8	10:00	12:30	£80.00	P
Improvers Drawing	E	SHC00241A	Online Delivery	M	21/09/2020	10	18:30	20:30	£80.00	P
Japanese Origami Taster	S	SLC00211A	Online Delivery	Tu	22/09/2020	1	12:00	13:30	£12.00	F
Sewing for Pleasure - 5 Items	E	SHC00911A	Online Delivery	W	23/09/2020	5	09:30	11:30	£40.00	P
Intermediate Acrylics	E	SHC00251A	Online Delivery	W	23/09/2020	8	10:00	12:30	£80.00	P
Beginners Drawing	E	SHC00231A	Online Delivery	W	23/09/2020	10	18:30	20:30	£80.00	P
Japanese Calligraphy Taster	S	SLC00201A	Online Delivery	Th	24/09/2020	1	13:00	14:30	£12.00	F
Japanese Culture	S	SLC00161A	Online Delivery	Tu	29/09/2020	6	13:30	14:30	£24.00	P
Art Journaling	A	WOC00471A	Online Delivery	Tu	29/09/2020	4	18:30	20:30	£32.00	P
Basic Drawing and Painting Landscapes	S	SLC00591A	Online Delivery	W	30/09/2020	6	18:00	19:00	£24.00	P
Basic Drawing and Painting Portraits	S	SLC00781A	Online Delivery	F	02/10/2020	6	13:00	14:00	£24.00	P
Art for Wellbeing - Weekly Craft Challenge	B	ABC00781C	Online Delivery	M	02/11/2020	6	10:30	12:00	£36.00	P
Getting to Grips with Your Sewing Machine	E	SHC00221A	Online Delivery	W	04/11/2020	4	09:30	11:30	£32.00	P
Rag Rugging	E	SHC00271A	Online Delivery	M	09/11/2020	5	13:30	16:00	£50.00	P

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Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.

Digital Skills

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Ofsted Good Provider

If you are interested in enrolling on one of our Digital qualifications, you will need to complete one of our free Initial Assessments. Contact your local centre to book yours today.

Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Certificate in IT User Skills ECDL Extra Level 2	CO	WHS00091C	Whitehaven Harbour Youth Project	Th	10/09/2020	21	09:30	12:15	£277.75	A
Essential Digital Skills for Work Entry 3	CO	WHS00761A	Whitehaven Harbour Youth Project	Th	10/09/2020	14	13:00	15:30	FREE	A
Certificate in IT User Skills ECDL Extra Level 2	CO	WHS00091A	Whitehaven Harbour Youth Project	Tu	15/09/2020	20	09:15	12:15	£277.75	A
Award in IT User Skills ECDL Essentials Level 1	CO	WHS00081A	Whitehaven Harbour Youth Project	Tu	15/09/2020	12	12:30	15:30	£174.75	A
Beginners Computing	CO	WHC00031B	Distington Library	Tu	15/09/2020	13	13:00	15:00	FREE	S
Beginners Computing	CO	WHC00031C	Millom Hub	W	16/09/2020	13	10:00	12:00	FREE	S
Beginners Computing	CO	WHC00041A	Whitehaven Harbour Youth Project	M	21/09/2020	12	10:00	12:00	FREE	S
Beginners Computing	CO	WHC00041B	Whitehaven Harbour Youth Project	M	21/09/2020	12	13:00	15:00	FREE	S
Getting the Most Out of Excel	CO	WHC00161A	St Benedict's RC High School	Tu	22/09/2020	10	17:00	19:00	£110.00	P
Getting the Most Out of Powerpoint	CO	WHC00581A	St Benedict's RC High School	Th	24/09/2020	10	17:00	19:00	£110.00	P
Certificate in IT User Skills ECDL Extra Level 2	A	WOS00241A	Workington Library	F	25/09/2020	24	09:00	12:00	£277.75	A
Award in IT User Skills ECDL Essentials Level 1	A	WOS00221A	Workington Library	F	25/09/2020	12	12:30	15:30	£174.75	A
Beginners Computers	A	WOC00141A	Workington Library	W	30/09/2020	10	12:00	14:00	FREE	S
Beginners Word	A	WOC00201A	Workington Library	W	30/09/2020	5	15:00	17:00	FREE	S
Beginners Office	A	WOC00211A	Workington Library	W	30/09/2020	10	18:00	20:00	FREE	S
Certificate in IT User Skills ECDL Extra Level 2	CO	WHS00091B	St Benedict's RC High School	W	30/09/2020	20	18:00	21:00	£277.75	A
Beginners Excel	A	WOC00221A	Workington Library	W	11/11/2020	5	15:00	17:00	FREE	S

"The course was well presented. Nothing was ever an issue. The tutor took time with everyone to ensure they all felt comfortable. The tutor was always encouraging us."

