

**P14 DMH Appendix 2a**

<b>Name: Anne X</b>		<b>Completion Date: 30/03/17</b>							
<b>Support Need: Managing continence</b>		<b>Protocol No: 2</b>							
<p><b>Please record how decisions and choices have been made. If decisions / choices are made in the person's best interest, please record how this decision was reached.</b></p> <p><b>Tick one – please note that this can change</b></p> <table border="1"> <tr> <td>Has capacity and can make choices / decisions for themselves</td> <td></td> <td rowspan="3">Anne is unable to make choices for herself. Support to manage continence was agreed at an MDT meeting on 17/11/16 – notes of this meeting in section 5.</td> </tr> <tr> <td>Has the capacity to make some choices / decisions for themselves</td> <td></td> </tr> <tr> <td>Lacks capacity and decisions are made for them on a "Best Interest" basis</td> <td>√</td> </tr> </table>			Has capacity and can make choices / decisions for themselves		Anne is unable to make choices for herself. Support to manage continence was agreed at an MDT meeting on 17/11/16 – notes of this meeting in section 5.	Has the capacity to make some choices / decisions for themselves		Lacks capacity and decisions are made for them on a "Best Interest" basis	√
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<p><b>To carry out this protocol you will also need to read:</b></p> <p>Managing behaviour plan</p>									
<p><b>Intended outcome:</b></p> <p><b>To maintain health, wellbeing and dignity</b></p>									
<b>Step by step direction</b>	<b>Detailed instructions</b>								
<p>1. Continence management</p> <p>2. Going to the toilet</p> <p>Anne usually goes to the toilet:</p> <ul style="list-style-type: none"> <li>• On waking</li> <li>• After breakfast</li> <li>• At break time</li> <li>• After sessions</li> <li>• Before going home</li> <li>• After dinner</li> <li>• Before her bath</li> <li>• Before going to bed</li> </ul> <p>Anne will ask to use the toilet if she needs to at other times</p>	<p>Anne wears Tena mini pads inside her underwear when going out. Overnight, Anne wears a full, medium sized pad. Anne purchases mini pads herself. The full sized pads are provided by the continence service. Anne does not require pads if there is easy access to a familiar toilet.</p> <p>Anne can go to the toilet independently and will ask when she needs to do so.</p> <p>Anne requires 1:1 support at all times.</p> <p>Please enter the toilet / bathroom with Anne and encourage her to close the door.</p> <p>Anne may need assistance with buttons and / or belts on her trousers.</p> <p>Prompt Anne to change her mini pad if needed, and to dispose of this in the bin provided.</p> <p>Encourage Anne to flush the toilet.</p> <p>Anne can independently wash her hands, but may need reminding to use soap. Anne will dry her hands once she has washed them.</p>								