#### Public Health 5-19 Service. 04/2018

### **Prevention**

# **Early Intervention**

## **Targeted Support**

#### Whole School Approach

- Health & Wellbeing Review has been completed with the Public Health 5-19 Service and a Health & Wellbeing Plan has been developed.
- Spiralling curriculum in place across all year groups which is clearly planned and includes teaching about looking after your health, importance of health professionals and how they can help, common health conditions, medicine safety an looking after others
- <u>Policies</u> in place which includes clear expectations for staff, pupil and parents on managing and safeguarding children with health condition.
- Designated staff and governor lead for the management of health conditions
- Engagement with parents, carers and relevant professionals in policy development.
- Effective procedures in place to develop Individual Health Care Plan (IHCP)
- Children known to have a health diagnosis are identifiable on the school database system and have their IHCP attached.
- All medication are stored and administered in line with policy
- Staff have regular updates and training on health conditions in schools
- Teaching of common health conditions as well as discussion in form time or assemblies to help other children understand conditions that may affect their family or peers
- Wider community involvement with local charitable groups or health professionals
- IHCP's are reviewed with parent/carer annually or when new concerns or problems occur.

#### Indicators for concern

- Diagnosed health condition which impacts on school attainment and enjoyment
- Often complains of tummy ache, headache or feeling unwell
- Very thin or losing more weight
- Overweight or gaining more weight
- Looks pale or flushed
- Tired, lacking in energy, falling asleep.
- Frequent colds, red or watery eyes
- Eating more or less than usual
- Excessive thirst, frequent use of toilet,
- Change in behaviour
- Struggling with school work
- Increasingly late or absent from school <80%

#### **Escalation of concern**

- Extreme tiredness and lethargy. Falling asleep in school
- Stained teeth, cracked lips, red or bleeding gums
- Constant coughing or breathlessness
- Significant weight loss or gain
- Poor mobility
- Changes in appetite; not eating, over eating, excessive thirst
- Frequent use of toilet, soiling or incontinence
- Unable to engage fully with school activities due ill health
- Falling behind with school work
- Missing or late in school every week. <60% attendance</li>
- Parents not sharing supportive information or engaging with school support or IHCP
- Parent not addressing the health or development problem despite encouragement from school
- Medication for the child not always available or instructions for use unclear

• All concerns, incidents and actions recorded on school database

- Discuss with parent what health is like at home and what support is given at home to promote positive health, development and independence
- Advice parent to speak to their GP or Specialist regarding concerns.
- Meet with parent to complete <u>Individual Health Care Plan</u>. This should include the most effective strategies used at home and school
- If GP or another health professional is involved in the child's care ask parent to take IHCP to next appointment to be checked by their specialist health professional
- Discuss with <u>Early Help Officer</u>

Advice parent to request emergency GP appointment

Meet with parents to review IHCP and ensure copy is updated after GP visit

Discuss with
Early Help Officer
or the HUB

Early Help
Assessment
With consent from

parent/child where appropriate complete an EHA

Invite parent/child and relevant health professional or agency to the initial TAC meeting.

DE Early Help Panel
With consent to discuss if progress is slow or

stuck

External support & Links

CCC - Early Help

Cumbria Local Safeguarding Children Board (LSCB)

Child's GP NHS GO APP

### Provide advice and support

Information and website addresses to be given to parent/child

Public Health 5-19 Service - Contact to arrange a Health & Wellbeing Review and plan

Public health Nurses are able to provide support to address the health needs of children aged 5-19 years and signpost to appropriate service or resources. http://www.cumbria.gov.uk/ph5to19/

IF CHILD IS ASSESSED TO BE AT IMMEDIATE OR SIGNIFICANT RISK OF HARM REFER TO SAFEGUARDING POLICY OR CONTACT SAFEGUARDING HUB TELEPHONE: 0333 240 1727