In the Know

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Throughout this bulletin we have tried to highlight resources that might provide evidence for those of you working through the Practice Development Records. We have used the key below to indicate which of the domains we feel each section of ‘In the Know’ might help you with. However, you may well find that any of the sections might provide information to support you with any of the domains:

- **P** Professionalism
- **VE** Values and Ethics
- **D** Diversity
- **RJ** Rights, Justice and Economic Wellbeing
- **K** Knowledge
- **CR** Critical Reflection and Analysis
- **IS** Intervention and Skills
- **CO** Contexts and Organisations
- **PL** Professional Leadership

If you have any comments or suggestions about In the Know, or what you would like to see included, then please email these to knowledge.management@cumbria.gov.uk
Your Information

EASI documents (External)

Our EASI (Essential and Supporting Information) process aims to identify external documents relevant to our work. Everything picked up in the last fortnight appears in this section of In the Know. To access a full list of all EASI documents identified since 1st April follow the link below.

Click here for the Register of EASI Documents

Care Provision

E10996 Adult Social Care: Quality Matters

Outline: The Quality Matters initiative is co-led by partners from across the adult social care sector. Adult Social Care: Quality Matters sets out a single view of quality and a commitment to improvement.

It has been developed so that:

1. The public – people who use services, families and carers – know what high-quality care looks like and what they have the right to expect.

2. Staff working within adult social care understand what high-quality care looks like and how they can contribute to delivering it.

3. Providers of adult social care share a clear vision and commitment to providing high-quality care.

4. Commissioners and funders of adult social care support the commissioning of high-quality care and high-quality integrated care.

5. National bodies (including regulators and improvement agencies) support integrated working across the system to champion high-quality care.

The summary action plan sets out 6 priority areas to make progress on improving quality in the first year.

An easy read version of the Quality Matters report is available here

Source: Department of Health and Care Quality Commission

Web Link:
E11001 The State Of Adult Social Care Services 2014 To 2017: Findings From CQC’s Initial Programme Of Comprehensive Inspections In Adult Social Care

Outline: This report presents the findings from CQC’s programme of adult social care inspections.

The report finds that while the majority of adult social care services are of a high quality and many are improving, too many people across England are receiving care in care homes and in their own home that is not good enough.

The report concludes that, without a proper recognition of the importance of adult social care and a renewed commitment to quality, the numbers of people affected by poor care could increase and have a profound impact on their lives.

CQC publications

Source: Care Quality Commission (CQC)


E11006 Map Of Service Ratings Across England

Outline: CQC has published a map showing ratings for hospitals, GP practices and care homes across England. Users can use this map to search for services in their area, compare ratings and read inspection reports.

Source: Care Quality Commission (CQC)


E11003 Changing Together: Brokering Constructive Conversations

Outline: This report presents the findings from a research study which explores how we can better broker constructive conversations. This means having in-depth dialogues between people who commission and provide services and patients, service users and the public to tackle the most difficult issues associated with the implementation of new models of care.

The research was undertaken by the SCIE, working in partnership with PPL and the Institute for Government; and funded by the Health Foundation’s Policy Challenge Fund.

Source: SCIE

Web Link: http://www.scie.org.uk/future-of-care/changing-together/?utm_campaign=8365171_SCIE%20e%20bulletin%2016%20June%202017&utm_medium=email&utm_source=SCIE&utm_sfid=003G000002VktKtIAJ&utm_role=&dm_i=4O5,4ZALV,BI8HYV,IYAXR,1

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E11007 What Does The Care Act’s Wellbeing Principle Mean In Practice?
Outline: In this article from Community Care, Alex Rook, partner, Irwin Mitchell LLP, profiles a case that highlights the Care Act's wellbeing principle.
Source: Community Care

E11026 What Care Homes Don’t Tell You – Families Face Unexpected Bills
Outline: Thousands of older people and their families could potentially be hit with unexpected bills and find themselves tied into unfair contracts according to an analysis by Which?.

