

**MONDAY TO FRIDAY** excluding Public Holidays

	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch
Barrow, Town Hall	0750	1510					1558	
Ramsden Square		1512					1600	
Furness College, Ironworks Rd <i>arr.</i>						1606	1606	
Furness College, Ironworks Rd <i>dep.</i>						1607	1607	
Strawberry Hotel	0758	1519				1617	1617	
Barrow 6th Form College <i>arr.</i>						1622	1622	
Barrow 6th Form College <i>dep.</i>						1623	1623	1623
Greystone Estate, Newton Inn		1527				1628		
Dalton, Bank Corner		1532				1633		
Dowdales School		1535	1535	1535	1535			
g Askam, Railway Station ⇌	0810	1550	1550	1550	1550	1643	1635	1635
Ireleth, Paradise Cottages	0813	1553					1638	1638
Kirkby, Commercial Inn	0820	1602					1645	1645
Grizebeck, Mill Bridge	0825	1608					1650	1650
Foxfield, Railway Station ⇌	0832						1658	1658
Broughton, Market Square	0835						1704	1704
Thwaites Church							1717	
The Green							1719	
The Hill White Horse Inn							1722	
Millom, Market Square							1729	
Junction Road to Woodland	0842							
Torver, Church House Inn	0852							
Coniston, John Ruskin Sch	0900							

Sch  
Operates on  
School days  
only

Saturdays – NO SERVICE

Sundays and Public Holidays – NO SERVICE

## MONDAY TO FRIDAY excluding Public Holidays

	Sch	Sch	Sch	Sch	Sch	Sch	Sch	
Coniston, John Ruskin Sch							1541	
Torver, Church House Inn							1549	
Junction Road to Woodland							1559	
Millom, Market Square	0740						↓	
The Hill White Horse Inn	0745							
The Green	0748							
Thwaites Church	0750							
Broughton, Market Square	0803	0803					1606	
Foxfield, Railway Station ⇨	0806	0806					1609	
Grizebeck, Mill Bridge	0815	0815	0800				1616	
Kirkby, Commercial Inn	0820	0820	0805				1621	
Ireleth, Paradise Cottages	0827	0827	0815	0815			1628	
Askam, Railway Station ⇨	0820	0829	0829	0819	0825	0825	0825	1631
Dowdales School	▼	↓	↓	0829	0835	0835	0835	↓
Dalton Bank Corner	0829			0834				
Greystone Estate, Newton Inn	0835	↓	↓	0840				
Barrow 6th Form College	0842	0839	0839	0847				
Strawberry Hotel	0845	0844	0844	0849			1643	
Barrow, Town Hall	0852	0851	0851	0855			1651	
Furness College, Channelside	0857	0855	0855					

**Sch** Operates on School days only

**Saturdays – NO SERVICE**

**Sundays and Public Holidays – NO SERVICE**

Barrow • Millom via Dalton, Askam, Kirkby, Broughton

Barrow • Askam • Kirkby via Park Road & Dalton by-pass

7A  
X7

**MONDAY TO FRIDAY** excluding Bank Holidays

route number	X7	X7	X7	7A	X7	X7 F	X7	7A	X7	X7	X7 NSch
BAE Shipyard, Kings Gate						1235					
Barrow, Town Hall	0730	0940	1040	1100	1140		1240	1300	1340	1440	1540
Ramsden Square	0732	0942	1042	1102	1142		1242	1302	1342	1442	1542
Hollywood Park	0734	0944	1044	1104	1144		1244	1304	1344	1444	1544
Phoenix Road	0736	0946	1046	1106	1146		1246	1306	1346	1446	1546
Furness General Hospital				1113				1313			
Dalton, Tudor Square	↓	↓	↓	1118	↓	↓	↓	1318	↓	↓	↓
Jct A591/Dalton By-Pass	0745	0955	1055	1124	1155	1250	1255	1324	1355	1455	1555
∞ Furnace Place, Askam				1128				1328			
Turnstone Cresent, Askam				1131				1331			
Beech Street, Askam				1135				1335			
Duddon Road, Askam	↓	↓	↓	1139	↓	↓	↓	1339	↓	↓	↓
Askam, Railway Station ⇌	0750	1000	1100	▼	1200	1255	1300	▼	1400	1500	1600
Ireleth, Paradise Cottages	0754	1004	1104	1143	1204	1259	1304	1343	1404	1504	1604
Kirkby, Commercial Inn				1148		1304		1348		1509	1609
Broughton, Market Square				1159		▼		1359			
Millom, Market Square				1211		1330		1411			

**F** This journey operates on Fridays only

**NSch** Operates on School holidays only

Barrow • Millom via Dalton, Askam, Kirkby, Broughton  
 Barrow • Askam • Kirkby via Park Road & Dalton by-pass

