

Copeland Area Planning Report 21 May 2019

This report brings together information from across the Community team and provides Copeland Local Committee with an update on the work and activity undertaken to promote and progress Area Planning since the last meeting of committee.

The work of the Local Committee, through Area Planning and projects helps to achieve the Council Plan priorities, which are;

- People in Cumbria are healthy and safe
- People in Cumbria are well connected and thriving
- The Economy in Cumbria is thriving and benefits everyone

Area Planning Update

Joint working continues between the County and Borough Council on opportunities to support local communities develop projects in their areas. Officers continue to attend parish partnerships and a range of briefings and events have been held. Officer attendance and involvement has been included at the following sessions:

6 March 2019	Visit to Growing Well in Kendal who provide mental health recovery support through horticulture, with a view to developing the Copeland Social Prescribing offer.
15 March 2019	Visit to Ormsgill Lunch Club who operate an Inter-generational project in support of social prescribing.
15 March 2019	Council service points and community ventures including libraries in Millom, Seascale, Cleator Moor and Whitehaven.
29 March 2019	Cumbria Dementia Networking Event – to share good practice and prepare for Dementia Action Week
17/18 April 2019	Bransty Junction Improvement Scheme – Public Drop ins when the public could review the final design and find out more about the scheme. Braille, tactile and large print copies of the Scheme were available and have been passed onto West Cumbria Blind Society, Whitehaven.
24 April 2019	Joint Copeland Health & Wellbeing Forum
24 April 2019	Well Whitehaven Community Priority event.
26 April 2019	County Council Excellence Awards
26 April 2019	Copeland Children & Young People's Partnership including agenda item from Copeland Borough Council
April 2019	Copeland Community Alcohol Partnership – Launch Event in Egremont

Area Planning Projects

A number of key projects continue to be progressed including:

Whitehaven Community Hub. As previously reported this will create a key customer hub and bring together all community services for the council ensuring easy access to Library, archive and registrars services. It will also include dedicated training space for Community learning and meeting space for community groups who want to use the facilities.

As part of the consultation and engagement process the project plans are available, alongside a video flythrough of the proposal, in both the library and archive building in Whitehaven.

Future High Street Fund. As advised at the last Local Committee, the aim of this fund is to 'renew and reshape town centres and high streets in a way that improves experience, drives growth and ensures future sustainability.'

The Borough Council have worked with partners to develop the Expression of Interest which has now been submitted. Successful applications will be invited to progress to the second stage later in the summer.

Libraries and Archives Update

Cleator Moor Library. The opening of the 'Pop- up' library as a temporary location in the Phoenix Enterprise Centre in Cleator Moor has allowed crucial repair work to progress at the town's branch library. This has included the replacement of the original ceiling as well as replacing windows and the heating system.

Seascale Library CAT. A series of training events have been delivered for Seascale Parish Council volunteers who will support the library point in the village after the Community Asset Transfer to the parish council concludes. The volunteers at the Library Link service point will be supported through books, other stock and services from Whitehaven Library.

Whitehaven Library. Whitehaven Library recently supported a group of year 7's from Whitehaven Academy on an accelerated reading programme. 30 pupils visited, all receiving an introduction to the library and a tour supported by fun exercises about choosing books. This type of positive engagement helps to build ongoing relationships with libraries and the pupil feedback included:

- We didn't know there was an autism sensory room/session
- I liked that there are books for everyone, even people with disabilities and learning disabilities.
- I have learned that you need to look at the text and cover etc. before you say "I don't like that book" and put it back.
- Library cards are free.
- I have learned that there are different types of books for people who have problems.

Free Financial Advice. The inaugural session by the Newcastle Building Society, on free financial advice, held at Whitehaven Library was well attended. This collaboration supports the 'information' category under the Library Universal Offer and gives access to advice. A programme of further dates has now been compiled with a talk on Investments scheduled for 20 June.

County Council Excellence Awards. A number of staff from the Community teams were recognised at the annual County Council Excellence awards. Rachel Wilkinson, Librarian, was the 'Unsung Hero', while Diane Shepherd and Rachel Haroulis were winners in the 'Innovation and Improvement' category, after they led the work for Whitehaven Library to become autism-friendly. Sarah McNeil, Waste Prevention Officer won the Customer Service Excellence category.

Public Health Update

May is a busy month with a number of upcoming Diary Dates and Reminders which include:

- West Cumbria Community Forum 24 May 2019
- Bowel Cancer Awareness month
- Stroke Awareness month 1 – 31 May 2019
- Suicide Safer Copeland – Launch Event 7 May 2019
- Mental Health Awareness week 6 – 13 May 2019 (Copeland Libraries) 13 – 19 May 2019 national awareness week
- Deaf Awareness week 13 – 19 May 2019
- Dementia week 20 – 26 May 2019
- Virtual Dementia Tour 30 May 2019

There are a number of key initiatives and reports worth noting from Public Health England (PHE) which includes:

Air pollution evidence review. PHE has published a review of evidence on how to improve air quality as air pollution is the biggest environmental threat to health in the UK, with between 28,000 and 36,000 deaths a year attributed to long-term exposure. This report provides the latest evidence on interventions which will best prevent and reduce harm from air pollution. Its findings will inform local authorities' air quality action plans and key interventions. The review has informed development of the Government's Clean Air Strategy and will inform the upcoming National Emissions Control Plan and Environment Bill.

