

F1 Falls Prevention

Extra Care Housing Service	Support at Home Service	OA Day Services	Residential Services	DMH Day Services	DMH Supported Living Services	Community Equipment Services	Shared Lives Service
X	✓	X	X	X	X	X	X

Policy

To ensure the health and welfare of the people who use our services are protected and that staff are fully aware of their roles in the prevention of falls.

Procedure

1. All referrals into the service must have a full assessment which includes a falls risk using the support at home environment risk assessment (M9 Appendix 11) prior to the commencement of support.

What constitutes a fall?

A fall is when the person we support is found on the floor regardless of the circumstances, witnessed or unwitnessed.

2. It is important to establish the following as part of the pre-assessment: history of falls, history of fractures, osteoporosis, current medication, any mobility aids that are required at initial visit.
3. Falls can be caused by environmental issues. It is essential a proactive approach is adopted to prevent and identify issues through good housekeeping e.g., Hoarding, rugs, clear walkways. Discuss with family / advocates / Person we support about any risks that there may be in the environment.
4. Any identified risk must be added to the environment risk assessment and any risks mitigation added. Any identified risks **must** be added to the environmental risk assessment held within the service booklet.
5. Staff would need to ensure they are aware of the risks and mitigations associated with the person we support.
6. If the staff member finds the person who we support on the floor the member of staff must talk to the person to find out if they are conscious. Assess for any possible injury and where the person we support has capacity inform them that the emergency services will be contacted and / or family member. If the person were able to support themselves up off the floor independently and showed no sign of injury support staff would record and report the incident and detail if they have declined medical intervention / next of kin to be informed. Staff can advise that they should contact the GP or family to ensure they monitor the situation and are aware. CBF / Supervisor

must ensure the next staff and team on shift must be notified to allow for further monitoring.

If the person we support does not have capacity and is unable to give consent at that moment, are unable get themselves up from the floor independently the emergency services must be called. This must be reported immediately to your line manager and the central business team.

If the person, we support has reoccurring falls Professional interventions should take place.