7A  
X7

**MONDAY TO FRIDAY** excluding Bank Holidays

route number	X7 M-Th	7A	X7	X7 F	X7 F
Barrow, Town Hall	1555				
BAE Shipyard, Kings Gate	1605				
Barrow, Town Hall	↓	1705	1740	1900	2120
Ramsden Square		1707	1741	1901	2121
Hollywood Park		1709	1743	1903	2123
Phoenix Road		1711	1746		
Furness General Hospital		1718			
Dalton, Tudor Square	↓	1723	↓	↓	↓
Jct A591/Dalton By-Pass	1620	1729	1751	1911	2131
Furnace Place, Askam	↓	1733			
Turnstone Crescent, Askam	↓	1736			
Beech Street, Askam	↓	1740			
Duddon Road, Askam	↓	1744	↓	↓	↓
Askam, Railway Station ➡	1625	▼	1755	1915	2135
Ireleth, Paradise Cottages	1630	1748	1759	1919	2139
Kirkby, Commercial Inn	1635		1804	1924	2144
Broughton, Market Square				1937	2157
Duddon Bridge				1939	2159
The Green				1943	2203
The Hill, White Horse Inn	↓			1945	2205
Millom, Market Square	1655			1950	2210
Queens Park				1954	2214
Haverigg Harbour				1958	2218
Haverigg Prison				2002	2222

**M-Th** This journey operates on Mondays to Thursdays  
**F** Operates on Fridays only

SATURDAYS

Barrow, Town Hall	0800	0940	1000	1040	1140	1240	1340	1440	1515	1550	1705
Ramsden Square	0802	0942	1002	1042	1142	1242	1342	1442	1517	1552	1707
Hollywood Park	0804	0944	1004	1044	1144	1244	1344	1444	1519	1554	1709
Phoenix Road	0806	0946	1006	1046	1146	1246	1346	1446	1521	1556	1711
Jct A591/Dalton By-Pass	0815	0955	1015	1055	1155	1255	1355	1455	1530	1605	1720
Askam Railway Station ⇄	0820	1000	1020	1100	1200	1300	1400	1500	1535	1610	1725
Ireleth Paradise Cottages	0825	1005	1024	1105	1205	1305	1405	1505	1539	1615	1730
Kirkby Commercial Inn			1029					1510	1544	1620	
Broughton, Market Square			1041						1556		
Millom, Market Square			1055						1610		

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Barrow, Town Hall	1740	1900	2120	2325
Ramsden Square	1741	1901	2121	2326
Hollywood Park	1743	1903	2123	2328
Phoenix Road	1746	▼	▼	▼
Jct A591/Dalton By-Pass	1751	1911	2131	2336
Askam Railway Station ⇄	1755	1915	2135	2340
Ireleth Paradise Cottages	1759	1919	2139	2344
Kirkby Commercial Inn	1804	1924	2144	2348
Broughton, Market Square		1937	2157	0002
Millom, Market Square		1950	2210	0015
Queens Park		1954	2214	0017
Haverigg Harbour		1958	2218	0019
Haverigg Prison		2002	2222	0024


The evening service is operated with financial support from Cumbria County Council

Millom • Barrow via Broughton, Kirkby, Askam, Dalton

Millom • Broughton • Kirkby • Askam • Barrow via Park Road & Dalton by-pass

7A  
X7

**MONDAY TO FRIDAY** excluding Bank Holidays

route number	X7	X7	7A	X7	7A	X7	X7	7A	X7	X7	X7	X7
Millom, Market Square	0620				1000			1215				
Broughton, Market Square	▼				1012			1227				
Kirkby, Commercial Inn	0645		0900		1023			1238				1510
Ireleth, Paradise Cottages	0650	0755	0905	1005	1028	1105	1205	1243	1305	1405	1515	
Askam, Railway Station 	0655	0800	▼	1009	▼	1109	1209	▼	1309	1409	1519	
Duddon Road, Askam	↓	↓	0909	↓	1032	↓	↓	1247	↓	↓	↓	↓
Beech Street, Askam			0913	↓	1036	↓	↓	1251				
Turnstone Crescent, Askam			0917	↓	1040	↓	↓	1255				
Furnace Place, Askam	↓	↓	0920	↓	1043	↓	↓	1258	↓	↓	↓	↓
Jct A591/Dalton By-Pass	0700	0805	0924	1013	1047	1113	1213	1302	1313	1413	1523	
Dalton, Tudor Square			0930	↓	1053	↓	↓	1308				
Furness, General Hospital	↓	↓	0935	↓	1058	↓	↓	1313	↓	↓	↓	↓
Phoenix Road		0814	↓	1022	↓	1122	1222	↓	1322	1422	1532	
Hollywood Park		0816	↓	1024	↓	1124	1224	↓	1324	1424	1534	
Ramsden Square	↓	0818	0945	1026	1108	1126	1226	1323	1326	1426	1536	
BAE Shipyard	0715	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
Barrow Town Hall	0720	0820	0947	1028	1110	1128	1228	1325	1328	1428	1538	