Which? has analysed 100 care home websites and has found that 86 provided no pricing information, 91 offered no detail on any charges made in addition to room rates, and only three care home providers made their terms and conditions available online.

Which? evidence also indicates that care home providers could be breaching consumer protection laws with unfair terms and conditions, following a review of sample contracts and case studies shared with Which?. Potentially unfair terms included demanding that relatives take on joint legal liability for care home fees, the ability of a care home to terminate the contract within 24 hours for undefined ‘detrimental behaviour’ and asking bereaved families to pay for their loved one’s room and care for up to a month after their death.

Which? has also found that – despite it being a legal requirement to conspicuously display their Care Quality Commission (CQC) rating – 27% of the English care homes either completely failed to display their CQC (regulator) rating online or did so poorly, in some cases making it almost impossible to find.

Which? is calling on the Competition and Markets Authority (CMA) to deliver reforms that significantly improve people’s experiences of care homes. Which? says the CMA should use its Care Homes Market Study to issue guidance on the information that care homes must provide, to make it easier for people to complain when they have a problem, and to expand the scope of its consumer protection case if it finds further evidence of breaches of consumer law.

Source: Which?
Carers

**E11014 State Of Caring 2017**

**Outline:** According to research by Carers UK, 4 in 10 (40%) of unpaid carers have not had a break in over one year, whilst one in four (25%) had not received a single day away from caring in five years.

The report, *State of Caring 2017*, found that carers most frequently listed access to breaks as one of three factors which could make a difference in their lives (42%). Respondents explained their own personal reasons for needing a break, listing diverse benefits ranging from the opportunity to spend time with partners and children to being able to see a doctor for their own health conditions. Yet few are able to take regular breaks, with only 16% of carers currently buying or receiving a break from caring in the form of services such as respite or alternative care provisions. The research revealed that carers who had not had a break in a year or more reported a deterioration in their health, both mentally (73%) and physically (65%).

Carers named a number of barriers preventing them from taking a break:

1. **Cost**
   Paying for or contributing towards the cost of a break (31%).

2. **Care concerns**
   Person cared for is unwilling to accept support from others (31%),
   - support not on offer (27%), or
   - low confidence in quality of care (19%).

3. **Lack of awareness**
   Carers would not know how to request a break (16%).

The research also charts a growing anxiety around the level of support that will be available against a backdrop of cuts to adult social care services.

**Source:** Carers UK

**Web Link:** [http://www.carersuk.org/for-professionals/policy/policy-library?task=download&file=policy_file&id=6096](http://www.carersuk.org/for-professionals/policy/policy-library?task=download&file=policy_file&id=6096)

**Commissioning**

**E11010 Birmingham City Council: Case Study**

**Outline:** A case study on reshaping the market for extra care sheltered housing and supported living. Birmingham City Council is aiming to get providers thinking about developing larger scale supported living arrangements/environments on a core-and-cluster model. The council has invested in developing good relationships with supported housing providers which have resulted in progressive conversations about meeting needs differently.

**Source:** Local Government Association (LGA)

**Web Link:** [https://www.local.gov.uk/sites/default/files/documents/1.60%20-%20CHIP%20Birmingham%20casestudy_05.pdf](https://www.local.gov.uk/sites/default/files/documents/1.60%20-%20CHIP%20Birmingham%20casestudy_05.pdf)
### E11018 New Drive To Improve Social Care Complaints Handling

**Outline:** As part of the new ‘Quality Matters’ initiative, Healthwatch have launched a social care complaints toolkit to help councils, care staff and services work together to improve local complaints handling.

The toolkit uses existing work from across the Healthwatch network to outline ways to:

- Build an understanding of how communities currently see the complaints process to inform where improvement is required.

- Ensure there is a ‘no wrong door’ approach applied when signposting complaints, meaning that whoever a member of the public speaks to when making a complaint, that organisations ensure it reaches the right place.

