CUMBRIA LEARNING
DISABILITY PARTNERSHIP
BOARD
PLAN
OF
WHAT WE WANT TO
HAPPEN
2010 – 2013
Introduction – from the Chairs

Why We Need This Document

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Learning Disabilities
Partnership Board Sub-Groups

Introduction from the Chair of the Partnership Board

David & Andrew with Eddie to compete
Name : 

Signed : 

Date : 
Background

In 2007 Cumbria Learning Disability Partnership Board made its first three year plan of what we want to happen.

Everyone had the chance to have their say about the plan.

The 2007 – 2010 plan said services should get better. It agreed to help people to have better lives including:

- work
- free time
- friendships
- support
What we planned:
• Making easier to understand how to get support.

What happened:
• We now have more Easy Read, sound and video information.

What we planned:
• Having the same housing choices as everyone else.

What happened:
• We have more people living in their own homes or tenancies and less people in care homes.

What we planned:
• Making it easier to get a job.

What happened:
• Service providers starting to help people to learn skills to move towards getting a job. We try to get some people who work with us to give jobs to people with learning difficulties.
What we planned:

• More and different things to choose in your life.

What happened:

• People are now choosing different types of daytime activity. Some people are deciding about all their support needs.

What we planned:

• Better support and breaks for carers.

What happened:

• Carers can have a carer’s assessment to find out if they need a break and have support to take their break.
What we planned:

- Better health and feeling better about going to the doctors and hospitals.

What happened:

- Doctors are getting better at looking after people. People can now have a health check every year.
- We have a special place to go to in Carlisle when people are very unwell.

What we planned:

- More control over how your lives are.

What happened:

- People now have better control and are included in the planning of and how they get their services. Individual budgets are available to all so that they can say who provides a service, where it is and how much they will pay.
What we planned:

- Knowing what is going on in Learning Disability services

What happened:

- Many more organisations include people with a learning disability within their management.
- All people who are directly involved in learning disabilities have someone to represent them on the Learning Disability Partnership Board. The Board has small groups which report on new things that are happening and make new plans.
- There is now a report that is made every year. This report is given out at the Board’s annual general meeting.
Valuing People Now says that the Government expects local Partnership Boards to make sure that things change for people with a learning disability.

*Valuing People Now* is about improving services for people with learning disabilities. It keeps four things in mind

**Rights:**
- People with learning disabilities and their families have the same human rights as everyone else.

**Independent living:**
- People should be able to be as independent as the want to be with things in their lives such as jobs, housing and socialising.

**Control:**
- This is about having information so that you can make choices that suit your life.

**Inclusion:**
- This means being involved in everything day to day just like everyone else.
The Partnership Board agreed to make a new plan for 2010 - 2013

We got some experts in to write a report on how well Cumbrian services were doing.

The report said we need a clear plan to make services better.

The report said we need to think about these things:

**They are:**

- Make sure we care for everyone including people from different ethnic communities.
- People who have broken or might break the law.
- Better support in Cumbria so that people don’t have to leave unless they want to.
• More adults who will get dementia.

• More accessible homes.

• More young people who have high support needs.

• More older people with learning disabilities.

As more people are needing more services then it will be difficult to decide how to spend the money we have.
About Cumbria

There are 496,900 people that live in Cumbria.

There are 1,232 people with a learning disability over 18.

People Who Get Services

![Bar chart showing number of service users by age group.]

We expect these numbers to go up in the next 5 years.
Planning about Money

Resource allocation means the amount of money you get for your care. There is going to be less money in the future.

We have to make sure we get good services for a good price.

We will be looking at how putting money into new services now can save money in the future.

We need to prepare people more to become and stay more independent.

We want people to take control of their own money and support. We will use the Resource Allocation system to work out your money.
Budget details

For April 2010 to March 2011 the budget available for Learning Disability services is £47million, funded by Cumbria County Council and NHS Cumbria.

The money will be spent on the following services:
Our method of Getting Services

Cumbria NHS and Cumbria County Council put their money together in buy support for people.

The new plan says about new services and whether existing services need to be changed or stopped.

We need to use our money very well to make sure we have good services.

The Partnership Board has to make sure that good decisions are made about spending the money.

The partnership between the County Council and the National Health Service must work with all people who are involved with learning disabilities across Cumbria.
Everyone involved is looking to share what they have to get Best Value for service users.

When we buy services for people we call this commissioning.

Each year we will do 4 things in this order:

1. **Plan:** Planning based on what people need.

2. **Do:** Getting Services and managing those who provide services.

3. **Review:** Going over and checking contracts.
4. **Analyse:** What people think about how well things are working.
What We Plan to Do

There are 6 subjects that we want to make plans for. Each subject will have a small group of people who will make sure the work gets done. 

