



Travel Plan - BWTS, Grasmere C.E. VA Primary School

Name of School	Grasmere C.E. VA PS
DfES Ref No	909 3360
Type of School	Primary, Voluntary Aided
Number on roll	35
Number of staff	7
Age range of pupils	4 - 11
Headteacher	Lindsey Ferrie
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Working Group Contact	Lindsey Ferrie

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Description of school Centre of Grasmere village.
Very busy roads outside school.
Children living in dispersed area.



Infant entrance to school currently hidden away and without covered waiting area for parents/carers.



Another view of the infants entrance to school. Prams and pets are left outside whilst parents/carers collect children. The boiler house is situated next to the infant entrance.



Possible area for covered waiting area for parents/carers. Have looked into "Fordingbridge" canopies for schools.



Playground which has vehicular access to farm and reading rooms in the background of this picture.

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Bike shed which could be updated to create more spaces for cycles and be covered over to create a sheltered waiting area for parents/carers of junior children. It is not attached to the school but could be if it were covered.

Facilities	Playground Playing field Car park (weekends/after school) Eco garden Public right of way through playground (under review) Vehicular access through playground
Number of entrances	Two
School core times	8.50am - 4.15pm
Other uses	Occasional community use



Current involvement of school in school travel activities and education



1. As part of our work on "Health Education", we have encouraged the "walk on Wednesday" scheme and currently have 25/34 children walking to school on most days of the week.
2. We have applied for a Shimano cycling award:

Award Application

We are a very small school with a limited budget situated in the heart of the Lake District in Cumbria. Our children are aged 4 - 11. The children's families mostly work in the tourist industry in cafes, shops and work very long hours. The children come from the surrounding area and up until September, most have come to school by car!! However since the introduction of our Better Ways To School campaign we now have 75% of the children regularly walking or cycling to school. At the moment, more children are walking than cycling and so we are promoting cycling by introducing the following into our curriculum from January 2006. All of these activities are equally important and are in no particular order.

1. "Wheelie Wednesday" - From January, children will be encouraged to cycle to school every Wednesday (or any day if Wednesday doesn't suit them!) When they arrive at school on their bikes, they will be given a raffle ticket. If they choose to cycle every day, then they will collect 5 raffle tickets per week. At the end of each half term, a winning ticket will be chosen and the winner will receive a new bike. This has had a huge impact on the number of children who have made the decision to cycle to school from January and the benefits to long term health ought to be measurable.
2. Our annual traditional school sports day in June will be replaced by a "Triathlon". We are situated near a lake and the events will be a canoe, followed by a cycle, followed by a run through the village. Every child in school will participate in this event as all will have had the necessary cycle training in the preceding terms and have all canoed, sailed with school in the past. The school has a set of canoes. Parents and staff will be marshalling the event and the whole village will be encouraged to line the streets and cheer the children on. The

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junior children (aged 7 - 11) will have a different route to the infant children (4 - 7) and the events will be on consecutive days so that they may cheer each other on!

3. The junior children will be going to the Manchester Velodrome in May for a day's cycling and training with the staff there. This will also help to raise the profile and cement the work we are doing to promote cycling.
4. In the summer term (May - July), the oldest children will be mountain biking as part of their outdoor education work which we do with them each year. Last year, we took them climbing, sailing, canoeing, and hill walking. We are to be adding mountain biking and caving to this list this year.
5. Cycle training for all of the junior children will take place in January 2006. This will be taken by a team from the County and will be followed up by cycling proficiency for all children by our P.E. Coach who is training with the county team in order to be able to deliver it.
6. The youngest children have access to cycling every afternoon in the school playground with staff and this "play" will be developed with playground markings, routes marked out and more resources in order to promote safe cycling. This will be part of planned activities in the Foundation Stage.

Action Plan

Activity	Cost	Timescale
1. "Wheellie Wednesday"	4 x bikes up to July 2006 £600	January 2006 - July 2006
2. Triathlon	Bibs for marshalls £50 Refreshments £50 Medals/trophies £50	June 2006
3. Manchester Velodrome	Coach Hire £200 Cost of trip £100	May 2006
4. Mountain biking	NIL	July 2006
5. Cycle training	Training Course/Supply cover for P.E. Coach £150	
6. Infant cycle play	Markings/equipment £200	By July 2006

Total Cost = £1350

3. School are recipients of "Healthy School Award", "Activemark", "F.A. Chartermark" and are working towards "Eco School Green Flag" status.

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Working Party

Lindsey Ferrie (Headteacher)
Nicola Maloney (Parent Gov)
Vanessa Robinson (Parent/POG)
Patrick Turner (Pupil)
Denise Barnes (Parent)

How were people consulted

Through questionnaires, newsletters, parent meetings and school council meetings, route plotting sessions. Staff and pupils took part in an online survey (results attached) and parents filled in a questionnaire.