- Facilitate the regular sharing of information about complaints between local partners to ensure collective learning.

- Convene local complaints forums to bring together complaints managers with Healthwatch teams to review how cases have been handled and provide feedback on the process.

- Help commissioners to seek additional feedback from people about their experiences of services where concerns have been raised.

Healthwatch [news](http://www.healthwatch.co.uk/resource/local-complaints-systems-how-well-are-they-working%20)

**Source:** Healthwatch

**Web Link:** [http://www.healthwatch.co.uk/resource/local-complaints-systems-how-well-are-they-working%20](http://www.healthwatch.co.uk/resource/local-complaints-systems-how-well-are-they-working%20)
E10997 Your Data: Better Security, Better Choice, Better Care

Outline: This document sets out the government’s response to the National Data Guardian’s Review on Data Security, Consent and Opt-Outs, and the Care Quality Commission’s Review Safe Data, Safe Care. It sets out that the government accepts the recommendations in both the National Data Guardian review and the Care Quality Commission review.

The document announces that, to strengthen the safeguarding of information, the National Data Guardian’s position will be put on a statutory footing and stronger sanctions will be introduced by May 2018 to protect anonymised data, including severe penalties for negligent or deliberate re-identification of individuals.

News Story: Government Responds On Cyber Security And Data. Plans to strengthen NHS and social care organisations against cyber attacks and protect patient data

Original consultation

Source: Department of Health (DH)

E10998 National Data Guardian (NDG) Statement On Government Response To The NDG Review


Last year Dame Fiona published a Review of Data Security, Consent and Opt-Out, which proposed measures to strengthen the security of health and care information and help people make informed choices about how their data is used.

In the review, the NDG argued that the public should be engaged about how their information is used and safeguarded and the benefits of data sharing, with a wide-ranging consultation on her proposals as a first step. On the day the report was published, the government launched a public consultation on her recommendations, the proposed new data security standards and proposed national opt-out. The government has now published its response.

Responding to the government’s response Dame Fiona Caldicott, said:

“I welcome the government response to the review that I published last year and am very pleased that my recommendations on data security, and on giving people choice about how their health and care data is used, have been accepted.”

The document Review of Data Security, Consent and Opt-Outs has been updated with information about the government’s response to the consultation and reviews.

Source: National Data Guardian
Dementia

E11030 Chair-Based Gymnastics Has Significant Benefits For Dementia Patients - Age UK Research

Outline: Age UK research, conducted on behalf of the British Gymnastics Foundation, has shown how chair-based gymnastic exercise can transform the wellbeing of people living with dementia.

The British Gymnastics Foundation created the Love to Move programme to improve the lives of people living with dementia. It is based on successful state-funded programmes in Korea and Japan. Age UK says what makes the programme unique is its use of chair-based ‘bilaterally asymmetrical exercises’, in which participants draw patterns from the left to right of their body.

Age UK say care home staff reported noticeable positive improvements in the majority of patients who participated. According to the research conducted by Age UK for the British Gymnastics Foundation:

- 71% are reported to have had noticeable physical improvements;
- 86% are reported to be socialising with other residents and staff better;
- 93% of participants are reported to be happier and more settled; and
- all participants are reported as easier to connect with.

Some of the other improvements reported in patients were:

- being able to use their hands again to feed themselves;
- being more able to socialise with friends and family; and
- some are being taken off medication for hypertension, depression and sleeping difficulties.

Research report
Age & Dementia Friendly Gymnastics Programme: An Evaluation Of The British Gymnastics Foundation Pilot

British Gymnastics Foundation website

Source: Age UK

Web Link: http://web2.ageuk.org.uk/latest-news/chair-based-gymnastics-has-significant-benefits-for-dementia-patients---age-uk-research/
E11005 CQC Writes To Care Homes, Hospices And Independent Hospitals To Encourage Them To Review Their Fire Safety Checks

Outline: Sir David Behan, Chief Executive of CQC, has written to providers of care homes, hospices and independent hospitals as well as their representative bodies, to encourage them to review their fire safety arrangements to ensure they are up to date, understood and applied consistently.