New menu of interventions for productive healthy ageing. PHE has published a menu of interventions that can be used by pharmacy teams to improve quality of life for older people. There is a range of ways in which pharmacy teams can help older people lead more independent lives and improve their health. Many initiatives are ones already supported by the Community team, for example, supporting older people to prevent or reduce falls, increasing levels of physical activity, reducing the risk of social isolation and loneliness and the risk of dementia. It is likely to be of particular interest to teams within Healthy Living Pharmacies (HLPs).

Health Matters on Identifying and offering brief advice to tobacco and alcohol users. The latest edition of Health Matters focuses on preventing ill health caused by tobacco and alcohol use. Smoking and harmful use of alcohol are amongst the most significant risk factors in the global burden of disease in England:

- 1 in 4 patients admitted to hospital are smokers
- over 840,000 smokers are hospital inpatients
- nearly 1.2 million hospital admissions attributed to alcohol in 2017/18

Child Health Profiles 2019 published.

PHE has published the Child Health Profiles Public Health Profiles which present data on child health and wellbeing. The profiles provide an annual snapshot of child health and wellbeing for each local authority in England.

Oral health – tooth extractions data. PHE has published the latest data on oral health, with data showing that almost 9 out of 10 child hospital tooth extractions are due to preventable decay. Although the oral health of children is improving, significant inequalities remain and tooth extraction is the most common hospital procedure in 6 to 10 year olds.

Annual flu letter published. The latest information about which adults and children are eligible for vaccination in the national flu immunisation programme for 2019/20 has just been published. This includes:

- all children aged two to ten on 31 August 2019
- those aged six months to under 65 years in clinical risk groups
- pregnant women
- those aged 65 years and over
- those in long-stay residential care homes
- carers
- close contacts of immunocompromised individuals

Copeland Health and Wellbeing Forum. The April meeting of the Copeland Health and Wellbeing Forum was a workshop to establish a better understanding/knowledge of what we have, what organisations (and individuals) deliver or can offer and what ideas there are that might really make a difference when we are looking at healthy weight and lifestyles. From a whole life course approach against the 4 stages of life – starting well, living well, ageing well and dying well, the groups generated a clear sense of purpose and direction even taking on board the principle that healthy weight throughout the life course would contribute to dying well.

Better Health Partnerships. There are more than 100,000 strokes every year in the UK, and with over 8000 in North Copeland the rates are above the national and regional average. The Better Health Partnerships is working to develop multi stakeholder partnerships that create solutions to motivate change and to reduce the likelihood of stroke and address the subsequent impacts for stroke survivors their families and carers.

80% of strokes are preventable by early detection so raising awareness is crucial with 7000 people across north Cumbria who are at risk of a stroke.

People with Atrial Fibrillation (AF), an abnormal heart rhythm, are at greater risk of having a stroke and in June 2018 Cumbria Fire & Rescue Service Home Accident Reduction Technicians began AF testing as part of their Safe and Well visiting programme. This is about to start in Copeland with the intention to roll this out as soon as possible.

A training session took place in April to enable AF testing to be carried out in community settings and enable increased access and availability to this prevention/detection method. 18 people attended and further sessions are being planned. For more information on "Make May Purple for Stroke" see the Stroke Association website [What is Make May Purple for stroke? | Stroke Association](#)

Suicide Safer Copeland - Launch Event. This event is for anyone in the Copeland community with an interest in reducing suicide and is an opportunity to find out more about:

- Suicide Safer Copeland's activity and plans
- How you can get involved and make a difference
- What training is available locally

On average we lose one person a week to death by suicide in Cumbria, more than double the number who die on our county's roads. Cumbria's suicide rates remain higher than the national average.

Around three quarters of people who die by suicide are not in contact with any mental health services in the year leading up to their death. It is friends, family, work colleagues, neighbours, community and voluntary organisations, not just those in NHS services, who have an important part to play in saving lives.

Suicide Safer Copeland aims to reduce the stigma, increase understanding of when someone is at risk suicide, awareness of how to practically support someone, and the range of help and resources available for people in our communities experiencing suicidal thoughts. We will do this through:

- Suicide Prevention Awareness and Anti-stigma campaigning through local communities and media
- Supporting grassroots community action
- Delivery of a range of suicide prevention training in each locality
- Targeting training at high risks groups
- Community Postvention support and awareness raising
- Developing localised cross community Suicide Prevention Action Plans

For more details visit www.every-life-matters.org.uk or Facebook EveryLifeCumbria or contact info@every-life-matters.org.uk or call 07908 537541

Additionally two more Suicide Alertness Training sessions have taken place, one in Bootle and the other in Distington with a total of 42 people attending. Due to demand a further 22 people have booked a third session in June at Distington. Officers will be attending the Suicide Safer Copeland Launch on 7 May above for anyone in Copeland Community with an interest in reducing suicide.