The groups are: -

- Employment
- Health
- Housing
- Person Centred Approach
- Planning & Development
- Transition
There are some other groups that will link to the Cumbria Learning Disability Partnership Board plans, these are:

**Breaking the Cycle** group is looking at getting people who live outside Cumbria back to Cumbria if they want to

**Commissioning & Contracting** group of partners is pushing for improvements across Health and Social Care and care providers.

**Green-Light** is looking at best practice for people with learning disabilities who are using or have to visit mental health services

**Transport** Cumbria County Council have been looking at how transport is provided to vulnerable people living in Cumbria. They will tell us about this in 2010
Employment – What we plan to do

Our Dream

Help organisations to provide more opportunities for people with learning disabilities to get a job

The Partnership Board will do checks to make sure that we stick to our plans.

Our Plans

More people with learning disabilities moving into paid employment.

Planned Service

Changes/Improvements/Milestones

2010

Make a clear way for people to get the skills for a job and then get a job.

Agree with some service providers how many more people they can help to get a job placement.
More job placements with Cumbria County Council and National Health Service Cumbria.

**2011**

Service providers will have to be more focused on helping people to get jobs for people using their services.

Encourage support for people to use personal budgets for work based support.

Support to help breakdown some of the barriers to employment such as the benefit system

**2012**

Local Authorities and Health services to encourage the employment of more people with a disability.

Support ideas more to get more people in paid employment.
Health & Well-being – What we plan to do

Our Dream

People with learning disabilities should have the same experience of the health services as everyone else.

The Partnership Board will do checks to make sure that we stick to our plans.

Our Plans

To give all adults better health care.

Everyone will be given an opportunity to have an annual health check, and be registered with a GP.

We will encourage people to have a Health Action Plan that will help with a healthy lifestyle.
There will be a person, a ‘pathway lead’, in each area to make sure people get the right level of healthcare and equal rights to use all health services.

The learning disability community nursing teams, social work teams and service providers will work better together.

We will make sure that healthy projects in mainstream services include the needs of people with Learning Disabilities.

**Planned Service Changes/Improvements/Milestones 2010**

Contracts between the Local Authority and Cumbria Partnership Foundation Trust to be made better.

We will put into action the guidance for how Learning Disability should work.
We will have a person in charge of health pathways in each area. This person is called the ‘Health Pathway lead’.

Commissioners will check how ‘Green Light’ is doing.

2011
We will have a Health and Well-being plan that will have topics.

We will get providers involved to support what we want to happen.

2012
Support for people to improve their own health and well-being.

Produce a health guide for people with a learning disability which helps. People to get into general health services.
Housing – What we plan to do

Our Dream

Help people with learning disabilities to get good quality housing

The Partnership Board will do checks to make sure that we stick to our plans.

Our Plans

We will gather information to find out what accommodation will be needed in the future.

Find out the housing needs of people with learning disabilities now and in the future.

Make sure people with learning disabilities know about all the different housing available to them.
Planned Service Changes/Improvements/Milestones

2010

We will have a plan that will show people how to get the right kind of housing, care and support services.

We will have some advocacy support for people moving back into Cumbria.

We will make a better way for care to be assessed so that the right support can be provided. This may include using equipment to help with independence.

2011

We will make special changes to accommodation for

- People out of area who have high care needs to move back to Cumbria.

- People with high care needs from being placed in the wrong accommodation.
2012
We will look at supported, long term choices of accommodation for people with high support needs whose services are at risk of being disturbed.

Person Centred Approach – What we plan to do

Our Dream
To encourage everyone to have a successful working plan that makes ordinary living opportunities possible.

The Partnership Board will do checks to make sure that we stick to our plans.

Our Plans
To have clear up-to-date person-centred plans. This needn’t be a written plan.
All people supporting a person will have a clear understanding of how to support properly, using the person centred plan showing what each person should be doing.

Information from individual person-centred plans will be used in our plans.

**Planned Service Changes/Improvements/Milestones**

**2010**
We will have a small group to develop how to deal with person centred plans.

We will have easy read leaflets about self directed support and personal budgets

We will have ways of teaching people how to make their own plans

**2011**
We will have a help pack about person-centred planning for all organisations
We will use the information from person-centred plans to help us to make future plans after March 2013.

Planning and Development – What we plan to do

Our Dream

Making sure that Cumbria Learning Disability Partnership Board is doing what it should from Valuing People and making things happen locally.

The Partnership Board will do checks to make sure that we stick to our plans.

Our Plans

The Partnership Board is guided by the main concerns set out in Valuing People.
Doing what we have planned to do to make positive changes.

Cumbria Partnership Board to have targets and to check they reach those targets.