Source: Care Quality Commission (CQC)


E11004 Care Home Company Fined After Death Of Elderly Resident

Outline: A care home company has been fined almost half a million pounds after an elderly resident fell from her first floor window and died.

Guildford Crown Court heard that the 87-year-old was staying at the Coppice Lea Nursing home in Surrey, owned and managed by Caring Homes Healthcare Group Limited. In the early hours of 3 October 2013, the woman fell about four metres through her window. She was reported missing at 1 am and found two hours later. She was pronounced dead at the scene.

Source: Health and Safety Executive (HSE)


Housing

E11033 The Social Value Of Sheltered Housing

Outline: This paper provides a review of the existing evidence regarding the impact of sheltered housing, and then draws on this to make some initial estimates as to the cost savings it can achieve in a range of fields.

It identifies the savings to NHS and emergency and social care services from sheltered housing as at least:

- £300m per year from reduced length of in-patient hospital stays.
- £12.7m per year from fall prevention by residents of sheltered housing.
- £156.3m per year from prevention of falls which result in hip fractures.
- £17.8m per year from reduced loneliness experienced by residents.

Source: Demos projects

**E11024 Putting Older People First In The North West**

**Outline:** This paper from the Housing LIN’s North West Leadership Set provides a blueprint for meeting the housing with care needs of the ever-rising numbers of older people in the region.

It reports that by 2030 the numbers of people aged over 65 across the North West will be 31% higher than in 2015. The rise in the numbers of very old people – those aged over 90 – and those living with dementia is even more dramatic.

The document also sets out the national policy context, the care sector workforce challenge and the evidence that integration of specialist housing and the use of technology enabled care facilitates independent living and can reduce demand for health and social care services.

The second part of the document includes case studies that show how organisations in the region are already working together to provide older people with high-quality housing and at home care and support services that improves their health and wellbeing.

**Source:** Housing LIN

**Web Link:** [https://www.housinglin.org.uk/_assets/Resources/Housing/Support_materials/Reports/NWHLIN_Putting_Older_People_First_Vision.pdf](https://www.housinglin.org.uk/_assets/Resources/Housing/Support_materials/Reports/NWHLIN_Putting_Older_People_First_Vision.pdf)

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**Integration**

**E11017 Rebooting Health And Social Care Integration: An Agenda For More Person Centred Care**

**Outline:** This report finds that the health and social care integration agenda has a future but it is dependent on moving away from notions of structural integration and reliance on central policy direction. It says the issue of funding and financial sustainability is critical but can only be influenced locally. The report suggests that health and social care integration can create new value locally, but it must build on its most important point of consensus; greater person centred care.

**Source:** Localis publications

E11008 STP Survey Of Councillors: Full Report Of Findings

Outline: This document reports key findings from a survey of councillors carried out by the Local Government Association (LGA) between 6 April and 11 May 2017. The survey sought to establish a clear national picture of local councillors’ views and experiences of their local Sustainability and Transformation Partnership (STP).

Key findings of the LGA survey included:

- While more than 90 per cent of responding councillors know about STPs, just 21 per cent said they had felt sufficiently engaged in their STPs.

- Under 25 per cent of responding councillors are confident that their STP will deliver on its objectives or bring benefits to their local communities.

- Not a single respondent had reported that their full council had been “very engaged” in their STP.

The LGA is calling for the NHS to act now to involve councillors as equal partners in STPs. It says that STPs should be more democratically accountable through local health and wellbeing boards, which should also be given a legal duty to sign off the plans.

