

From 3 January 2017 (updated January 2019)



# Whitehaven • West Cumberland Hospital • Frizington

**Monday to Saturday** excluding Public Holidays

**31H**

Whitehaven Lowther Street	0948	1048	1148	1248	1348
Whitehaven Duke Street	0950	1050	1150	1250	1350
Hensingham Square	0956	1056	1156	1256	1356
West Cumberland Hospital	1000	1100	1200	1300	1400
Cleator Moor Square	1008	1108	1208	1308	1408
Frizington Harras Villas	1018	1118	1218	1318	1418

No service on Sundays or public holidays

# Frizington • West Cumberland Hospital • Whitehaven

**Monday to Saturday** excluding Public Holidays

**31H**

Frizington Harras Villas	0920	1020	1120	1220	1320
Cleator Moor Square	0933	1033	1133	1233	1333
West Cumberland Hospital	0938	1038	1138	1238	1338
Hensingham Square	0942	1042	1142	1242	1342
Whitehaven Lowther Street	0948	1048	1148	1248	1348



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