



**INITIAL SCHOOL PUBLIC HEALTH REVIEW**

Name of School:	Head Teacher:				
Address:    Telephone: Email address:	Type of school	Local Authority		Primary	
		Academy		Secondary	
		Independent		PRU	
		Number on roll	College or 6 <sup>th</sup> Form		
Health & Wellbeing Review Completed with:	Health & Wellbeing Review completed by:			Date of Health & Wellbeing Review:	

SCHOOL PROFILE

**Public Health & NCMP data**  
*Information to be provided by PH 5 -19  
 Service from NCMP and Meridian*



Cumbria Partnership

What could make this better?

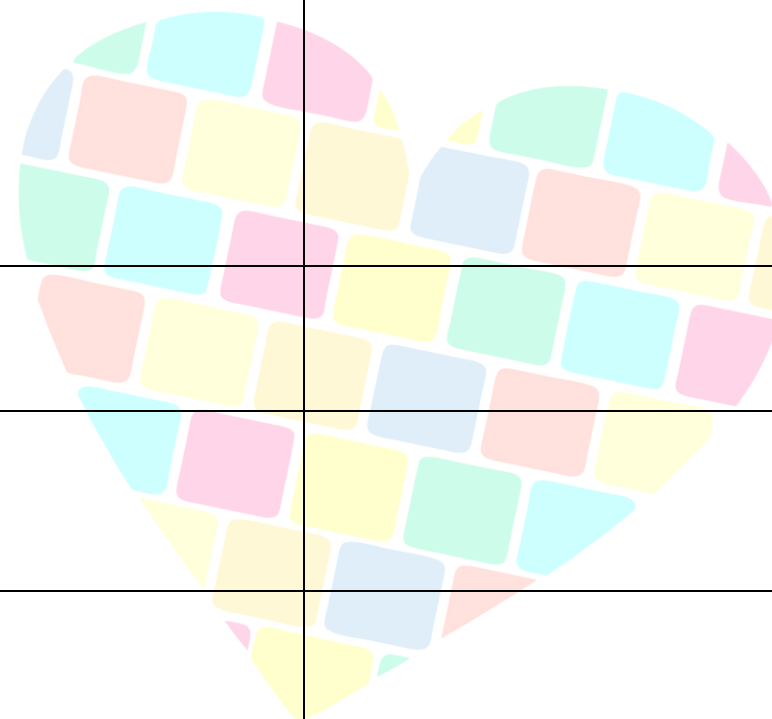
**What processes and plans are in place to ensure the early identification of children whose health & wellbeing may be at risk?**

**Do you have a lead person in school for health & wellbeing?**

**Are health emergency kits available?  
 E.g. asthma emergency inhaler, epipen, sanitary products (Red Box Project), defibrillator.**