Award in ITQ Level 2 Learner

"I have thoroughly enjoyed the course and feel much more confident to go on and do the Award in IT User Skills ECDL Essentials Level 1."

Introduction to Word and Excel Learner

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Beginners Excel	E	SHC00181A	Online Delivery	Th	03/09/2020	4	14:00	15:00	FREE	S
Using Zoom	B	ABC00731A	Online Delivery	Th	10/09/2020	1	10:00	12:00	£8.00	P
Zoom	K	KMC00101A	Online Delivery	F	11/09/2020	1	10:00	11:00	£4.00	P
Microsoft Office Beginners	S	SLC00381A	Online Delivery	F	25/09/2020	4	09:00	10:30	£24.00	P
Microsoft Office Advanced	S	SLC00391A	Online Delivery	F	25/09/2020	4	11:00	12:30	£24.00	P
Online Devices	K	KMC00061A	Online Delivery	M	28/09/2020	2	10:00	11:30	FREE	S
Beginners Powerpoint	E	SHC00601A	Online Delivery	Th	01/10/2020	4	14:00	15:00	FREE	S
Using Zoom	B	ABC00731B	Online Delivery	Th	08/10/2020	1	10:00	12:00	£8.00	P
Beginners Desktop Publishing	E	SHC00191A	Online Delivery	Th	05/11/2020	4	14:00	15:00	FREE	S
Using Zoom	B	ABC00731D	Online Delivery	Th	03/12/2020	1	10:00	12:00	£8.00	P

Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
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Employability

For more information about any of our courses listed below, visit our website **adultlearning.cumbria.gov.uk** and search for the course using the course code. There is a wealth of information available at your fingertips.

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Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Employability Hub	A	WOC00331A	Maryport Library	M	07/09/2020	14	09:30	12:30	FREE	S
Employability Hub	A	WOC00331B	Keswick Library	Tu	08/09/2020	14	10:00	13:00	FREE	S
Foundation Certificate in Bookkeeping - Level 2	CO	WHS00741A	St Benedict's RC High School	Tu	08/09/2020	17	17:30	21:00	£454.00	A
Foundation Certificate in Accountancy Level 2	CO	WHS00281A	St Benedict's RC High School	Tu	08/09/2020	38	17:30	21:00	£865.50	A
Employability Hub	A	WOC00331C	Wigton Library	W	09/09/2020	14	10:00	13:00	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Education and Training Award	CO	WHS00251A	Royal British Legion (Bransty)	Sa	12/09/2020	7	09:30	16:00	£370.00	B
Seeking Employment	CO	WHC00351B	Archive Building Whitehaven	Tu	15/09/2020	6	13:00	15:30	FREE	S
Certificate in Caring for Children Level 1	G2	G2S00111A	Gen 2 Workington	M	21/09/2020	12	09:00	15:30	FREE	A
Award in Mental Health and Wellbeing Level 1	A	WOS00431A	Workington Library	M	21/09/2020	5	09:30	12:00	£45.00	A
Award in the Control of Substances Hazardous to Health (COSHH) Level 2	G2	G2S00031A	Gen 2 Workington	Tu	22/09/2020	1	09:00	15:00	FREE	A
Award in Retail Knowledge Level 1	A	WOS00341A	Workington Library	W	23/09/2020	20	13:00	16:00	£181.50	A
Prepare for Employment ESOL	A	WOC01091A	Maryport Library	W	30/09/2020	4	10:00	12:00	FREE	S
Access Award in Business Skills Level 1	CO	WHS00751A	Archive Building Whitehaven	M	05/10/2020	14	09:30	13:00	£257.00	A
Diploma in Customer Service Level 2	G	GRS00031B	Groundwork Workington (GWK Shop)	M - F	07/10/2020	12	09:00	16:00	£993.50	A
Preparing and Using Welding Equipment Unit Level 2	G2	G2S00011A	Gen 2 Workington	M - F	26/10/2020	1	09:00	15:30	FREE	A
Award in Risk Assessment Level 2	G2	G2S00041A	Gen 2 Workington	Th	29/10/2020	1	09:00	15:30	FREE	A
Certificate in Customer Service Level 1	P	PHS00281C	PHX Training (Workington)	M - F	02/11/2020	2	09:00	16:00	£362.00	A
Diploma in Business Administration Level 2	G	GRS00161B	Groundwork Workington (GWK Shop)	M - F	05/11/2020	12	09:00	14:00	£993.50	A
Maintaining Mechanical Devices and Equipment	G2	G2S00051A	Gen 2 Workington	M - F	16/11/2020	1	09:00	15:30	FREE	A
Award in Food Safety in Catering Level 2	G	GRS00051B	Groundwork Workington (GWK Shop)	M, Tu	16/11/2020	1	10:00	15:00	£25.00	A
Certificate in Retail Level 1	P	PHS00301C	PHX Training (Workington)	M - F	30/11/2020	2	09:00	16:00	£362.00	A

