



DrugHubUK



Cumberland

Youth Substance

Misuse Team



DrugHubUK If you need to chat about drugs or alcohol DM us, we are here to help! If you need support, contact us at: drughubuk@cumberland.gov.uk

Follow us:



@DrugHubUK

DrugHubUK is an online service run by the Youth Substance Misuse Team, Cumberland Council.



SCAN ME

We are here to help!
**Not lecture, not judge, not tell you
off, but to listen and support you.**

Hear what our young
people have to say
about our service...

“They were easy to
talk to & helped me
see how the drugs
could be impacting
on my mental
health & the way
I was feeling.”

“I was helped to
make better choices.
I didn’t feel judged.
I felt like I could
speak freely.”