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**NSch** This journeys operates during School Holidays

**MONDAY TO FRIDAY** excluding Bank Holidays

	NSch			F	F
Haverigg Prison				2003	2223
Haverigg Harbour				2007	2227
Queens Park				2011	2231
Millom, Market Square		1700		2015	2235
The Hill, White Horse Inn				2019	2238
The Green				2021	2240
Duddon Bridge		↓		2025	2244
Broughton, Market Square		1712		2029	2247
Kirkby, Commercial Inn	1610	1723	1805	2042	2258
Ireleth, Paradise Cottages	1615	1728	1810	2047	2303
Askam, Railway Station ⇄	1619	1732	1814	2051	2307
Jct A591/Dalton By-Pass	1623	1736	1818	2055	2311
Phoenix Road	1632	1745	▼	▼	▼
Hollywood Park	1634	1747	1827	2104	2320
Ramsden Square	1636	1749	1829	2105	2322
Barrow Town Hall	1638	1751	1833	2106	2323

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**F** Operates on Fridays only  
**NSch** This journey only operates during School Holidays

## SATURDAYS

Millom, Market Square					1100						1615
Broughton, Market Square					1112						1627
Kirkby, Commercial Inn	0900				1123			1510	1620	1638	
Ireleth, Paradise Cottages	0825	0905	1005	1105	1128	1205	1305	1405	1515	1625	1643
Askam Railway Station ⇄	0829	0909	1009	1109	1132	1209	1309	1409	1519	1629	1647
Jct A591/Dalton By-Pass	0833	0913	1013	1113	1136	1213	1313	1413	1523	1633	1651
Phoenix Road	0842	0922	1022	1122	1145	1222	1322	1422	1532	1642	1700
Hollywood Park	0844	0924	1024	1124	1147	1224	1324	1424	1534	1644	1702
Ramsden Square	0846	0926	1026	1126	1149	1226	1326	1426	1536	1646	1704
Barrow, Town Hall	0848	0928	1028	1128	1151	1228	1328	1428	1538	1648	1706

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Haverigg Prison	2003	2223	0024	
Haverigg Harbour	2007	2227	0028	
Queens Park	2011	2231	0032	
Millom, Market Square	2015	2235	0036	
Broughton, Market Square	2029	2247	▼	
Kirkby, Commercial Inn	1805	2042	2258	0056
Ireleth, Paradise Cottages	1810	2047	2303	0101
Askam Railway Station ⇄	1814	2051	2307	0105
Jct A591/Dalton By-Pass	1818	2055	2311	0109
Hollywood Park	1827	2104	2320	0117
Ramsden Square	1829	2105	2322	0119
Barrow, Town Hall	1833	2106	2323	0120

The evening service is operated with financial support from Cumbria County Council

## Barrow • Millom via Park Road and Dalton-by-Pass

X7

### SUNDAYS AND PUBLIC HOLIDAYS

Phoenix Road, Call Centre			1515	
Barrow, Town Hall	1020	1220	1520	1720
Ramsden Square	1022	1222	1522	1722
Coronation Gardens	1024	1224	1524	1724
Strawberry Hotel	1027	1227	1527	1727
Furness Hospital	1029	1229	1529	1729
Jct. A591/Dalton By-pass	1034	1234	1534	1734
Askam Railway Station ➔	1038	1238	1538	1738
Ireleth, Paradise Cottages	1042	1242	1542	1742
Kirkby, Commercial Inn	1047	1247	1547	1747
Broughton, Market Square	1100	1300	1600	1800
Millom, Market Square	1113	1313	1613	1813

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## Millom • Barrow via Dalton-by-Pass and Park Road

X7

### SUNDAYS AND PUBLIC HOLIDAYS

Millom, Market Square	1120	1320	1620	1820
Broughton, Market Square	1134	1334	1634	1834
Burlington School	1147	1347	1647	1847
Ireleth, Paradise Cottages	1152	1352	1652	1852
Askam in Furness, Rail Station ➔	1156	1356	1656	1856
Jct. A591/Dalton By-pass	1200	1400	1700	1900
Phoenix Road, Call Centre	1207	1407	1707	1907
Hollywood Park	1210	1410	1710	1910
Barrow, Town Hall	1212	1412	1712	1912
Furness Hospital			1419	