

Carlisle Tour of Britain activities

Name of Activity/Event	Date & Time	Location	Summary (which includes who this is open to eg family day out or open to all etc)
<p>Pedal Your Way to Health Roadshows</p>	<p>15th June 2018</p>	<p>Carlisle & Surrounding Area</p>	<p>Thanks to funding from the Local Area Committees, Active Cumbria was able to produce the Touch the Tour packs for every school in Cumbria and take the Pedal Your Way to Health Tour to 3 schools in each district.</p> <p>The Touch the Tour Pack includes lots of information about being active and eating healthily as well as competitions to design the start flag and winners jersey for the Cumbrian Tour of Britain Stages in September – including VIP visits to the start / finish. The pack was posted to each school and is available to download from the Active Cumbria website >>here . The schools who had a visit from Mr Stretch and the Pedal Your Way To Health Tour had Touch the Tour packs provided for every pupil.</p> <p>In Carlisle, the Pedal Your Way to Health Tour took place on Friday 15th June, it went to the following 3 Schools:</p> <p>Kingmoor Junior School Pennine Way School Cumwhinton School</p>
<p>Harraby Sportive Event</p>	<p>Sunday 9th September</p>	<p>Carlisle & surrounding</p>	<p>As part of Cumbrian stage of the Tour of Britain, Carlisle were asked to stage a</p>

		Area	<p>sportive event that could take place on the newly built cycle track at the Harraby Campus. The cycle track had received around £600k of funding from British Cycling as well as funding from Cumbria County Council and Carlisle City Council. It was agreed that the Sportive Event should coincide with the official opening of the track.</p> <p>This would be an event for the whole of the community city wide and would include various races hosted by the cycling clubs across the area, learn how to ride a bike, free fun fair rides, prizes up for grabs, stalls and refreshments.</p>
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