

OA Reablement	OA Day Care	OA Residential Care	Domiciliary Services	DMH Day Services	DMH Supported Living	DMH Residential Services	EIA'd
✓	✓	✓	✓	✓	✓	✓	✓

P3

PAIN ASSESSMENT TOOL

POLICY

To ensure staff are fully aware of their responsibilities when monitoring pain levels of a service user.

PROCEDURE

1. Some service users do not always have the capacity or ability to tell a member of staff when they are feeling pain. This tool is to enable the member of staff to communicate better with the service user and help them to understand where the pain is and how painful it is.
2. On initial assessment (appendix 1) should be started on admission and completed by the 6 week review. The information from this must be transferred to the person centred care plan. Once this information has been transferred the initial Pain assessment tool must then be stored in the service user file.
3. The pain assessment tool can be used periodically where pain maybe apparent. This is not to be used all the time. If you are in any doubt about the service users wellbeing you must report it to the supervisor who should consult the G.P and make them aware that monitoring will take place.
4. The pain assessment chart (appendix 2) should be used to gain information to inform the pain assessment. It must be completed by asking the service user to point to where they feel the pain is coming from. Once this has been identified the diagrams must be marked with a cross (X) and the date and time noted on the diagram. It can be used for multiple entries but must remain legible.
5. This must be recorded in the daily diary and the supervisor must be made aware of the monitoring.
6. If the G.P is called he /she must be made aware that the service user is on monitoring. Some of the reasons why we need to monitor pain maybe as follows:
 - To identify trends and patterns when the pain is present
 - How long the pain continues
 - If the pain is eased after PRN medication
 - If the pain eases after getting up in the morning
7. Once the monitoring period is over the form must be fully signed off and any pain indicators identified must be recorded on the health and wellbeing section of the care plan and used to inform any PRN protocols.

Date								Issue date
Amendment								07/07/15 P&P