


















Monday to Saturday excluding Public Holidays

	Sat	Sat	M-F				
<i>route number</i>	45	45	45	45		45	45
Kendal Bus Station stand A	0820	0850	0905	0950	-	1050	1150
Burneside Church	0831	0901	0916	1001	-	1101	1201
Stricklandgate	0842	0912	0927	1012	-	1112	1212
							

					S&H		
<i>route number</i>	45	45	45		45	45	45
Kendal Bus Station stand A	1250	1350	1450	-	1550	1700	1800
Burneside Church	1301	1401	1501	-	1601	1711	1811
Stricklandgate	1312	1412	1512	-	1612	1722	1822
							

See Service 445 for extra journeys at peak times

M-F : Monday to Friday only /// Sat : Saturday only / S&H : All Saturdays plus Monday to Friday in School Holidays
 : Runs to /from Wattsfield as service 46. Inbound journeys can be boarded as the Shakespeare Hotel on Highgate