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Seeking Employment	A	WOC00551A	Online Delivery	Tu	08/09/2020	12	14:00	16:30	FREE	S
Seeking Employment	A	WOC00551B	Online Delivery	W	09/09/2020	12	14:00	16:30	FREE	S
Building Confidence	CA	CLC00861A	Online Delivery	M	14/09/2020	5	14:30	16:30	FREE	S
Prepare for Employment	E	SHC00351A	Online Delivery	Tu	15/09/2020	6	10:00	12:00	FREE	S
Seeking Employment	E	SHC00361A	Online Delivery	Tu	15/09/2020	6	13:00	15:00	FREE	S
Create Your CV	S	SLC00741A	Online Delivery	W	30/09/2020	2	13:00	14:30	FREE	S
Interview Preparation	S	SLC00431A	Online Delivery	W	14/10/2020	2	13:00	14:30	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Communication Skills	CA	CLC00021A	Online Delivery	M	02/11/2020	5	14:30	16:30	FREE	S
Creating Your CV	E	SHC00781A	Online Delivery	Tu	03/11/2020	2	10:00	11:30	FREE	S
Prepare for Employment	E	SHC00741A	Online Delivery	Tu	03/11/2020	6	13:00	15:00	FREE	S
Building Confidence	S	SLC00991A	Online Delivery	Tu	10/11/2020	9	13:00	15:00	FREE	S
Job Search and Application	E	SHC00371A	Online Delivery	Tu	17/11/2020	2	10:00	11:30	FREE	S
Interview Preparation	E	SHC00041B	Online Delivery	Tu	01/12/2020	2	10:00	11:30	FREE	S

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abc English

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Ofsted Good Provider

If you are interested in enrolling on one of our GCSE or Functional Skills courses, you will need to complete one of our free Initial Assessments. Contact your local centre to book yours today.

Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
English Step up (for GCSE)	CO	WHC00011A	St Benedict's RC High School	W	02/09/2020	3	18:00	21:00	FREE	S
Functional Skills English Level 2	CO	WHS00151A	Archive Building Whitehaven	M	14/09/2020	18	09:30	12:30	FREE	M
Functional Skills English Level 1	CO	WHS00141A	Archive Building Whitehaven	M	14/09/2020	20	13:00	15:30	FREE	M
Stepping into English	CO	WHC00011C	Distington Library	Th	17/09/2020	5	18:00	20:30	FREE	S
Functional Skills English Level 1	A	WOS00191A	Workington Library	Tu	22/09/2020	15	18:00	21:00	FREE	M
GCSE English	A	WOS00021A	Workington Library	W	23/09/2020	30	18:00	21:00	FREE	M
GCSE English	CO	WHS00051A	St Benedict's RC High School	W	23/09/2020	30	18:00	21:00	FREE	M

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Extended Award in English Skills Level 1	CO	WHS00581A	New Life Church	Th	24/09/2020	14	12:45	15:15	FREE	A
Extended Award in English Skills Entry 2	CO	WHS00361C	Distington Library	Th	22/10/2020	20	18:00	20:30	FREE	M
Extended Award in English Skills Entry 2	CO	WHS00361D	Millom Hub	W	04/11/2020	20	13:00	15:30	FREE	M

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
GCSE English	CA	CLS00031C	Online Delivery	Tu	22/09/2020	30	18:00	21:00	FREE	M
Creative Writing	CA	CLC00061A	Online Delivery	Th	24/09/2020	10	18:30	20:30	£80.00	P
Introduction to the Lakes Poets and their Poetry	B	ABC00811A	Online Delivery	Th	05/11/2020	4	18:30	19:30	£16.00	P

