

How can I get involved?

Well there are meetings in Carlisle and Eden, Copeland and Allerdale and Barrow and South lakes monthly, which gives you four different meetings to choose from. You don't have to attend each month as and when it suits you is okay by us!

However we also know that not everyone likes the idea of meetings, so your local Children's Rights Officer is happy to meet with you first, to get to know you or just to hear about any issues that you have. These could still be worked on by the group, even if you don't come to the meeting.

If we have your email address we can keep you informed and you can become a virtual member.

Who can I contact?

The Children's Rights Officers are:

Rebecca Barnes (West)

07770938021 **rebecca.barnes@cumbria.gov.uk**

Liz Wright (Carlisle and Eden)

07825340475 **liz.wright@cumbria.gov.uk**

Joanne Gawne (Barrow and South Lakes)

07967469996 **joanne.gawne@cumbria.gov.uk**

You can also email **CiCC@cumbria.gov.uk**

You can contact any Children's Rights officer or ask an adult you know to do this for you. You can ask for more information from your carer, IRO or your Social Worker.



The leaflets in this pack have been developed with Children and Young People from throughout Cumbria, in order to provide you with some information on the Children in Care Council, so that you can decide how you would like your voice to be heard and which ways you can get involved.

You can also get more information from the website:
cumbrialscb.com/LSCB/children/childrenlookedafterinformation.asp

And check out the different films that the CiCC have produced.

What is the CiCC?

They are a group of young people who have been, at some time in their lives, looked after. These young people want to share their experience with others who also have this experience, in order to identify ways in which being looked after could be improved.

The CiCC meet in the three areas of Cumbria, monthly and you don't usually have to travel far to get to meeting. The meetings are run by the local Children's Rights Officer and are a mixture of food, activities and some work and we reward you for your time and effort. You get to choose the reward that suits you best.



“The Children in Care Council (CiCC) are a group of young people who all have experience of being looked after and would like to use this experience in order to promote positive change.”

#CiCC

So what do we do?

“We are always looking for new people to join us. The more young voices we have involved, the easier we can be heard!”

The CiCC is involved in different projects that make a difference to young people who are looked after such as recruitment, training workshops for staff, helping to shape policies and procedures and most importantly helping staff to understand the impact of being looked after.

We raise issues that are important to us and if others have had the same issue, we work out how we can make it better for those coming after us.

Most importantly we celebrate our achievements, making sure that those that work with us know about them.

