

# Sensory workshop



**NHS**

Lancashire &  
South Cumbria  
NHS Foundation Trust

## A workshop for parents to find out about sensory processing

### Aims of the workshop:

- To help parents understand how sensory environment impacts on their child's ability to participate in activities
- To help parents understand how their child's sensory processing impact their behaviour
- For parents to have the opportunity to meet other parents to share experiences and ideas
- To give parents lots of ideas and strategies to try with their child and direct to useful resources and information that may help.

### Who is it for?

The workshop is for families of children aged 2-11 years old who may have autism or going through the autistic diagnosis process. Or children aged 2-17 if evidence of learning disabilities or global developmental delay.

The workshops will consist of two sessions and involve parents/carers commitment to attending both sessions for two hours

An Occupational Therapist and a learning disabilities nurse will lead the workshop.

Two parent/ carers can attend from each family with a maximum of 10 families.

**Please ring 01229 404693 if interested**

We are  
LSCft

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