English for Speakers of Other Languages (ESOL)

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Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Functional Skills English Entry 3	CO	WHS00211A	New Life Church	Th	24/09/2020	20	09:30	12:00	FREE	A
Extended Award in English Skills Entry 2	CO	WHS00361B	United Reform Church Whitehaven	Th	24/09/2020	20	09:30	12:00	FREE	M
Functional Skills English Entry 2	CO	WHS00241B	United Reform Church Whitehaven	Th	24/09/2020	20	12:45	15:15	FREE	M
ESOL Introduction	A	WOC00461A	Maryport Library	M	28/09/2020	10	10:00	12:00	FREE	S
ESOL Introduction	A	WOC00461B	Keswick Library	Tu	29/09/2020	10	09:30	11:30	FREE	S
ESOL Introduction	A	WOC00461C	Workington Library	W	30/09/2020	10	18:00	20:00	FREE	S

Ofsted Good Provider

Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.

Family Learning

For more information about any of our courses listed below, visit our website **adultlearning.cumbria.gov.uk** and search for the course using the course code. There is a wealth of information available at your fingertips.

Ofsted Good Provider

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Smart Art Memory Toys - Beginners	S	SLC00671A	Online Delivery	W	09/09/2020	6	09:00	10:30	FREE	S
Smart Art Memory Toys - Advanced	S	SLC00671B	Online Delivery	W	09/09/2020	6	10:45	12:15	FREE	S
Smart Art Making Rag Wreaths and Swags	S	SLC00711A	Online Delivery	W	09/09/2020	4	13:00	14:30	FREE	S
Smart Art Fun with Bunting	S	SLC00881A	Online Delivery	W	09/09/2020	4	16:00	17:00	FREE	S
Spotlight on Spelling, Punctuation and Grammar Key Stage 2	S	SLC00541A	Online Delivery	Th	10/09/2020	6	13:00	14:00	FREE	S
Creative Writing Key Stage 2	S	SLC00661A	Online Delivery	Tu	15/09/2020	6	13:00	14:00	FREE	S
Managing your Wellbeing Key Stage 1 and Key Stage 2	S	SLC00891A	Online Delivery	F	18/09/2020	6	13:00	14:00	FREE	S
Phonics Read Write Including Early Years Foundation Stage/Reception	CO	WHC00301A	Online Delivery	M	21/09/2020	5	13:00	15:00	FREE	S
Support your Child with Phonics Read Write Inc.	CA	CLC00441A	Online Delivery	Tu	22/09/2020	5	09:30	11:30	FREE	S
Wellbeing Key Stage 2	CA	CLC00321A	Online Delivery	W	23/09/2020	5	09:30	11:30	FREE	S
Support your Key Stage 1 Child with Maths	E	SHC00311A	Online Delivery	W	23/09/2020	5	09:30	11:30	FREE	S
Support your Child with Phonics: Letters and Sounds	E	SHC00321A	Online Delivery	W	23/09/2020	5	12:30	14:30	FREE	S
Keeping up with the Children in English Key Stage 2	B	ABC00151A	Online Delivery	W	23/09/2020	5	13:00	15:00	FREE	S
Smart Art EYFS and Key Stage 1	B	ABC00161A	Online Delivery	W	23/09/2020	5	16:00	18:00	FREE	S
Maths Key Stage 2	CA	CLC00821A	Online Delivery	Th	24/09/2020	5	09:30	11:30	FREE	S
Learning Through Stories in the Early Years	E	SHC00471A	Online Delivery	Th	24/09/2020	5	09:30	11:30	FREE	S
Support your Key Stage 1 Child with English	E	SHC00301B	Online Delivery	Th	24/09/2020	5	12:30	14:30	FREE	S
Focus on Phonics Nursery and Reception	B	ABC00171A	Online Delivery	Th	24/09/2020	5	13:00	15:00	FREE	S
Wellbeing Key Stage 1	CA	CLC00801A	Online Delivery	F	25/09/2020	5	09:30	11:30	FREE	S