STP Survey Of Councillors: Research Report

STP Member Survey

LGA news

Source: Local Government Association (LGA)

E11027 Sustainability And Transformation Plans: Five Key Questions For Planners

Outline: This analysis identifies five key questions to ask of each of England’s 44 ‘Sustainability and Transformation Plans’ (STP). Each STP has been produced by a local Sustainability and Transformation Partnership formed with the task of transforming the provision of NHS services in a given area, as part of efforts to close the NHS’s unprecedented ‘funding gap’

This paper says most STPs involve reducing the growth in hospital bed numbers, or even closing beds, and increasing the number of staff working in non-hospital or community settings; changing the numbers and skill sets of NHS staff; changing the way non-emergency care is accessed; and relying on prevention and self-care to reduce the need for hospital beds.

This paper aims to set out a framework for assessing their potential impacts based upon the following questions:

1. Will there be enough staff with the right skills?
2. Will there be enough beds?
3. Will there be good access to non-emergency (elective) care?
4. Will NHS care still be good quality care?
5. Will NHS care be effectively complemented by social care and public health measures?

Centre for Health and the Public Interest publications

Source: Centre for Health and the Public Interest (CHPI)


Learning Disability

E11015 Learning Disabilities (Review Of Services) Bill

Outline: This private members' bill proposes a public consultation to review the provision of comprehensive and integrated services for adults with learning disabilities. It has gone through the first reading in the House of Lords and is awaiting the second reading and debate.

Further information

Source: House of Lords

### Mental Capacity

**E11035 Mental Capacity Report - July 2017**

**Outline:** Highlights this month include:

In the *Health, Welfare and Deprivation of Liberty Report*: important decisions grappling with the meaning of best interests in the contexts of religious practices and delusional beliefs, and (finally) detailed statistics about s.21A/Re X cases.

In the *Property and Affairs Report*: a new approach to severance and gifts.

In the *Practice and Procedure Report*: changes to – and extension of the scope of – the Transparency Pilot and comments sought on a mediation pilot project.

In the *Wider Context Report*: post-PJ problems, problems with care homes and capacity assessments and are moves really under way to change mental health laws?

**Source:** 39 Essex Chambers  

### Mental Health

**E11012 Being Mindful Of Mental Health: The Role Of Local Government In Mental Health And Wellbeing**

**Outline:** This report explores how councils influence the mental wellbeing of communities and how council services, from social care to parks to open spaces to education to housing, help to make up the fabric of mental health support for the people in their communities.

**Source:** Local Government Association (LGA)  
**Web Link:** [https://www.local.gov.uk/sites/default/files/documents/22.6_Being%20mindful%20of%20mental%20health_08_revised_web.pdf](https://www.local.gov.uk/sites/default/files/documents/22.6_Being%20mindful%20of%20mental%20health_08_revised_web.pdf)

**E11031 Mental Health In Prisons**

**Outline:** This report looks at the provision of mental healthcare in prison, and efforts to maintain prisoner well-being. It also considers routes out of prison, including continuity of care into the community and transfer to secure hospital.

The report says the Government does not know how many people in prison have a mental illness, how much it is spending on mental health in prisons or whether it is achieving its objectives. It is therefore hard to see how Government can be achieving value for money in its efforts to improve the mental health and well being of prisoners. In 2016 there were 40,161 incidents of self-harm in prisons and 120 self-inflicted deaths.

Further information and associated documents can be found [here](https://www.nao.org.uk/wp-content/uploads/2017/06/Mental-health-in-prisons.pdf)

**Source:** National Audit Office (NAO)  
Occupational Therapy

E11019 Living, Not Existing: Putting Prevention At The Heart Of Care For Older People In England

Outline: In its report: Living Not Existing: Putting Prevention at the Heart of care for older people, the Royal College of Occupational Therapists seeks to show how doing the right thing for individuals can actually reduce their need for expensive care long-term.

It calls for an end to the inequality of access to occupational therapy which is a barrier to people in need receiving high quality, person centred care that enables people to stay as active, independent and safe as possible. Its publication is accompanied by a film showing the reality of being dependent on social care faced by many older and vulnerable people.

