

Reablement & Support at Home Services	OA Day Care	OA Residential Care	Extra Care Housing Services	DMH Day Services	DMH Supported Living	DMH Residential Services	EIA'd
✓	✓	✓	✓	✓	✓	✓	✓

## D4

# DRUG AND ALCOHOL POLICY FOR SERVICE USERS

### POLICY

To ensure that the safety of the service user is maintained at all times.

### PROCEDURE

#### General Principles

Antisocial behaviour due to the use of either alcohol or drugs is not acceptable.

#### Alcohol

1. Anyone in receipt of or accessing services should not behave so as to cause a nuisance, annoyance or offence to other people. This includes behaviours caused whilst under the influence of alcohol.
2. It is appreciated that drinking can be an integral part of socialising, however, individual requirements will be noted in the service user's risk assessment contained in their Person-Centred Care Plan. This will include:
  - ◆ Any medical advice
  - ◆ Use of alcohol and effect on prescribed medication
  - ◆ Use of alcohol and effect on un-prescribed medication
  - ◆ Individual choice
  - ◆ Health issues
  - ◆ Implications for staff
3. An entry must be made in the daily / communication record / daily notes of any antisocial behaviour due to alcohol and reported to the supervisor / manager **and where possible recorded on IAS.**
4. Adult Social Care must be notified, and consulted if necessary, by the supervisor / manager, of ongoing behaviour which causes a nuisance, annoyance or offence to other people. Failure to comply with this risk assessment could result in the re-assessment or termination of services.
5. **Where there are concerns about the level of alcohol consumed by an individual service user this must be discussed with the supervisor / manager who may need to seek advice.**  
**For Extra Care Housing / Supported Living & Support at home Services**  
**It is not the responsibility of Cumbria Care staff to remove alcohol from**

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**a service user as this is their property.** Where there are concerns, staff should speak to their line manager.

The Manager may need to seek advice from either / or Adult Social Care and a Health Care Professional. The service user / advocate will also need to be informed.

### Drugs

The use or supplying of illegal drugs, or misuse of legal drugs (e.g. prescribed medication or over the counter medication), is unacceptable in any circumstances. Consequences of this will be discussed should the need arise. This may include police involvement.

Any suspicion of a service user misusing drugs must be reported to the supervisor / manager who will then seek appropriate advice.

### Smoking

**Residential services - Cumbria Care operates a no smoking policy within its buildings. However, in order to respect the rights of those service users who do smoke, this will only be permitted in the homes where there is a designated smoking area outside the home. Smoking/vaping is limited to these areas only.**

**Other Services - Smoking is only allowed subject to their tenancy agreement / own flat / house. To ensure the staff's health and wellbeing is taken into consideration Cumbria Care ask that where a service user does smoke in their own home they will be asked to refrain from smoking when staff are supporting them with their care and support requirements. Family members / visitors will also be asked to refrain from smoking whilst Cumbria Care staff are present.**

**Individual risk assessments will be included in the service user's person-centred care / support plans. This will include:**

- ◆ Any medical advice
- ◆ Individual choice
- ◆ Health issues

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