Survey & Route Plotting

The original survey in July 2005 showed that 28.6% of the children walked to and from school. 42.9% of the children came by car. We are delighted to note that now 70.5% of the children regularly walk to and from school. This is due to the culture of the Healthy School we are encouraging as well as the Eco School work we are undertaking at the moment. (See survey results attached)

71% of the children said they would like to cycle to school if they could choose and as a result of this, we have placed more emphasis on this in our SIP.

Twelve out of thirty families returned the questionnaire. All of the returns were very positive about walking or cycling to school, even from those who live some distance away and who would have to park and walk/cycle. The main concern from families was that the A591 is a very busy and windy road and parents are unable to let children cycle to school on this road which is perfectly understandable!! School has suggested that these families be dropped off at Dove Cottage and walked to school by another parent. This is being planned at the moment.

Route Plotting was carried out in school on 23/05/05.

Comments from the children:

Car/Negative

- You might crash and die
- Waste of money on petrol, oil, car parts etc
- Not exercising
- Problems with car
- Bad for the environment

Car/Positive

- Take more than one person

Walk/Positive

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- Good exercise
- Better for environment
- Saves parents
- Saves money on petrol
- Builds up confidence
- Can have a laugh
- Take dog as well
- Wake you up

Bus/positive

- Faster than walking
- Can carry more people
- More friendly
- Meet more friends
- Come to school with friends
- No congestion
- More help in an accident

Cycle/Positive

- Good exercise
- Not polluting environment
- Fresh air
- Fun
- Wakes you up in the morning

The emphasis placed on the environmental issues by the children is extremely important and wonderful for us to see as a school because we are working towards ECO GREEN FLAG award and these comments demonstrate that the children are making connections between the way they travel to school and the effect it could have on the environment.



Summary of transport and road safety problems

1. Lack of signage in and around village to alert drivers to school
2. A number of children live in Rydal or Ambleside and this makes it more difficult for them to walk or cycle all the way to school
3. Regular parking outside school gates by parents and delivery vans to reading rooms
4. Lack of space in school for storing cycle helmets, clothing etc
5. No showering facilities for staff or pupils who cycle/walk some distance thus preventing the "reality" of health aspects of exercise
6. Parents currently must wait outside in the rain if they are collecting children by foot or cycle
7. Inadequate safe cycle storage facilities
8. Lack of road safety input in recent past from LEA (cycling proficiency etc)
9. Children reaching "milestones" earlier and earlier ie puberty, independence
10. Sometimes, parents feel they are unaware of the rules themselves when cycling as it is so long ago when they sat a cycling proficiency test. They also feel they would like to be kept abreast of initiatives which affect their children



Working party recommendations for action

1. More school signage in and around the village
2. Identify suitable drop off points for children from out of the village
3. Road markings outside school entrance to prevent parking
4. Lockers for walkers, cyclists
5. Showers for cyclists/walkers
6. Covered shelter for parents at infant and junior ends of school
7. Updated cycle shed and covered waiting area/lockers at junior end of school
8. Cycling proficiency
9. Road safety lessons for all children
10. Continued emphasis on Health Education curriculum
11. Parents workshops



Targets - specific % targets for modal shift by September 2006

Mode of travel	Baseline data	Target % for Sep 2006
Bus	0.0%	0.0%
Car/Van	42.9%	10.0%
Car share	4.8%	4.0%
Cycle	4.8%	40.0%
Rail	0.0%	0.0%
Walk	28.6%	46.0%
Special needs assisted transport	4.8%	0.0%

Notes

We are extremely pleased to note that already we have 70% of the children walking to school on a regular basis. Most walk once a week but some are walking to school every day now and some are alternating walking with cycling.



Aims

To increase the proportion of school journeys undertaken on foot and cycle.

To improve the health and fitness of all of the pupils in Grasmere School along with road and personal safety awareness.

To minimise the environmental impacts of school travel by increasing the number of staff and pupils travelling sustainably to and from school.

To inform pupils, parents and staff of the benefits of sustainable transport.

