

Type	Establishment	Address 1	Address 2	Town	Postcode	Telephone	Manager	Contact name	Access	Manager Work Mobile	Manager Private Contact, Emergency ONLY
DMH D - NE	Broadacre House	Broadacre House	1st Floor Lowther Street	Carlisle	CA3 8DA	01228 510137	Annamarie Armstrong	Sue Rudd & Ann Pattinson	Mon-Fri 9:00 - 4:00	07771971041	07739127013
DMH D - NE	Carleton Day Centre	Carleton Rd.	Carleton	Carlisle	CA1 3DP	01228 210218	Annamarie Armstrong	Beverley Armstrong / Kay Stevens	Mon-Fri 9:00 - 4:00	07771971041	07739127013
DMH D - NE	Denton Woodcraft	Chapel Place Trading Estate	Denton Holme	Carlisle	CA2 5DF	01228 597553	Annamarie Armstrong	Abigail Jackson	Mon-Fri 9:00 - 4:00	07771971041	07739127013
DMH D - NE	Employment Liaison	Broadacre House	1st Floor Lowther Street	Carlisle	CA3 8DA	01228 510137	Annamarie Armstrong	Ann Pattinson & Sue Rudd	Mon-Fri 9:00 - 4:00	07771971041	07739127013
DMH D - NE	Garden Linx	Richardson Street Cemetery		Carlisle	CA2 6AL	01228 597529	Annamarie Armstrong	Susan A Atkinson	Mon-Fri 9:00 - 4:00	07771971041	07739127013
DMH D - NE	Carlisle Outreach	Broadacre House	1st Floor Lowther Street	Carlisle	CA3 8DA	01228 510137	Annamarie Armstrong	Ann Pattinson & Sue Rudd	Mon - Fri 9.00-4.00	07771971041	07739127013
DMH D - NW	Hensingham Centre (including Grassroots )	Moresby Rd.	Hensingham	Whitehaven	CA28 8TU	01946 506077	Annette Atkinson	Lee Barker and Carol McGlasson	Mon - Frid 8.45 - 4.45	07826 858257	
	Richmond Annexe (part of Hensingham DS)	Richmond Annex	Catherine Street	Whitehaven	CA28 7QY	01946 64351	Annette Atkinson	Catherine McGregor	Mon - Fri 9.00-4.00	07826 858257	
DMH D - NW	Workington Day Services (including Carlton)	21a Carleton Rd		Workington	CA14 4BX	01900 233114	Annette Atkinson	Trudy Ruddy	Mon- Frid 8.45-4.15	07826 858257	
	Cockermouth Day Services (part of Workington DS)	Town Hall Basement	Market Place	Cockermouth	CA13 9NJ	01900 823839	Annette Atkinson	Neil Bruce	Mon-Thrs 8.45-4.15	07826 858257	
	Bankfield Cottage (part of Workington DS)	Newlands Lane		Workington	CA14 3JG	01900 606870	Annette Atkinson	Trudy Ruddy	Mon-Thrs 8.45-4.15	07826 858257	
DMH SLS	North West Supported Living Service	Cumbria House	117 Botchergate	Carlisle	CA1 1RD	07800 627994	Jeremy Pearson		Mon-Fri 9-5 +on call	07800 627995	
DMH SLS	North Supported Living Service	CC Parkhouse Building	Baron Way, Kingmoor Business Park	Carlisle	CA6 4SJ	07825 938961	Karen Clarke		Mon-Fri 9-5 +on call	07825 938961	
Support & Home	Cumberland Care Reablement and Domiciliary Service - West	West Cumbria house	Lillyhall Business Park, Jubilee Rd	Workington	CA14 4HB	07919 070245	Lesley Rowntree		Mon - Fri 9.00-4.30	07919 070245	
Support & Home	Cumberland Care Reablement and Domiciliary Service - North	Cumbria House	117 Botchergate	Carlisle	CA1 1RD	07825115846	Janice Brown		Mon - Fri 9.00-4.30	07825 115846	07758 288206
Shared Lives	Cumberland Shared Lives Service	Cumberland Council	Allerdale House, New Bridge Road	Workington	CA14 3YJ	07776461263	Laura Pattinson	Laura Pattinson	24 Hours	7776461263	
Extra Care Housing	Cumberland Extra Care Housing (Registered Office)	Monkway Court, Monkway	Kells	Whitehaven	CA28 9HD	01946 505590	Jacqueline Southern-Leigh	Rebecca Scales	24 Hours	07795 336467	
Extra Care Housing	Cumberland Extra Care Housing	Fairview Court	2 Longthwaite Road	Wigton	CA7 9PB	01228 221496	Jacqueline Southern-Leigh	Kerry Potts	24 Hours	07795 336467	
Extra Care Housing	Cumberland Extra Care Housing	Greta Gardens	Crow Park Road	Keswick	CA12 5EL	01768 812770	Jacqueline Southern-Leigh	Jacqueline Southern-Leigh	24 Hours	07795 336467	
Extra Care Housing	Cumberland Extra Care Housing	Bramble Court	Union Lane	Brampton	CA8 1BD	01228 221245	Jacqueline Southern-Leigh	Tracey Simms	24 Hours	07795 336467	
OA Res - DTr	Burnrigg Court	Burnrigg		Carlisle	CA2 6JU	01228 221322	Tracy Bindokas		24 Hours		07513 042058
OA Res - DTr	Eskdale House	Swan St.		Longtown	CA6 5UZ	01228 227877	Lisa Pattinson		24 Hours		
OA Res - J Lo	Inglewood	Lowmoor Rd.		Wigton	CA7 9QL	01228 226065	Lisa Pattinson		24 Hours		07711 869580
OA Res - J Lo	Lapstone House	Lapstone Rd.		Millom	LA18 4BY	01229 404060.	Lisa Tugman		24 Hours		
OA Res - DTr	Moot Lodge	Market Place		Brampton	CA8 1RW	01228 223477	Linda Walker		24 Hours		
OA Res - J Lo	Park Lodge	Outgang Rd.		Aspatria	CA7 3HP	01228 227866	Gillian Shepherd		24 Hours		
OA Res - J Lo	Parkside	Netherall Rd.		Maryport	CA15 6NT	01900 706973	Lynn Donoghue		24 Hours		07787 377696
OA Res - J Lo	Richmond Park	High St.		Workington	CA14 4ES	01900 706103	Catherine Nicholson		24 Hours		
OA Res - J Lo	The Gables	Cleator Moor Road	Hensingham	Whitehaven	CA28 8TX	01946 505577	Helen Green		24 Hours		
DMH D	DMH Day Services	<b>WORKMOBILE</b>									
DMH Res	DMH Residential (regulated services)	<b>Assistant Director - Alison Glanville 07796 941279</b>									
DMH SLS	Domiciliary Support Services	<b>Service Manager - Louise Doggart 07876 447957</b>									
OA DC	Older Adults Day Care	<b>Service Manager - Janice Lowery 07557 033437</b>									
Support at Home	Support at Home (Domiciliary) / Reablement Services	<b>Service Manager - Julie Lowery 07884331309</b>									
OA Residential	OA Residential Services										
Extra Care Housing	Extra Care Housing	<b>QA &amp; Governance Manager - Jackie Leech 07976062188</b>									
SHL	Shared Lives										