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Spotlight on Spelling, Punctuation and Grammar – Key Stage 1	CO	WHC00181A	Online Delivery	F	25/09/2020	5	13:00	15:00	FREE	S
Story Sacks Early Years	CO	WHC00191A	Online Delivery	M	02/11/2020	5	13:00	15:00	FREE	S
Ready Steady Write EYFS Key Stage 1	CA	CLC00351A	Online Delivery	Tu	03/11/2020	5	09:30	11:30	FREE	S
Home Schooling Maths Key Stage 2	S	SLC00531A	Online Delivery	Tu	03/11/2020	6	13:00	14:00	FREE	S
Fairytale Science EYFS	B	ABC00191A	Online Delivery	W	04/11/2020	5	13:00	15:00	FREE	S
Science all Around Key Stage 1	B	ABC00201A	Online Delivery	W	04/11/2020	5	16:00	18:00	FREE	S
Savvy and Safe Key Stage 2	B	ABC00821A	Online Delivery	Th	05/11/2020	5	10:00	12:00	FREE	S
Support your Key Stage 2 Child with Spelling, Punctuation and Grammar	E	SHC00341A	Online Delivery	Th	05/11/2020	5	12:30	14:30	FREE	S
Bouncebackability Key Stage 2	B	ABC00831A	Online Delivery	Th	05/11/2020	5	13:00	15:00	FREE	S
Family Learning Paediatric First Aid	CO	WHC00201A	Online Delivery	F	05/11/2020	5	13:00	15:00	FREE	S
Cool Science Key Stage 1 and Key Stage 2	S	SLC00561A	Online Delivery	F	06/11/2020	6	13:00	14:00	FREE	S

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Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
Some learners may be eligible for fee concessions. For more information on the fee codes please see back page.

What our learners say about Family Learning...

"Brilliant course helping me refresh my learning in English and giving me plenty of help and advice on how to help with the children's school work."
Keeping up with the Children in English Key Stage 2 Learner

"Really interesting ideas to take home and try and do at home"
Science All Around Learner

"I have really enjoyed learning. The teaching has been informative. A good tutor; good teaching technique."
Fairytale Science Learner

Health and Wellbeing

For more information about any of our courses listed below, visit our website **adultlearning.cumbria.gov.uk** and search for the course using the course code. There is a wealth of information available at your fingertips.

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Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Healthy Cooking	CO	WHC00231A	Woodbank Community Centre	Th	17/09/2020	6	10:00	12:00	FREE	S
Mental Health Awareness	G	GRC00011B	Groundwork Workington (GWK Shop)	Th	15/10/2020	5	10:00	15:00	FREE	S

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Hill Skills Basic Essentials	CA	CLC00911A	Online Delivery	M, Th	10/08/2020	2	10:30	11:45	£16.00	P
Hill Skills Basic Essentials	CA	CLC00911B	Online Delivery	M, Th	10/08/2020	2	19:00	20:15	£16.00	P
Keep Your Body Moving and Balance	S	SLC00961A	Online Delivery	M	01/09/2020	8	13:30	14:30	£32.00	P
Keep Your Body Moving and Balance	S	SLC00961B	Online Delivery	W	02/09/2020	8	10:00	11:00	£32.00	P
Keep Your Body Moving and Balance	S	SLC00961C	Online Delivery	M	07/09/2020	7	11:30	12:30	£28.00	P
Mindfulness	B	ABC00251A	Online Delivery	Tu	08/09/2020	7	10:30	11:30	£28.00	P
Mindfulness	B	ABC00251B	Online Delivery	Tu	08/09/2020	7	12:00	13:00	£28.00	P
Introduction to Mindfulness	E	SHC00131A	Online Delivery	W	30/09/2020	1	10:00	12:00	£8.00	P
Kneed and Feed Online Masterclass	A	WOC00261A	Online Delivery	F	02/10/2020	4	10:00	12:30	£40.00	P
Deaf Awareness	S	SLC00131A	Online Delivery	Tu	06/10/2020	2	10:00	11:45	£14.00	P
Introduction to Mindfulness	E	SHC00131C	Online Delivery	W	14/10/2020	1	14:00	16:00	£8.00	P
Healthy Eating on a Budget	A	WOC00271A	Online Delivery	W	04/11/2020	4	14:00	16:00	£32.00	P
Pies and Tarts Online Masterclass	A	WOC00281A	Online Delivery	F	06/11/2020	4	10:00	12:30	£40.00	P

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Deaf Awareness	S	SLC00131B	Online Delivery	Tu	17/11/2020	2	12:00	13:45	£14.00	P
Deaf Awareness	S	SLC00131C	Online Delivery	W	09/12/2020	2	15:30	17:15	£14.00	P

Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
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Languages

For more information about any of our courses listed below, visit our website **adultlearning.cumbria.gov.uk** and search for the course using the course code. There is a wealth of information available at your fingertips.

