Active travel to school newsletter

Cumbria County Council

June 2015, Volume 1: issue 16

The Big Pedal

Wheels to School – 21661 journeys logged in 15 days

You are stars

Well done to all Cumbrian schools for joining in The Big Pedal – the UK's biggest cycling and scooting challenge which took place last term. We have had some fantastic reports of whole communities cycling and scooting and it seems that once again everyone has embraced the idea that it is fun to cycle or scoot to school – now you have to keep it up!

Facts and figures…… a special mention must go to Crosby-on-Eden School who ranked 1st in England and Beetham Primary who were 2nd in England!

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Nationally:
- 1,116 schools took part
- 557,223 children and students took part
- 1,418,029 cycling and scooting journeys logged on the live journey counter

Cumbria:
- 29 Primary Schools (1041 nationally)
- 4 Secondary Schools (75 nationally)

- Total journeys: 21661
- Child journeys (bike): 8836
- Child journeys (scooter): 10518
- Supporter journeys: 2307

Active Travel prize winners:

Small Primary: **Crosby on Eden** – won a minipod for 8 bikes and 8 scooters
Large Primary: **Yewdale School** – won a minipod for 8 bikes and 8 scooters
Secondary: **Newman Catholic School** – won a trip for students to the National Cycling Centre, Manchester (BMX track, tour & velodrome) in April.

Children at Yewdale school looking pleased with their new minipod ▶

Support from bike businesses and Cumbria Constabulary

We would like to thank the following businesses for their support during the Big Pedal, it's great to know that they are encouraging cycling to school:
Arragons Cycles, Penrith; Helmwind Cycles, Milburn; Askew Cycles, Kendal; Rebike, Carlisle.

Thanks also to **Cumbria Constabulary Community Safety Team**. Bikes were security marked and kits distributed at Primary and Secondary schools.

Keep your children and parents cycling – join in a free guided ride - Sky Ride www.goskyride.com/cumbria

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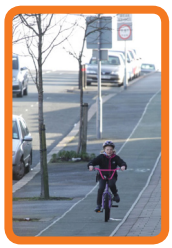
Big Pedal Results

Primary Schools 10 day challenge – the best 10 days out of 15 were counted. A lot of last years schools moved up the ranks!

NW ranking 75 schools	School	GB National ranking 1041 schools
1	Crosby-on-Eden CofE School	2
2	Beetham CofE Primary School	3
4	Flookburgh CE Primary School	22
5	Plumpton School School	52
8	Great Corby Primary School	70
10	Storth CE Primary School	85
12	St Oswald's CofE Primary School	108
17	Warcop CE School	161
18	Yewdale School	162
20	Silloth Primary School	167
21	Broughton Primary School	183
23	Pennine Way Primary School	260
30	Victoria Junior School	329
34	Seascale Primary School	457
35	Cambridge Primary School	477
37	South Walney Junior School	508
39	Ashfield Junior School	570
40	Longtown Primary School	577
42	Heron Hill Primary School	637
43	Cummersdale School	639
52	Dean Gibson Catholic Primary School	737
57	Warwick Bridge Primary School	785
58	Yarlside Primary School	791
62	Thomlinson Junior School	831
71	Montreal CofE Primary School	1000

Primary School 3 day challenge

NW ranking 20 schools	School	National ranking 210 schools
5	Kirkbride Primary School	21
15	Greengate Junior School	144
17	Inglewood Infant Schoolf	176
19	Hawkshead Esthwaite Primary School, Hawkshead	188



◀ Greengate Juniors Heather Leigh –*"We feel the event was a huge success within the school"*

Sustrans prize winners

Top school in England Crosby-on-Eden – Big Pedal trophy

The Queen Katherine School, Kendal – for the winning secondary school class, the prize is a one-night teacher-led residential at one of the YHA's amazing city centre locations for 40 students.

Bike racks overflowing during Big Pedal ▶

"Today, we had 34% – all this, despite the howling wind and hail!" Amanda Williams Business Manager South Walney Junior School

Crosby on Eden School *"A fantastic effort was made by all our pupils and their many supporters. From Nursery to Year 6, almost every child took part in the Big Pedal. Many of our pupils live outside the village; therefore they need to make a concerted effort to set off earlier each morning. - pure dedication to the cause, with many pupils continuing to cycle to school after the Big Pedal had finished. A huge thanks to all our parents, without whom we would never have managed to achieve this amazing success."*

Silloth School entered into the spirit of Superhero day on the last day of the Big Pedal and got everyone out to cycle and scoot along the prom – even managing acclaimed title 'Superhero photo day runner up' from Sustrans!

