

Visiting the Dentist

- Visiting the dentist at recommended intervals means that you will get advice and early treatment when needed to help keep your mouth healthy
- Your dentist will recommend how often you need to attend
- The dentist can detect early signs of tooth decay, gum disease, tooth wear and mouth cancer
- A member of the dental team can apply fluoride varnish
- Denture wearers should still have their mouths and dentures examined regularly

