

OA Reablement service	OA Day Care	OA Residential Care	Domiciliary Services	DMH Day Services	DMH Supported Living	DMH Residential Services	EIA'd
X	X	✓	X	X	X	✓	✓

# C1

## Cardio Pulmonary Resuscitation (using the defibrillator)

### POLICY

To ensure all staff are fully aware of their roles and responsibilities when using a defibrillator.

### PROCEDURE

1. All residential homes are now equipped with a defibrillator which has been registered with the North West Ambulance Service headquarters.
2. If you come across someone who is unconscious, unresponsive, not breathing or not breathing normally, they are in cardiac arrest and the emergency services must be telephoned immediately on 999.
3. If there is someone with you who can help, one of you commence CPR while the other phones 999 until the emergency operator is contacted.
4. Explain to the controller the circumstances and symptoms and that there is a defibrillator in the home, follow their instructions. They must be informed if there is a DNACPR (Do not attempt cardiopulmonary resuscitation) in place if known. Start CPR to keep the blood flowing to the brain and around the body.
5. If you are on your own, do not interrupt the CPR to go and get a defibrillator. If it is possible, send someone else to find one.

To use a defibrillator, follow these simple steps:

- Step 1 - Turn the defibrillator on by pressing the green button and follow its instructions
- Step 2 - Peel off the sticky pads and attach them to the patient's skin, one on each side of the chest, as shown in the picture on the defibrillator
- Step 3 - Once the pads have been attached, stop CPR and don't touch the patient. The defibrillator will then analyse the patient's heart rhythm
- Step 4 - The defibrillator will assess whether a shock is needed and if so, it will tell you to press the shock button. An automatic defibrillator will shock the patient without prompt. Do not touch the patient while they are being shocked
- Step 5 - The defibrillator will tell you when the shock has been delivered and whether you need to continue CPR
- Step 6 - Continue with chest compressions and rescue breaths until the patient shows signs of life or the defibrillator tells you to stop so it can analyse the heartbeat again

P & P Review Date								Issue date
Amendment								05/02/20 P&P

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6. The service user must not be moved. Ensure the service user's dignity and privacy is respected. Listen to the emergency services operator until the emergency services arrive and take over.
  
7. Each defibrillator has been registered with the North West Ambulance Service, this allows members of the public to gain access in the event of an emergency, however members of the public can only access the defibrillators between the hours of 7:30am and 9:30pm, this enables us to safeguard our staff and service users throughout the night.

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