



Wednesday 18th December 2024

Dear Stakeholder

Please let me introduce a very much needed piece of work that CADAS is launching in January 2025.

Thanks to funding from the Office for Health Inequalities and Disparities via our local councils in Westmorland & Furness and Cumberland, CADAS will support people in Cumbria who have been bereaved by addiction.

This CADAS pilot project will offer those bereaved by addiction access to:

- A mixture of face to face and virtual peer support groups across the county
- 1-1 Bio-Psychosocial Interventions with a Recovery Coach
- Depending on whether they are experiencing addiction themselves or are an affected other, they will be able to access existing peer support groups in addition

When a family in Cumbria experiences a death due to addiction, they will receive a care pack from CADAS which includes literature to support them around practical matters, an offer of 1-1, group support or a mixture of both, carefully selected sensory items as well as messages of hope and shared experience. These have been inspired by the care packages put together and distributed by Every Life Matters, which they shared with CADAS and which we were extremely moved by. Our aim was to create something that made us feel the same way that we did when we received the Every Life Matters package: that every single object in the pack had been lovingly and carefully selected and packaged, and that the receiver is very much in the hearts and minds of the sender.

CADAS will have a dedicated webpage relating to this work, although it's not quite ready as I type, you'll find it via our website though, at www.cadas.co.uk in January 2025. People will be able to access resources and an electronic version of the care pack on the website too, as well as eventually being able to request support directly through the website.

In the meantime we'd like to welcome you to refer people into this support service by using the form on the following link: [CADAS Bereavement Support Request Form](#)

We'd also like to invite you to consider booking onto one of our training events happening in 2025:

[Carlisle Bereaved by Addiction Training](#) 28th January 2025

[Kendal Bereaved by Addiction Training](#) 27th March 2025

We hope that we can count on your support as we embark on this pilot project, which we hope to establish as business as usual over the next 10-12 months, and we look forward to working with you, supporting our communities and sharing the impact of the work.

Thank you for taking the time to read this, and finally I wish you all a safe and restful winter break.

With very best wishes

Emma Horrobin
CADAS Bereavement Champion