PUPIL PACKED LUNCH SURVEY

Does the lunch contain any of the following starchy foods?	Bread Pasta Rice Other
Does the lunch contain any fruits or vegetables?	Yes
Does the lunch contain a source of protein?	Ham Chicken Beef Egg Beans Lentil Pork Other
Does the lunch contain a source of calcium?	Cheese
Does the lunch contain a snack for example; chocolate, crisps, cereal bars, cake and biscuits?	Yes No Please list what snack
What type of drink is included with the lunch?	Sweetened drink e.g. fizzy, fruit juice or squash Unsweetened drink e.g. water or milk Description of the drink
Describe any other products in the lunch box for example; Dairylea Lunchables	



