



Westmorland  
& Furness  
Council

Working for **Cumberland Council** and  
**Westmorland & Furness Council**



## Responding Well – Domestic Abuse Training

Cumberland Council and Westmorland & Furness Council, in partnership with SafeLives, are offering the training opportunity to complete 'Responding Well' Domestic Abuse Training.

SafeLives are a UK-wide charity dedicated to ending domestic abuse, for everyone and for good. They are independent, practical and evidence-led, with survivor voice at the heart of our thinking. They work with organisations across the UK to transform the response to domestic abuse.

This face-to-face training is free to all professionals and the sessions will last a full day.

The learning outcomes are:

- Define Domestic Abuse with an update on the DA Act 2021 and the changes to current practice/legislation.
- Ensure a thorough understanding of controlling and coercive behaviour and how abusive relationships develop.
- Explore typologies of abuse using Michael Johnson's model and consider how this impacts our assessment of risk and intervention for families.
- Understand the importance of risk assessment- using tools such as the SafeLives DASH (as specific to Cumbria which uses a combined DASH) but also our professional judgement
- Identify how trauma impacts survivors and how we can work in a more trauma-informed way.
- Understand best practice when working with those impacted by DA and how to use our knowledge of DA to respond in a non-victim-blaming way.

Please see below the dates and venues. To book a place please follow the relevant link.

Date	Venue
Monday 20 <sup>th</sup> May 2024	Cumbria House, Carlisle
Wednesday 19 <sup>th</sup> June 2024	County Hall, Kendal
Tuesday 9 <sup>th</sup> July 2024	Allerdale House, Workington
Friday 9 <sup>th</sup> August 2024	Town Hall, Penrith
Monday 16 <sup>th</sup> September 2024	Barrow Town Hall
Thursday 10 <sup>th</sup> October 2024	Cumbria House, Carlisle
Thursday 7 <sup>th</sup> November 2024	Allerdale House, Workington
Thursday 23 <sup>rd</sup> January 2025	Allerdale House, Workington
Tuesday 11 <sup>th</sup> February 2025	Town Hall, Penrith
Friday 21 <sup>st</sup> March 2025	Barrow Town Hall

To book a place on this training please use the following link:

<https://www.eventbrite.co.uk/manage/collections/2275729/events>

If you have any queries regarding the training or you are having issues with booking, please contact either: [mary-claire.telford@cumbeland.gov.uk](mailto:mary-claire.telford@cumbeland.gov.uk) or [alison.goodfellow@westmorlandandfurness.gov.uk](mailto:alison.goodfellow@westmorlandandfurness.gov.uk)