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Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to German	CO	WHC00131A	St Benedict's RC High School	M	05/10/2020	10	18:00	20:00	£110.00	P

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Introduction to French	CA	CLC00071A	Online Delivery	Tu	18/08/2020	4	14:00	16:00	£32.00	P
Introduction to Spanish	CA	CLC00181A	Online Delivery	Tu	18/08/2020	4	16:15	18:15	£32.00	P
Italian Taster	A	WOC00031A	Online Delivery	W	09/09/2020	1	18:00	20:00	£8.00	P
French Taster	A	WOC00041A	Online Delivery	Th	10/09/2020	1	18:00	20:00	£8.00	P
Spanish Taster	A	WOC00801A	Online Delivery	Th	10/09/2020	1	18:00	20:00	£8.00	P
Italian Improvers	CA	CLC00191A	Online Delivery	F	11/09/2020	11	14:00	16:00	£88.00	P
Spanish Improvers	A	WOC00581A	Online Delivery	M	14/09/2020	10	18:00	20:00	£80.00	P
Spanish Intermediate	A	WOC01081A	Online Delivery	Tu	15/09/2020	10	10:00	12:00	£160.00	F

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Spanish Intermediate	A	WOC01081B	Online Delivery	Tu	15/09/2020	10	18:00	20:00	£160.00	F
Italian Beginners	A	WOC00081A	Online Delivery	W	16/09/2020	10	18:00	20:00	£80.00	P
French Beginners	A	WOC00091A	Online Delivery	Th	17/09/2020	10	18:00	20:00	£80.00	P
Spanish Beginners	A	WOC00101A	Online Delivery	Th	17/09/2020	10	18:00	20:00	£80.00	P
Japanese Language Intermediate	S	SLC01031A	Online Delivery	M	18/09/2020	10	13:00	15:00	£160.00	F
Family French 5-8 Years	S	SLC01111A	Online Delivery	Sa	19/09/2020	6	10:00	11:00	£48.00	F
Family French 8-11 Years	S	SLC01121A	Online Delivery	Sa	19/09/2020	6	11:30	12:30	£48.00	F
Spanish Intermediate	S	SLC01051A	Online Delivery	M	21/09/2020	12	17:30	19:30	£192.00	F
Spanish Upper Intermediate	S	SLC01061A	Online Delivery	M	21/09/2020	12	19:45	21:45	£192.00	F
French Beginners	S	SLC00021A	Online Delivery	W	23/09/2020	11	14:00	16:00	£88.00	P
French Improvers	S	SLC01091A	Online Delivery	W	23/09/2020	11	17:30	19:30	£88.00	P
French Intermediate	S	SLC01101A	Online Delivery	Th	24/09/2020	11	14:00	16:00	£176.00	F
Russian Beginners	CA	CLC00891A	Online Delivery	Th	24/09/2020	11	18:00	20:00	£88.00	P
Spanish Beginners	S	SLC00031B	Online Delivery	Th	24/09/2020	12	19:00	21:00	£96.00	P
German Beginners	CA	CLC00881A	Online Delivery	F	25/09/2020	11	18:00	20:00	£88.00	P
Japanese Language Beginners	S	SLC00081A	Online Delivery	Tu	29/09/2020	10	12:00	14:00	£80.00	P
French Beginners	E	SHC00051A	Online Delivery	Tu	29/09/2020	10	18:00	20:00	£80.00	P
German Upper Intermediate	E	SHC00121A	Online Delivery	Th	01/10/2020	10	10:00	12:00	£160.00	F
Japanese Language Improvers	S	SLC00051A	Online Delivery	Th	01/10/2020	10	12:00	14:00	£80.00	P
French Intermediate	E	SHC00111A	Online Delivery	F	02/10/2020	9	10:00	12:30	£180.00	F

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Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
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Maths

For more information about any of our courses listed below, visit our website **adultlearning.cumbria.gov.uk** and search for the course using the course code. There is a wealth of information available at your fingertips.

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If you are interested in enrolling on one of our GCSE or Functional Skills courses, you will need to complete one of our free Initial Assessments. Contact your local centre to book yours today.