**Do parents and children know how to access help for health or wellbeing concerns?**

**Do staff receive training and support on health & wellbeing issues?**



Happier | Healthier | Hopeful

**HEALTHY LIFESTYLE**

**What do you do in school to promote healthy weight & physical activity?**

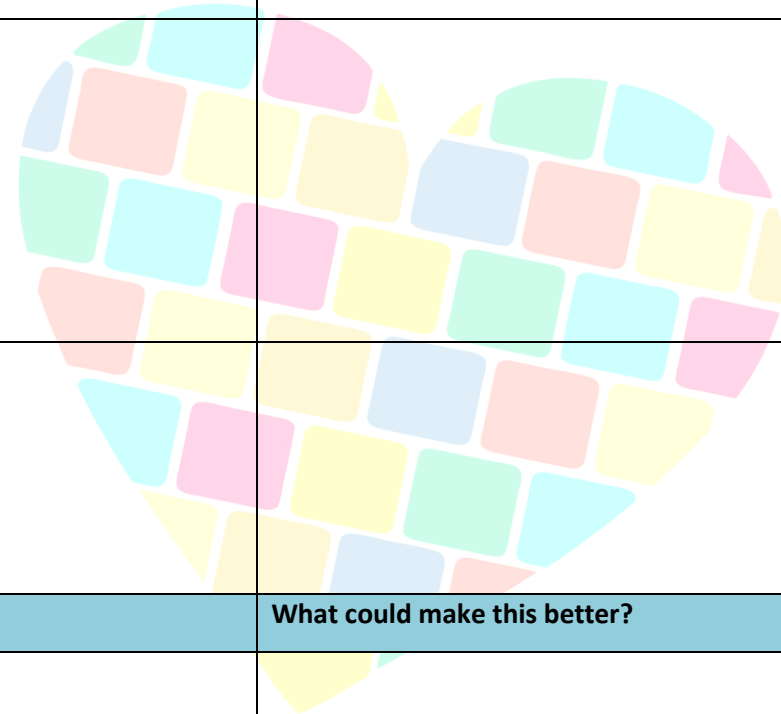
**What could make this better?**

Whole School Approach



Cumbria Partnership  
NHS Foundation Trust

Teaching





Extra-curricular/ outside agency support


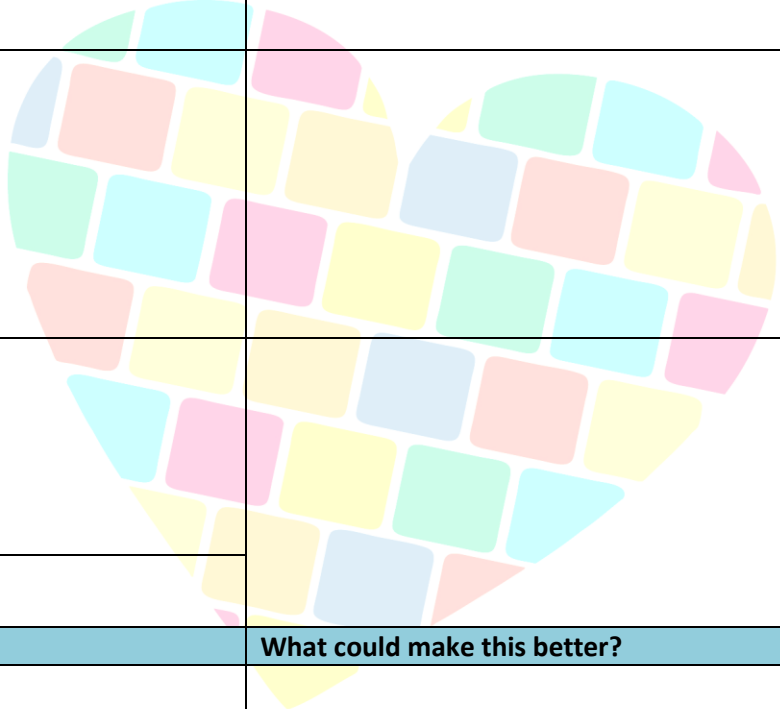
**How healthy is the food in your school?**


**What could make this better?**

School meals

Happier | Healthier | Hopeful

Is drinking water always available?		
Packed lunches/snacks/rewards		
<b>How does the school environment &amp; playtime opportunity promote physical activity?</b>		<b>What could make this better?</b>
<b>How has the PE premium being used to develop children's health?</b>		<b>What could make this better?</b>
<b>Do you have any concerns about healthy weight in your school?</b>		<b>What could make this better?</b>
		

<b>POSITIVE MENTAL HEALTH</b> <b>What do you do in school to promote children’s mental health?</b>		<b>What could make this better?</b>
<b>Whole School Approach</b>		
<b>Teaching</b>		
<b>Extra-curricular/ outside agency support</b>		
<b>Are you aware of the Papyrus Toolkit?</b>		
<b>What do you do in school to promote positive digital wellbeing?</b>		<b>What could make this better?</b>
		<p>Happier   Healthier   Hopeful</p>

What do you do in school to promote positive and safe choices?	What could make this better?
	
Do you have any concerns relating to:	What could make this better?
<b>Mental Health</b>	
<b>Digital Wellbeing</b>	
<b>Risk Taking Behaviours</b>	<p>Happier   Healthier   Hopeful</p>