The report makes three recommendations:

1. An end to the inequality of access to occupational therapy. There are pockets of best practice but too many people miss out on high quality proactive social care that promotes independence and self-determination.

2. More occupational therapists employed within primary care proactively helping older people adapt to aging, increasing frailty and health problems. This can delay, reduce or prevent the need for expensive care and support.

3. Occupational therapists to be employed to lead on the development of person and community centred services that care for older people’s overall health and wellbeing to ensure they can live active independent lives in their communities for as long as possible.

Royal College of Occupational Therapists news

Source: Royal College of Occupational Therapists


Older Adults

E11002 Person-Centred Care

Outline: SCIE has launched a new planning tool and four films which help managers, and owners of care homes for older people, to explore what person-centred care means for residential settings.

Improving Personalisation In Care Homes: Planning Tool

Source: Social Care Institute for Excellence (SCIE)

Web Link: http://www.scie.org.uk/person-centred-care/?utm_campaign=8365171_SCIE%20e%20bulletin%202016%20June%202017&utm_medium=email&utm_source=SCIE&utm_sfid=003G000002VktKtAJ&utm_role=&dm_i=4O5,4ZALV,BI8HYV,IYAXR,1
**E11028 Advancing Care: Research With Care Homes**

**Outline:** This review provides an overview of recent NIHR research on improving the health and care of care home residents. It highlights current research taking place now and explores new approaches being developed in this important area.

The review reports on three themes relating to the care of older people in care homes: Living well – maintaining good health and quality of life, ageing well – managing long term conditions associated with ageing, and dying well – ensuring a good quality end of life.

It features:

- 23 published studies,
- 21 ongoing studies,
- quotes from care home owners, managers, staff and researchers, and
- where next for care home research?

National Institute for Health Research [news](http://www.dc.nih.ac.uk/themed-reviews/advancing-care-themed-review.pdf)

**Source:** National Institute for Health Research (NIHR)

**Web Link:** [http://www.dc.nih.ac.uk/themed-reviews/advancing-care-themed-review.pdf](http://www.dc.nih.ac.uk/themed-reviews/advancing-care-themed-review.pdf)

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**Physical Disability**

**E11034 Housing Guide For People With Sight Loss**

**Outline:** This online guide, by sight loss charity Thomas Pocklington Trust, provides information and advice for visually impaired people who are looking for a new home, seeking to live independently for the first time or experiencing problems in their current accommodation.

Thomas Pocklington Trust [news](http://www.pocklington-trust.org.uk/guide-finding-home-visually-impaired-people1/)

**Source:** Thomas Pocklington Trust (TPT)

### Safeguarding

**E11029 What Do I Need To Know About Safeguarding Adults? Key Questions For Workers In Adult Social Care**

**Outline:** Skills for Care has launched pocket sized key cards to support learning and development around adult safeguarding.

Workers can complete the cards as part of induction, ongoing learning and development or team meetings, and there's a supporting guide to go with it.

Skills for Care [news](http://www.skillsforcare.org.uk/Documents/Topics/Safeguarding/What-do-I-need-to-know-about-adult-safeguarding.pdf)

**Source:** Skills For Care


### Workforce

**E11025 UK Social Workers: Working Conditions And Wellbeing**

**Outline:** This research was conducted as an independent study into social worker wellbeing. The study was carried out by Dr Jermaine Ravalier, Bath Spa University and is supported by the Social Workers Union and the British Association of Social Workers.

The research revealed that social workers in the UK are working £644,736,000 worth of unpaid overtime every year. The study showed that as many as 92% of the 100,000 registered social workers in England, Ireland, Wales and Scotland are working an average of 10 hours of unpaid overtime every week. This equates to approximately 480 hours every year, or 64 days, per person. As a result, over 50% of current social workers are considering leaving the profession within the next 18 months due to the stress of too many demands on their time.

