

Checklist for school trips

On a school trip, there may be different risks to those encountered during a normal school day. When you are planning the trip, you should also do a risk assessment for pupils with epilepsy.

You can use the checklist overleaf to help you complete the risk assessment.

More information

For more information about epilepsy and safety, visit Epilepsy Action's advice and information:

Safety advice for people with epilepsy - epilepsy.org.uk/info/safety

Sports and leisure - epilepsy.org.uk/info/sports-leisure

Photosensitive epilepsy - epilepsy.org.uk/info/photosensitive-epilepsy

Travel advice for people with epilepsy - epilepsy.org.uk/info/travelling-abroad

You might want to consider the following:

	Notes
What information do you need to take with you - for example, the individual healthcare plan (IHP)?	
Do you have enough members of staff who are trained to administer any medication?	
Do you have enough members of staff who know what to do if a pupil has a seizure?	
Does the pupil need one-to-one support or a buddy in case they have a seizure?	
Do you have enough staff in the event that one has to take care of a pupil for a long period of time?	
How will you store any medication?	
Where can a pupil recover from a seizure?	
How will you deal with incontinence quickly and discreetly?	
Is there good mobile phone reception, in case an ambulance needs to be called?	
What are the pupil's seizure triggers? Do you need to avoid stress, lack of sleep, or missing meals?	
If the pupil has sleep seizures, are the sleeping arrangements suitable (for example not on a top bunk)?	