

Safeguarding Adults for Covid-19 Mutual Aid Groups



Safeguarding adults means protecting the most vulnerable from abuse and neglect.

Abuse and neglect can happen in different ways and be perpetrated by anyone. Abuse can be a crime.



If you see something, are told something or something doesn't feel right you need to report it.

Contact us

If you are concerned that an adult is at risk of abuse or neglect please call:

Copeland and Allerdale - 0300 303 3589

Carlisle and Eden - 0300 303 3249

Furness and South Lakes - 0300 303 2704

Out of Hours 01228 526690

In an emergency, call 999

For concerns about a child, report to: [cumbriasafeguardingchildren.co.uk](https://www.cumbriasafeguardingchildren.co.uk)



@cumbriasab



cumbriasab.org.uk