British Association of Social Workers (BASW) [news](http://cdn.basw.co.uk/upload/basw_110738-9.pdf)

Community Care article: [Social workers working through illness to keep up with caseloads](http://cdn.basw.co.uk/upload/basw_110738-9.pdf)

**Source:** Dr Jermaine M Ravalier, Bath Spa University

**Web Link:** [http://cdn.basw.co.uk/upload/basw_110738-9.pdf](http://cdn.basw.co.uk/upload/basw_110738-9.pdf)

### Other Information

**E11032 Claiming Travel Costs As A Public Authority Or Third Sector Deputy**

**Outline:** Guidance for public authorities and third sector deputies on claiming fixed amounts for travel costs. The practice note explains the Office of the Public Guardian’s interpretation of the Court of Protection’s practice direction on fixed costs, including: what travel costs cover, and how to calculate travel costs.

**Source:** Office of the Public Guardian

Public Health

**E11000 Health Profile For England**

**Outline:** This report focuses on the question 'are we living longer, and are the extra years spent in good or bad health?'.

It summarises and interprets current trends in health outcomes in England, in particular:

- life expectancy,
- health life expectancy,
- morbidity, and
- mortality.

It explores the impact of risk factors on these health outcomes and considers how England compares with other developed countries. It summarises inequalities in outcomes and the impact of the social determinants of health.

The 7 chapters can be read alone or as a series:

- Chapter 1: Life Expectancy And Healthy Life Expectancy
- Chapter 2: Major Causes Of Death And How They Have Changed
- Chapter 3: Trends In Morbidity And Behavioural Risk Factors
- Chapter 4: European Comparisons
- Chapter 5: Inequality In Health
- Chapter 6: Social Determinants Of Health
- Chapter 7: Current And Emerging Health Protection Issues

The report includes trends in measures that are not part of the Public Health Outcomes Framework or PHE’s priorities.

Press release: [State Of The Nation’s Health Revealed In Landmark Report From PHE](https://www.gov.uk/government/publications/health-profile-for-england)

**Source:** Public Health England (PHE)

**Web Link:** [https://www.gov.uk/government/publications/health-profile-for-england](https://www.gov.uk/government/publications/health-profile-for-england)
E10999 Public Health Outcomes Framework: Health Equity Report

Outline: This report presents analysis and commentary on inequalities for 18 indicators from the Public Health Outcomes Framework (PHOF). Public Health England is using the PHOF indicators to monitor progress to reduce health inequalities in England.

This report:

- brings together recent data and provides an indication of trends where possible;
- supports understanding of inequalities in health for different populations in England; and
- is designed to help health and social care organisations address inequalities in health outcomes for different populations in England

Health Equity In England: Data Pack

Source: Public Health England (PHE)


E11022 Falls And Fracture Consensus Statement: Resource Pack

Outline: This resource pack has been added to the Falls and fractures guidance. These documents outline approaches to interventions and activities helping prevent falls and fractures to improve health outcomes for older people.

Falls And Fracture Consensus Statement Supporting Commissioning For Prevention

Source: Public Health England (PHE)


**Outline:** This report summarises the emerging evidence from the UK on the issue of child sexual exploitation. It provides practice examples to support local public health leaders to establish a public health framework for prevention and intervention.

The literature search is a summary of the latest international research about effective interventions to prevent child sexual abuse and child sexual exploitation, see *Child Sexual Exploitation: How Public Health Can Support Prevention And Intervention*.

The primary audiences for these documents are directors of public health and local public health teams. Other interested audiences may include NHS services, local councillors, head teachers and college principals, local children and young people’s services and commissioners, and voluntary and community organisations.

**Source:** Public Health England (PHE)

**Web Link:**

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**E11009 On Measuring The Number Of Vulnerable Children In England**

**Outline:** The children’s commissioner has published a report calling for action to protect millions of vulnerable children.

