

# Jext<sup>®</sup>: Instructions For Use

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1, Grasp the Jext<sup>®</sup> injector in your dominant hand (the one you use to write with) with your thumb closest to the yellow cap.
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2, Pull off the yellow cap with your other hand.
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3, Place the black injector tip against your outer thigh, holding the injector at a right angle (approx 90°) to the thigh.
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4, Push the black tip firmly into your outer thigh until you hear a 'click' confirming the injection has started, then keep it pushed in. Hold the injector firmly in place against the thigh for 10 seconds (a slow count to 10) then remove. The black tip will extend automatically and hide the needle.
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5, Massage the injection area for 10 seconds. Seek immediate medical help.

## Treatment Quick Guide

### ANAPHYLAXIS

Use your Jext<sup>®</sup> and immediately after using your Jext<sup>®</sup> dial 999, ask for an ambulance and say 'anaphylaxis'



Use a second Jext<sup>®</sup> after 5-15 minutes if the symptoms do not improve

[www.jext.co.uk](http://www.jext.co.uk)



**Dial 999, ask for an ambulance and say "anaphylaxis".**

If you are unable to make the call, get someone else to call for you.

**BE PREPARED:** Use a second Jext<sup>®</sup> after 5-15 minutes if the symptoms do not improve.

**IT IS RECOMMENDED YOU CARRY TWO JEXT<sup>®</sup> PENS WITH YOU AT ALL TIMES.**

## Why have I been prescribed a Jext®?

You have been prescribed Jext® as you are at risk from a potentially life threatening allergic reaction called anaphylaxis (an-a-fil-axis). This is sometimes called anaphylactic shock or anaphylactic reaction.

## Why have I been prescribed a Jext® instead of my usual adrenaline auto-injector?

Your doctor has decided that Jext® is the appropriate treatment for you. Please take this opportunity to ensure you know when and how to use Jext® correctly.

## What does Jext® contain?

Jext® contains adrenaline. Adrenaline is the most important drug for the treatment of an anaphylactic reaction.

## When should I use my Jext®?

Your doctor should explain when and how to use your Jext®. If you begin to experience the symptoms of anaphylaxis which are listed opposite it is important that you use your Jext® immediately.

Early use of adrenaline improves the outcome and recovery from anaphylaxis. If symptoms don't improve or the original symptoms re-appear, a second Jext® can be used after about 5-15 minutes.

**You or your child should carry two Jext® pens at all times.**

## Symptoms of Anaphylaxis

- › Tightening of the throat/difficulty breathing
- › Collapse/loss of consciousness
- › Itchy hives
- › Tingling and swelling of hands/feet/eyelids/mouth/lips/genitals
- › Sense of impending doom



Remember it is important to make sure Jext® is always within the expiry date!

Register for a FREE Jext® Expiry Alert now

[www.jext.co.uk](http://www.jext.co.uk)

## Free expiry alert service

1. Log onto [www.jext.co.uk](http://www.jext.co.uk)
2. Register your details (first name, surname, email and mobile) and the date your Jext® expires.
3. Choose how you would like to receive your free alerts from the drop down menu (mobile only, email only or both mobile and email).
4. Click on 'Register'

Or text **Alert MMYYYY to 80818**  
eg. text **Alert 022019**

(if your Jext® expires in February 2019) to **80818**

## Free Jext® app

Download the app for **Jext® patient support.**

**Available for iPhone and Android.**

Visit your app store today and search **Jext**.

iPhone



Scan here

Android



Scan here

**Ensure you, your child, your relatives and friends know how and when to use your Jext®: [www.jext.co.uk](http://www.jext.co.uk)**

### Reporting of side effects

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme (see details below). By reporting side effects you can help provide information on the safety of this medicine. UK: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)