Face to face courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
Maths Step Up (for GCSE)	CO	WHC00631A	Royal British Legion (Bransty)	Tu	01/09/2020	3	09:30	12:30	FREE	S
Maths Step Up (for GCSE)	CO	WHC00631B	West Lakes Academy	Tu	01/09/2020	3	18:00	21:00	FREE	S
Maths Step Up (for GCSE)	CO	WHC00631C	St Benedict's RC High School	Th	03/09/2020	3	18:00	21:00	FREE	S
Functional Skills Maths Level 1	A	WOS00171C	Aspatria Library	M	21/09/2020	15	13:00	16:00	FREE	M
Functional Skills Maths Level 1	A	WOS00171A	Workington Library	M	21/09/2020	15	13:00	16:00	FREE	M
Functional Skills Maths Level 1	A	WOS00171B	Workington Library	M	21/09/2020	15	18:00	21:00	FREE	M
Functional Skills Maths Level 2	A	WOS00301A	Workington Library	M	21/09/2020	15	18:00	21:00	FREE	M
GCSE Maths	CO	WHS00011A	Royal British Legion (Bransty)	Tu	22/09/2020	30	09:30	12:30	FREE	M
GCSE Maths	A	WOS00091A	Workington Library	Tu	22/09/2020	30	18:00	21:00	FREE	M
GCSE Maths	CO	WHS00011B	West Lakes Academy	Tu	22/09/2020	30	18:00	21:00	FREE	M
Functional Skills Maths Level 2	CO	WHS00171A	Royal British Legion (Bransty)	W	23/09/2020	18	09:30	12:30	FREE	M
AS Maths	A	WOS00071A	Workington Library	W	23/09/2020	30	18:00	21:00	£786.50	B
Functional Skills Maths Level 1	CO	WHS00161A	Whitehaven Harbour Youth Project	Th	24/09/2020	20	09:30	12:00	FREE	M
Functional Skills Maths Entry 3	CO	WHS00181A	Whitehaven Harbour Youth Project	Th	24/09/2020	20	12:45	15:15	FREE	M
GCSE Maths	CO	WHS00011C	St Benedict's RC High School	Th	24/09/2020	30	18:00	21:00	FREE	M
Functional Skills Maths Level 2	CO	WHS00171B	St Benedict's RC High School	W	07/10/2020	20	18:00	20:30	FREE	M
Budgeting	A	WOC00151B	Workington Library	Tu	03/11/2020	4	13:00	15:00	FREE	S

Online Courses

Course title	Centre Code	Course Code	Venue	Day	Start	Wks	From	To	Fee	Fee Code
GCSE Maths*	E	SHS00001B	Online Delivery	Tu	22/09/2020	30	09:00	12:00	FREE	M
GCSE Maths*	CA	CLS00011C	Online Delivery	Th	24/09/2020	30	18:00	21:00	FREE	M
Budgeting	A	WOC00151A	Online Delivery	Tu	29/09/2020	4	13:00	15:00	FREE	S

*Depending on the location of learners, any face to face sessions required may occur in more appropriate areas of the county

Ofsted Good Provider

Do you want to speak to someone about a course? Why not contact your centre today, see page 3 for contact details
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"I just want to say how much I have enjoyed GCSE Maths with you over the last 2 years. I wish my maths teacher at secondary school was like you, I would've passed my GCSE all those years ago. My confidence in maths has grown greatly. I will miss maths lessons every week but the skills you have taught me are being used daily. Your teaching is amazing, supportive and understanding, like I say if only you'd been my teacher!"
GCSE Maths Learner

"Advantages of Zoom- A real breakthrough factor for me was the 2 weekly class sessions using Zoom as a result of the lockdown. Learning through Zoom created a unique learning experience for me - this really simplified learning new topics."
GCSE Maths Learner

For all current and future courses, why not have a look at our **new website**

adultlearning.cumbria.gov.uk

You will be able to find a wide range of courses updated daily that may inspire you to get back into learning! **You can book your place online** or contact the centre advertising your chosen course.

Why not check out the Community Learning and Skills Social Media pages. Feel free to share and like with your friends! Stay up to date with what's going on, what's coming up and all of our latest news.

Facebook: @CumbriaLearning
Twitter: @CumbriaLearning
Instagram: @CumbriaLearning

Zoom

We will be using the online platform Zoom to deliver classes to your computer, laptop, smartphone or tablet.

How to join your Zoom class

1. When you enrol on the course, you will be given instructions how to download the Zoom app.
2. Before the start of your course the tutor will send you joining instructions. Do not give these details to anyone else.
3. Follow the link in the email from your tutor, on the stated day and time. You will be entered into a virtual waiting room, where you will be given access to the session by the tutor.