The report brings together all available public records to identify the total number of children in England who are vulnerable because of their health, wellbeing or domestic environment.


**Mental Health Network news**

**Source:** Children’s Commissioner


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**E11011 A Breath Of Fresh Air: Smokefree Workplaces 10 Years On**

**Outline:** This report looks at the impact of the banning of smoking in public places, ten years after the introduction of the ban.

**Source:** Local Government Association (LGA)

E11020 ACMD Response To Drug Strategy 2016
Source: Advisory Council on the Misuse of Drugs

E11013 Drug Strategy 2017
Outline: The drug strategy 2017 sets out how the government and its partners, at local, national and international levels, will take new action to tackle drug misuse and the harms it causes. The strategy builds on the government’s existing approach to preventing drug misuse, supporting people to recover from dependence and restricting the supply of drugs.
Letter To The Advisory Council On The Misuse Of Drugs
An Evaluation Of The Government's Drug Strategy 2010
The Psychoactive Substances Act Review Framework
Source: Home Office

E11023 HPR Volume 11 Issue 24: News (14 July)
Source: Public Health England (PHE)

E-library documents (Internal)

Any new or amended documents added to the E-library in the last fortnight appear in this section of In the Know. To access a full list of all documents on the E-library follow the link below. You can also complete an e-learning course on ‘Using the Adult Social Care and Children’s Service e-library’

List of All Documents on the E-library
Using the Adult Social Care and Children’s Service e-library

There are no e-library documents in this week’s edition.
Your Development

Research in Practice for Adults (RiPfA)

To access resources from this section you will need to login to your RiPfA online account. To create an account for RiPfA see link: https://www.ripfa.org.uk/login/create-account/

For information on RiPfA please contact Karen Bell, Link Officer: karen.bell@cumbria.gov.uk

Research and Policy Updates are intended to assist you with keeping up to date with national policy developments and key research reports.

A copy of the latest research and policy update can be accessed here

The theme of this Research and Policy Update is asylum and immigration. Please note you will need to login to/create a RiPfA account using your work email address to access any links in this section.

Research articles and summaries

Asylum seekers and co-production

Although asylum seekers are excluded from many aspects of citizenship, they do use public services. This paper explores what the implications of co-production are for asylum seekers and services.

Reaching out to isolated groups, including immigrant communities

What makes immigration work in a community? Through looking at Bedford – a fairly typical UK case in terms of levels of immigration and ethnic makeup – this research highlights two of that town’s least integrated communities (Eastern European men and Asian Muslim women). Because the Asian Muslim women tended to stay in Bedford longer (rather than the Eastern European men, who were more transient), the authors concentrate their qualitative research on the Asian Muslim women. This summary reflects that.

Contrasting mainstream social care and micro-providers for asylum seekers and refugees

Social work has a long tradition of inclusion, empowerment, and addressing anti-oppressive practice. Yet, there are aspects of social care and the structure it operates in that may be disempowering or inaccessible. How, in light of this, do small (sometimes informal) services support marginalised communities? This research is wide, looking at groups with protected characteristics under the Equality Act 2010, but this summary will focus on the experiences of asylum seekers and refugees highlighted by the research.
The mental health of people detained in Immigration Removal Centres (IRCs)

A person can be detained in certain circumstances for the purposes of immigration control. How does the Immigration Removal Centre (IRC) experience impact upon someone’s mental health, and what support is there for people experiencing mental health problems in an IRC?

Related resources by RiPfA

Promoting wellbeing in adult services: Key issue
Providing good information and advice: Practice tool
Developing effective commissioner and service provider relationships: Strategic Briefing
Adult attachment: implications for adult social care practice: Frontline briefing
What are information, advice and advocacy? Customer guide
Good Assessment: Practitioners Handbook
Supporting good assessment: Practice tool
Getting the most out of supervision: Practice tool
RPU 111 Feb 2016: Chantler K (2012) Gender, asylum seekers and mental distress: Challenges for mental health social work.