Public Health 5-19 Service. 07/2018

Prevention Early Intervention

Whole School Approach

- Health & Wellbeing Review has been completed with the Public Health 5-19 Service and a Health & Wellbeing Plan has been developed.
- Spiralling curriculum in place across all year groups which is clearly planned and includes teaching about looking after your health, importance of health professionals and how they can help, common health conditions, medicine safety and looking after others
- A continence/toileting or General <u>health</u> conditions policy is in place and includes the management of continence in school.
- Effective procedures are in place to develop Individual Health Care Plan (IHCP) as required
- All staff are aware and know how to access the policy.
- Engagement with parents, carers and relevant professionals in policy development.
- Children identified with continence problems are identifiable on the school IT system and have a IHCP attached where appropriate.
- IHCP's are reviewed with parent annually or when significant changes in the child's needs are identified by school or parent.

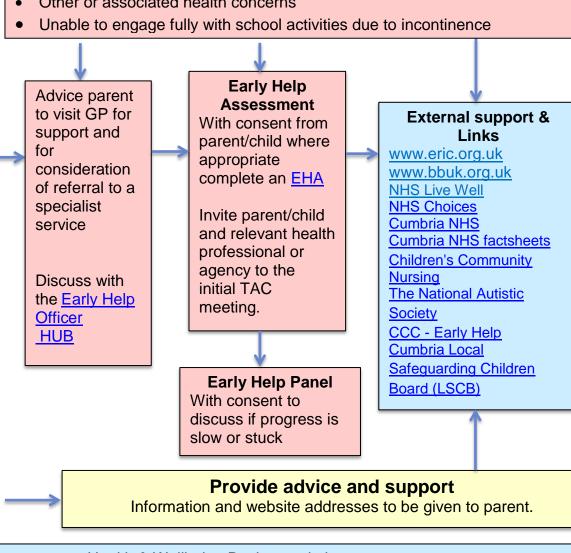
Indicators for concern

- Attends school in nappies or pull ups
- Not fully toilet trained when starting school
- Unable to use toilet independently.
- Showing no awareness of needing the toilet
- Toilet phobia
- Incontinent in school once a week.
- Soiled or wet underwear noted by teacher
- There is a diagnosed health condition causing delayed continence
- Day or night time Incontinence is affecting school attendance < 80%
- All concerns, incidents and actions recorded on school database
- Discuss with child and parent what they think is causing the issues. Consider:
 - Eating enough fibre, fruit & veg
 - Drinking enough water
 - Anxiety, stress. Are there any changes at home?
 - Is there a medical, developmental cause
 - Are they too busy to stop and use the toilet?
- Discuss with parent what continence is like at home and what support is given at home to develop continence. These strategies could be incorporated into an Individual Health Care Plan (IHCP) (see plan at www. Public health)
- If GP or another health professional involved in child's care ask parent to take IHCP to next appointment to be checked by health professional
- Review health care plan with parent every 6 weeks or when changes in the child's needs are identified
- Discuss with Early Help Officer
- Refer to MHWB and Health Conditions pathways
- Refer to Emotional & mental wellbeing support guide for professionals

Escalation of concern

Targeted Support

- Having accidents at school every day
- Soiled or wet underwear every day
- Hiding or not disclosing accidents
- Smells of urine or faeces
- Persistent night time incontinence beyond 5 years old
- Parents not sharing supportive information or engaging with school support or IHCP
- Parent not addressing the health or development problem despite encouragement from school
- Missing or late in school every week. <60%
- Failing or falling behind academically.
- Other or associated health concerns



Public Health 5-19 Service - Contact to arrange a Health & Wellbeing Review and plan

Public health Nurses are able to provide support to address the health needs of children aged 5-19 years and signpost to appropriate service or resources. http://www.cumbria.gov.uk/ph5to19/

IF CHILD IS ASSESSED TO BE AT IMMEDIATE OR SIGNIFICANT RISK OF HARM REFER TO SAFEGUARDING POLICY OR CONTACT **SAFEGUARDING HUB TELEPHONE: 0333 240 1727**