

Miles Without Stiles



Cumbria
County Council

Westfield Greenway

Route Information

Distance 7 kilometres (4.5 miles)

Time needed 4 hours (approx)

Terrain Concrete surface on the trail

Start point

Cumbria Wildlife Trust car park (**OS Grid Ref** : SD 233 656, **Post Code**: LA13 0PU)

Public Transport

Stagecoach Service 11 stops at the Concle Inn This is not a low floor vehicle.



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The Westfield Greenway is a linear route providing enjoyable access all year round for walkers, cyclists, wheelchair users and those with pushchairs and young children. The trail has a good sealed surface along its entire length and has recently been extended around three sides of Cavendish Dock

The Cumbria Wildlife Trust car park, halfway along the causeway that leads to Roa Island, is the best start point to join this trail. Please be aware that the car park is uneven and has a short but steep incline to the road (8°, 1:7 gradient). The over-head barrier is there to discourage camper vans from stopping overnight but is high enough (1.85m) to allow access for most cars.

On leaving the car park, head back along the causeway towards Concle and cross the road at the first set of dropped kerbs.

Follow the second public footpath signpost on the left. This leads to a path beside some houses and private garages. The path is gated with a passing point on the left (110cm wide). The barrier can be opened with a RADAR key to allow access for larger scooters.

The trail now passes through farmland with some magnificent views. St Michael's church is nestled inland as you follow the trail up the gradual climb (9°, gradient 1:6) towards Westfield Point.

There are 5 'Three Valleys' gates along the trail which allow access for wheelchairs, electric scooters and cycles but prevent motorcycle access.

Two rest points offer views of the Walney Channel and Piel Island with its rich history and castle ruins.

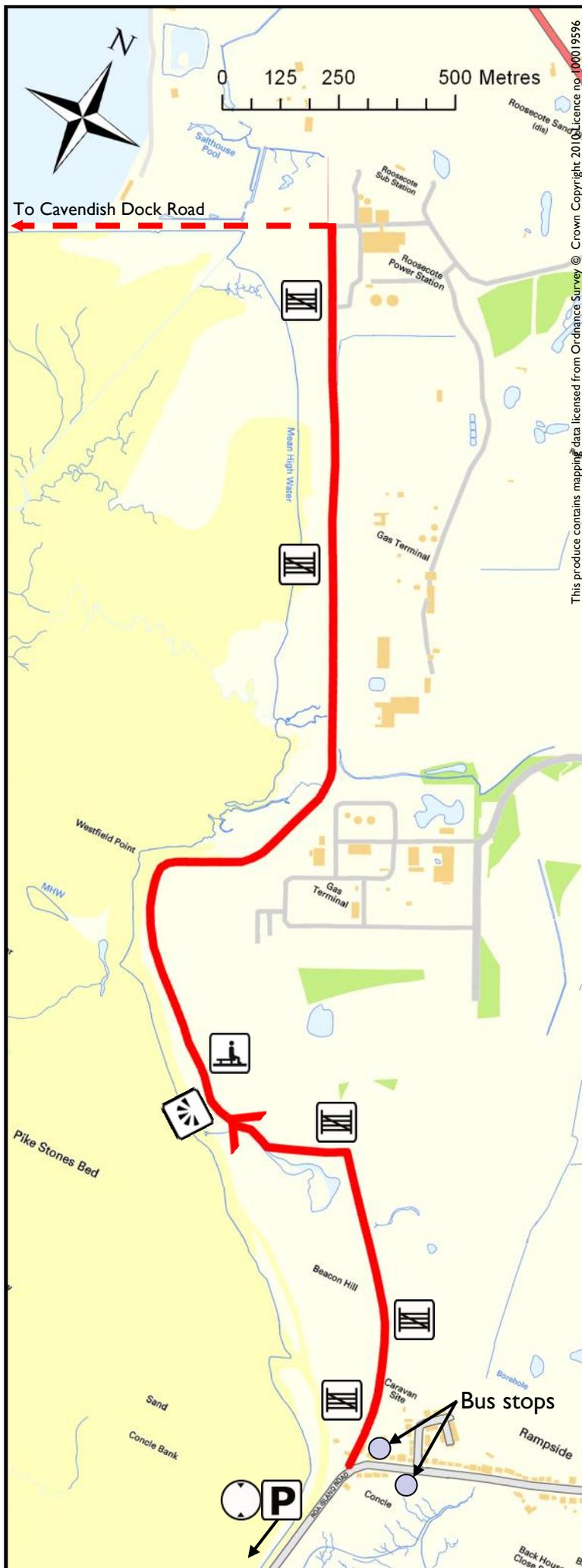
The trail descends gently (6°, gradient 1:10) into Roosecote Sands bay and follows the salt marshes around the bay passing onshore gas terminals.



Sunset from the Westfield Trail

A pillbox, a reminder of the part Barrow played in the last world war, originally marked the end of our route. However, a new sealed surface and several shelters have now been installed alongside 3 sides of Cavendish dock, so if you want to keep exploring you can!

To return to the car park, simply retrace your steps along the trail.



Route Map Key

-  Car parking
-  Site interpretation point
-  Height restriction feature
-  Access gate
-  Rest points
-  Viewpoints
-  Gradient 1:9
-  Optional route extension

Useful Numbers and Points of Information

- Traveline: 0871 20022 33
- There is no bus service on Sundays
- Barrow Tourist Information Centre: 01229 876505
- Barriers have RADAR padlocks, so if you have a wide mobility vehicle, take a RADAR key
- RADAR key toilet facilities located in Roa Island village just south from the car park
- Refreshments can be found at café in Roa Island village or the Concle Inn
- The Westfield Greenway is on Ordnance Survey Explorer Map OL7
- There are no marked disabled bays in the car park
- The surfaced route suitable for wheelchairs has now been extended to Cavendish Dock Road.