



Cumbria Children's Safeguarding Partnership and Cumbria Safeguarding Adults Board work closely together to ensure that safeguarding issues relating to both children and adults are dealt with appropriately and professionally by all partners across Cumbria.

As Independent Chairs of the Children's Safeguarding Partnership and Safeguarding Adults Board, part of our role includes seeking assurance from services across Cumbria that the appropriate structures and processes are in place to support and protect children and adults who are at risk and that a professional and appropriate response is provided.

Jointly, we would like to remind people across Cumbria that if they have any concerns about abuse or neglect of a child or an adult, this includes sexual abuse or exploitation or domestic abuse to report it soon as possible. Also, if you have been a victim of abuse or neglect please come forward and report it. Your report will be treated in the utmost confidence and you will be treated with dignity and respect.

Abuse can take many forms, if you are concerned about a person's safety report it.

**To report a concern about an adult;**

- Allerdale & Copeland - 0300 303 3589
- Carlisle & Eden - 0300 3030 3249
- Furness & South Lakes - 0300 303 2704
- Out of Hours contact the Urgent Care Team on 01228 526690

**If your concern relates to a child;**

- Cumbria Safeguarding Hub on 0333 240 1727
- Out of hours contact the Emergency Duty Team on 0333 240 1727

Jeanette McDiarmid, Cumbria Safeguarding Adults Board Independent Chair

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Gill Rigg, Cumbria Safeguarding Children's Partnership Independent Chair

A handwritten signature in black ink that reads 'Gill Rigg'.