



Westmorland
& Furness
Council

Working for **Cumberland Council** and
Westmorland & Furness Council



Responding Well – Domestic Abuse Training

Cumberland Council and Westmorland & Furness Council, in partnership with SafeLives, are offering the training opportunity to complete 'Responding Well' Domestic Abuse Training.

SafeLives are a UK-wide charity dedicated to ending domestic abuse, for everyone and for good. They are independent, practical and evidence-led, with survivor voice at the heart of our thinking. They work with organisations across the UK to transform the response to domestic abuse.

This face-to-face training is free to all professionals affiliated to the Domestic Abuse Partnership and the sessions will last a full day.

The learning outcomes are:

- Define Domestic Abuse with an update on the DA Act 2021 and the changes to current practice/legislation.
- Ensure a thorough understanding of controlling and coercive behaviour and how abusive relationships develop.
- Explore typologies of abuse using Michael Johnson's model and consider how this impacts our assessment of risk and intervention for families.
- Understand the importance of risk assessment- using tools such as the SafeLives DASH (as specific to Cumbria which uses a combined DASH) but also our professional judgement
- Identify how trauma impacts survivors and how we can work in a more trauma-informed way.
- Understand best practice when working with those impacted by DA and how to use our knowledge of DA to respond in a non-victim-blaming way.

Over the course of 2025 there are sessions available at the following locations:

- Carlisle
- Penrith
- Workington
- Kendal
- Barrow

To book a place on this training please click [HERE](#)

If you have any queries regarding the training or you are having issues with booking, please contact either: mary-claire.telford@cumberland.gov.uk or alison.goodfellow@westmorlandandfurness.gov.uk