Arriving at Beetham School ▶

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Welly Walking Wednesday

As usual lots of schools embrace the day promoting walking to school, wearing and decorating their wellies.

Amelie Marshall, age 10 from Great Corby School won a prize with her 'chicken wellies' - good effort Amelie! ▶

◀Father and son arrive at Great Corby school in 'flame wellies'

These three look up to mischief! ▶

Children and staff enter into the spirit – Netherton Infants Maryport ▶

Walk To School Week

A fantastic 72 Schools and over 11,000 children took part in Walk to School Week and were supported with excellent classroom resources promoting the 'health' message this year. This focus week sees school entrances devoid of traffic and gives schools the opportunity to promote Active Travel and it's benefits. Well done to all.

▲ Beckstone Primary children with their badges on

▲ Great Corby children walk to school

Hollie S (Y3) *"I like walking to school in the fresh air."*
Ellie S (Y6) *"Walking to school is better for the environment as it stops pollution."*
Evie (Y6) *"Walking to school is great because it keeps you fit."*
Kai (Y4) *"Walking to school is good for your legs and it's exercise."*
Finn (Y4) *"Walking to school is fun because you get to explore new places on your way to school."*

16,150 car journeys saved! Fantastic effort!

A huge thank you to all the schools who took part in Walk to School Week and encouraged active travel to and from school. Data collected from YOU is vital for the continued funding of Walk to School Week and we hope it continues for a long time. We had ……..

- 56 schools return a correctly completed survey form – and decreased car use
- 2 schools returned a correctly completed survey form – and showed an increase in car use
- 2 schools returned data which was incorrect
- 10 schools who did not return data and unfortunately will not be funded next year

All schools returning data on time were entered into a prize draw to win a Walk to School pack worth £200 – the lucky winner was Grange CE Primary School. Well done.

▲ Mrs Phillipa Summers with Grange CE Primary school children who won the prize draw for the return of their Walk to School Week hands up survey.

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WOW Badge Comp

Well done to the following schools for entering the annual competition run by Living Streets: **Beckstone Primary School, Yewdale Primary School & Nursery, Boltons CofE Primary, Inglewood Community Nursery & Infant School, St James' Juniors School, Upperby Primary, St Marys Catholic Primary, Our Lady of the Rosary School.** The theme for this year's WOW is Our Healthy Planet.

Reminder - Road Safety Week 2015 23 - 29 November 2015

Theme for Road Safety Week 2015 - drive less, live more

For the 2015 Safety Week, Brake are encouraging everyone to consider how they use roads, and if they can ditch some vehicle mileage, and instead walk, cycle or use public transport as much as possible, and join us in speaking out about how we can create active and sustainable travel, and safer streets for all. As educators this is a great event that you can take part in, by running great lessons, fundraisers, raising awareness locally and joining Brake's campaign for safer streets. You can go to the Road Safety Week website now for examples of how people got involved in 2014 and to register to receive a free e-action pack. Register online at **www.roadsafetyweek.org.uk.**

Cycle Helmets

Last year Active Travel subsidised over 700 cycle helmets for children in Cumbrian schools.
The original Bicycle Helmet Initiative Trust has been renamed Cycle-Smart and has recently won a prestigious European Road Safety Award **www.cyclesmart.org**. To access an order form, email Nancy at **nancy.turnbull@cumbria.gov.uk**.

Can you encourage Active Travel all school year? Reward your children with badges if they walk or wheel once a week or more – join our successful and popular WOW scheme and get support all year. Children love it!

Make sure you have signed up or contact Nancy for more details.

Active Travel Team

Nancy Turnbull is the main contact for anyone interested in **WOW, Park and Stride, Walking Buses** and **School Travel Plans. Judith Aris** is the main contact for anything **cycling** and **Walk to School Week**. Both can be contacted regarding any school travel issues or further information from our website **www.cumbria.gov.uk/activetravel**

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Next issue – has your School Council helped promote active travel or helped improve road safety at your school?

We'd love to hear – email Judith at **judith.aris@cumbria.gov.uk**