



Confident Parenting Programme

Programme for parents of children with a Learning Disability

The programme is made up of 8 sessions

Aims of the Programme:

- Support parents who would like to increase their confidence in understanding and managing their child's behaviour
- To bring parents together to explore common difficulties and reduce isolation
- Give pointers - through sharing the group's knowledge and experience

Who is it for?

The programme is for families of school age children with Learning Disabilities or Global Development Delay.

The Confident Parenting programs are run regular over a period of 8 weeks.

Two parent/ carers can attend from each family with a maximum of 10 families.

Please ring 01229 404693 if interested.

We are
LSCft