**Planned Service Changes/Improvements/Milestones 2010**

We will complete the annual self assessment report reporting on how we are doing with the Valuing People plan.

We will make the Partnership Board membership bigger if it will help our plans.

All members of the board will have a short ‘job description’.
We will improve the Partnership web-site.

We will have better ways of getting comments from service users and carers.

We will have better links with North West Regional Task Force for Partnership Boards, Family and Advocacy forums.

**2011**

Show how we have done with our 2010 – 2013 plans at the Annual General Meeting.

Check the Partnership Board membership.

Make the way we share information better.

**2012**

Report on our 3 year plan at the AGM.

Check the Partnership Board membership.
Transition – What we plan to do

Our Dream
To support young people to move into adult services.

The Partnership Board will do checks to make sure that we stick to our plans.

Our plans
To build up some guidelines for all services and providers for young people moving through into adult services.

Parents and carers to understand the different ways to get children’s and adult services.

Young people with a learning disability over the age of 16 to have a person-centred plan in place.
We will have better way for sharing information between the services for children and those of adults.

Make it easier for young people to move through to further education so that having a job is a real goal.

**Planned Service**

**Changes/Improvements/Milestones 2010**

We will look at the transition set of rules and make any changes.

Children’s services will have more person-centred planning training.

We will have set levels to check transition and a clear plan for working together.
2011
We will have a standard way of working and sharing information between children and adult services.

2012
Have the same guidelines for all organisations for working between children and adult services.

Transport –
What we plan to do
Our Dream

People with a learning disability in Cumbria can go to services and activities to do with education, work, friends and family within their communities

The Partnership Board will do checks to make sure that we stick to our plans.
Our plans

To help people to use public transport.

To work with the County Council to get the best value transport services.

To support some people with learning disabilities to share transport.

Planned Service
Changes/Improvements/Milestones

2010

Look at what the County Council wants to change with transport then plan our changes.

2011

Work with the County Council to make a plan about how we can support people to use different kinds of transport.
2012
We will work with the County Council to make a plan about supporting people to travel to and from services.

We will check how transport is being used.

Breaking the Cycle – What we plan to do

Our Dream

Plans and services for people with learning disabilities will be comprehensive and include everyone.

The Partnership Board will do checks to make sure that we stick to our plans.

Our Plans

Make a plan for people returning to Cumbria that includes plans for people with different kinds of high support needs.
Have staff with experience that know how to support people with different kinds of high support needs.

Have some good examples of housing with support in Cumbria.

**Planned Service**

**Changes/Improvements/Milestones**

**2010**

Each person that is out of area, will have a review by the end March.

Each person that wants to return home, as part of “Breaking the Cycle” has an up to date report that says about their support needs.

Have a plan, and a person to lead the plan, for bringing people back into Cumbria.
There will be some advocacy support for those who want it.

Help service providers to support people with different kinds of high support needs.

For people who don’t want to come back to Cumbria, we will help them to make their home where they are living.

2011

The Care Quality Commission has a 2010 -2015 action plan for Learning Disability. It says we have to do some things so we will do what we have to from this plan

2012

We will have a clear plan for supporting people with different kinds of high support needs.
Commissioning and Contracting –
What we plan to do

Our Dream
We all use the same way of
agreeing to and hiring Learning
Disability services

Our Plans
To support people on how to use their money for short breaks as well as day to day services.

We will help to get special support services with accommodation for people with different kinds of high support needs.

We will have guidelines for people who can get National Health Service Continuing Health Care.

We will make the most of the money we get and try to get more to buy better services for people living in Cumbria.
Planned Service
Changes/Improvements/Milestones

2010

We will make some guidelines with the Continuing Care Team to say who should be taking charge of what and when it should be done.

Check who is using the Independent Living Fund.

We will check the services provided by the Cumbria Partnership National Health Service Foundation Trust and Cumbria County Council to make sure that they are good and don’t cost too much.

2011

All organisations will use the same guidelines to support people with learning disabilities to get jobs.
All support services, with accommodation, will use the same guidelines for managing people with difficult behaviours.

We will have clear guidelines to say how we will start new services or change old services.

2012

We will test if we are being a needs led service and not service led when allocating support. There is a national guidance called “Cutting the Cake Fairly”.
Reviewing the strategy

The Learning Disability plan of what we want to happen is a three year plan of main concerns and goals. This document gives an idea of the aims for our plan so that they can be checked in the future.

The main responsibility of the Partnership Board and its groups is to give a clear, useful lead in planning and say how the plans should move on and become real.

We will report at each Annual General Meeting over the next three years about the plans we made and what has actually happened.

We will take a big look at the plan in January 2013 to talk about 2013 – 2016.