This system is free, secure and easy to use.

We look forward to welcoming you into our growing online community.

"Thank you for running the online course. I'm absolutely loving it. It's been exactly the right sort of level for me." **Zoom Learner**

Why learn with Community Learning and Skills?

Quality

As a leading provider of Community Learning across Cumbria, we ensure all our courses are of the highest quality.

Enjoyment

We pride ourselves on delivering classes that are fun and enjoyable.

Dedicated Staff

Our highly experienced tutors share their years of expertise with you to take your skills to the next level.

Employability

If you want to enhance your future career prospects, we offer a wide range of employability courses to strengthen your CV.

Building Communities

Take the opportunity to join a class and make new friends whilst uncovering hidden creative talents.

Further information on Fees

Current fees are published in our brochure and on the website. These prices are subject to change. The total price quoted is the amount payable in order to secure a course place. This includes tuition costs, examination fees (where applicable) and in some cases additional costs which relate to the particular course. Other optional materials, which may be associated with the course, are available for purchase as identified in the course outline. Unless details are provided in the course outline, you are advised not to buy equipment, books or materials until after the first session.

By signing the enrolment you are self-declaring that you fit the appropriate category of eligibility. All enrolments are subject to final verification and approval by Community Learning and Skills. Should the concession selected not meet our terms, you will be contacted in order that your enrolment can be corrected. You will be asked to pay for any course fees where concessions are not permitted.

Learning Support

Learning Support is provided to meet the needs of learners who have an identified learning difficulty and/or disability. If you feel you are eligible for this support or require further information then please contact your Community Learning Centre.

Refund Policy

Once a course has begun, we will only consider refund requests in exceptional personal or family circumstances. However, if the refund affects the continued viability of the course then Community Learning and Skills reserves the right to refuse the refund. If you need to withdraw from a course before it begins, we will process refund requests as follows:

- If the request is made more than eight weeks before the course starts, a full refund will be returned.
- If the request is made less than eight weeks and more than one week before the course starts, a full refund less a £10 cancellation fee will be returned.
- No refunds will be made if you withdraw from a course less than seven days before the start.

Course viability

Please note that the running of each course is considered on individual merit and Community Learning and Skills reserves the right to withdraw or cancel a programme whenever its viability cannot be assured. Some courses may be viable with smaller numbers, whilst others may require larger groups of learners in order to run successfully. The decision of whether a course will run or not will be made no later than 5 working days prior to the advertised start date. In the event that it is not possible for a course to run we will contact you personally to offer a full refund or to discuss alternative options.

Find You can find a course in this brochure or search online by subject, title or by area: **adultlearning.cumbria.gov.uk**

Book You can book your place over the phone, at your local centre or even book and pay online.

Enrol

You may be required to confirm some of your details collected online and provide evidence to support any concessions which may entitle you to a reduced fee e.g. NI Number, benefit evidence and proof of identification.

Minimum Age - Please note that you must be aged 19 or over on 31 August 2020 to access one of our courses.

Course Fees

Code	Type of Provision	Remission/fees	Funding Information
S	Fully-subsidised Community Learning	Free to all learners	100% subsidised by the Government's Education and Skills Funding Agency (ESFA)
P	Part-subsidised Community Learning	Reduced fees apply	There is a fee for this course but it has been reduced significantly as it is part-subsidised through the ESFA. Individuals may also be eligible for a further fee reduction if they are unemployed, low-waged or on another means tested benefit.
F	Full-cost Community Learning	Fees apply to all individuals	This course is not supported by Government funding and reduced fees do not apply.
M	Accredited Maths or English Qualification	Free to all learners if prior attainment is below GCSE grade 9-4 or A-C	100% subsidised by the Government's Education and Skills Funding Agency (ESFA).
A	Accredited Skills Qualification up to Level 2	Fees apply but free to some individuals	Qualification may be free to individuals who are unemployed, low waged (less than £17,004.00 gross annual salary) or they are aged 19-23 and their highest prior attainment is less than Level 2. Reduced fees apply for all other individuals as qualification is part-subsidised through the ESFA.
B	Accredited Skills Qualification	Fees apply to most individuals	In most cases this course will not be supported by Government Funding. However, in some instances individuals may be eligible for support if they meet certain conditions or they may be eligible for an advanced learner loan to help with fees.

All information correct at time of print