Objectives

In order to achieve our aims, we will ensure that we:

- Set up school travel plan steering group
- Increase travel and health awareness
- Improve safety and signage around the school zone
- Integrate sustainable and healthy travel issues into the curriculum as well as making links with ECO SCHOOLS
- Increase walking and cycling facilities
- Provide cycle training
- Provide pedestrian training
- Find and strongly advocate a safe area for "drop and walk"
- Link our travel plan to Healthy Schools, Activemark, ECO Schools
- Provide parents with a covered waiting area within school grounds
- Actively encourage and promote "Walk on Wednesday" etc

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School based engineering targets							
Objective	Action	Timescale	Cost	Manager/ monitor	Completed by		Success criteria
Increase walking and cycling facilities	1. Costing of shelters for infant and junior ends of school.	September 2006	£5000	Lindsey Ferrie/Nicola Maloney			86% of the children in school will be regularly walking or cycling to school (once or more than once a week)
	2. Update cycle storage area, covering it and attaching it to school.		£1000	Lindsey Ferrie/Nicola Maloney			
	3. Provide children with safe, secure lockers for cycle helmets, clothing etc.		£1000	Lindsey Ferrie/Nicola Maloney			
	4. Provide staff and children with shower facilities in school.						
Increase travel awareness	1. Increase signage in and around village to alert drivers to school children	September 2006			<u>Date Approved by CCC</u>	<u>Date completed</u>	
	New (2) 'School' signs leading to school zone		£1000	John Bell Principal Engineer, Capita			
	Flashing amber warning lights		£5000	John Bell Principal Engineer, Capita			
	2. Advisory 'School Keep Clear' markings outside school to discourage parking		£1000				

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Education and training targets						
Objective	Action	Timescale	Cost	Manager/ monitor	Completed by	Success criteria
Provide cycle training	1. Year 3/4/5/6 will receive cycle training	Dec 2005	NIL	Lindsey Ferrie/Nicola Maloney		Completed
Provide cycling proficiency	1. Years 5/6 will receive cycling proficiency training from LEA 2. School will ensure that PE coach works with cycling proficiency trainers so that he may deliver the C.P in future years to the children of Grasmere School	July 2006	NIL Supply cover for PE teacher £100 per day	Nicola Maloney/Keriana Tracey		Years 5/6 will complete cycling proficiency and Coach Steve will establish a rolling programme for future years, ensuring that ALL children have received training by the time they reach Year 6 in Grasmere School
Provide pedestrian training	1. School will invite Road Safety officer to work with KS1 and KS2 2. Staff will integrate aspects of Pedestrian training into their Health Education Scheme of Work 3. Playground markings and equipment will be purchased to help FS and infants understand ped training	Summer 2006 September 2006 September 2006	NIL £200	Lindsey Ferrie/Carrie Taylor (gov)/Steven Thompson Road Safety Officer Lindsey Ferrie Lindsey Ferrie/Jo Goode		Health Ed Schemes of Work/Science will contain aspects of pedestrian training Children will cross roads safely and walk to swimming with more awareness of potential dangers on route

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Promotional/publicity targets						
Objective	Action	Timescale	Cost	Manager/ monitor	Completed by	Success criteria
Actively encourage/promote walking/cycling to school	1.Wheelie Wednesday	January 2006	2 x cycles per term = £600	Lindsey Ferrie/Nicola Maloney/Keriana Tracey		Other local schools will be encouraged by the way in which we have actively promoted walking and cycling to school
	2.Walk on Wednesday	September 2005				
	3.Regular newsletter to parents	Termly				
	4.Press releases sent to media					
	5.Shimano cycle award application	October 2005				
	6.School triathlon	June 2006				

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Objective	Action	Timescale	Cost	Manager/ monitor	Completed by	Success criteria
Link BWTS with ECO SCHOOL work	ECO action plans will include BWTS objectives	Sep 2006	NIL	Jo Goode/Lindsey Ferrie		Travel plans will be sustainable and children will continue to walk an cycle to school whilst having a better knowledge and understanding of the benefits
Link BWTS with other curriculum areas	Staff will ensure that schemes of work contain objectives from BWTS travel plan	Sept 2006	NIL	Lindsey Ferrie		All curriculum areas and schemes of work will contain aspects of BWTS, Healthy School, ECO SCHOOL and Activemark



Cycle Count

Date of count before	Cycle count	Measure implemented	Date of count after	Cycle count
12/12/05	2			



Monitoring Training

YEAR	2005		2006		2007		2008		2009	
Activity	Year Group	No								



Signed Agreement

Grasmere School agrees to this travel plan, to undertake its objectives, and to review the travel plan on an annual basis. The person responsible for ensuring it's update by March 2007 will be Lindsey Ferrie and the Working Group.

This review will also consider pupil travel needs arising from new developments in education and transport provision, and the STP will be revised as necessary to take these into account.

Signatures	
Headteacher	Name: Lindsey Ferrie
	Signed:
	Date:
Chair of Governors	Name:
	Signed:
	Date:
Area Engineer Cumbria County Council	Name:
	Signed:
	Date:
BWTS Coordinator	Name:
	Signed:
	Date:

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