Stop Smoking. In partnership with Millom ICC, a Stop Smoking event was held at Millom Library, providing information and leaflets, alongside a mini health check.

Millom BeWellFest. Officers supported Millom BeWellFest which was a Rotary led health and wellbeing event and a number of referrals to GP's following mini health MOT's. Over 40 pairs of slippers were fitted as part of the Council's falls prevention work, and a range of services were promoted.

Dementia Action Week is 20-26 May. This year's theme is Inclusion. Over a third of people with dementia that were spoken to as part of the 'Turning Up the Volume' report said they have felt lonely recently, and over a third have lost touch with their friends following a diagnosis. Alzheimer's Society is urging everyone to unite and take action so people living with dementia can stay connected to the things they love for longer.

Mobile Virtual Dementia Tour. Dementia kills more people than Heart Disease or Cancer and is the largest cause of death in the UK. One in three people that were born in the UK in 2015 are expected to die from dementia. On 30th May the Mid Copeland Dementia Friendly Community Group has booked a Mobile Virtual Dementia Tour. This is funded by Copeland Local Committee, and will give people an experience of what dementia might be like. A total of 36 people from carers, relatives, health professionals including front line staff will be selected for this experience.

Local Authority Governors

Since the last Local Committee meeting Gwynneth Everett has been nominated as the LA Governor for Frizington Nursery School. This has been agreed with the Member for Cleator Moor East and Frizington.

Local Committee Budget and Grant Update

- There are a range of strategies, plans and policies which assist in guiding the allocation of funds from Local Committees. Under the Constitution, the Local Committee uses the County Council's Policy Framework and the Council Plan 2018-2022.
- Locally, the priorities agreed by Copeland Local Committee will be the most significant driver of resource allocation. This will be used with data in relation to health, wealth and demographics and information about previous grant allocations, key projects and knowledge of demands and local needs.

- There are limitations on certain budgets and the need for Local Committee to identify the levels of funding available to support community grants and community capacity building.

School Crossing Patrols

- Members are asked to agree the annual 2019/20 School Crossing Patrol Service Level Agreement with Orion Ltd. This states that should all 11 sites across the 9 schools operate then the service will cost £36,052.50 per annum + VAT. At the time of receiving the SLA, shown as Appendix 2, 1 post was vacant at Millom Infants School; should that remain vacant, the cost will be £32,917.50 + VAT.
- The budget allocation agreed by Full Council on 14 February 2019 for school crossing patrols in Copeland was £20,873 and therefore if all crossings are operating there would be a budget gap of £15,179.50. Members should note that the cost of the St Bees Primary School crossing is met by the school.
- In March 2018 every school crossing patrol site was assessed by Atkins and a number of current sites no longer meet the criteria threshold. As sites become vacant Members can choose to disestablish on the basis of the sites no longer being eligible.

Community Team

- The costs of the Community Development Team are partly met by the budget of £86,307. This budget has remained the same since 2018-19. Local Committee are asked to confirm that this contribution continues to support the staffing of the team who support Members, Local Committee and the wider work of Public Health and Community Services activities.

Money Advice Services

- Members will be aware that this budget line covers the costs of an existing contract with the Citizens Advice Bureau. The funding of £57,060 is ring-fenced for this purpose and remains the same as the previous year.
- Copeland Citizens Advice continues to deliver a wide range of support and services to local people who are experiencing financial hardship. To enable this work Cumbria County Council has allocated funding through the Local Committee. Members receive regular reports from the Manager of the local service and, if approved, this will continue.
- In 2018-19 Copeland Citizens Advice supported clients with income maximisation and budgeting, options for managing debt are discussed and clients are assisted with implementing their chosen options.

0-19 Services

- This budget of £56,335, includes a reduction on the allocation from last year due to adjusted population changes. It is designed to enhance the provision that the commissioned and statutory work streams deliver. Copeland Local Committee has a Children and Young People's Partnership with input from across partner organisations and seeks to ensure support to children and young people.
- Last year it was agreed that the CYPP would allocate funding under the 0-19 budget and, subject to Members agreement, it is proposed to adopt the same approach in 2019-20. Potential projects / schemes will be identified and supported by the Community Development Officers. Any allocation in excess of £5,000 will require approval by Local Committee but will be informed by the Children and Young People's Partnership.

11-19 Universal Provision

- This fund of £24,400 has been provided to support the development of universal youth provision across the Copeland area. Members are asked to agree to the awarding of individual grants from this fund to be informed by the Children and Young People's Partnership.

General Provision

- An amount of £54,782 has been allocated to the Local Committee under General Provision. This has decreased slightly from last year due to adjustments for population changes. Members have used this fund to support key delivery in line with agreed priorities under Area Planning and it is proposed to adopt the same approach for 2019/20. Development of proposals will be supported by the Community team.
- In March 2018 Local Committee agreed an allocation of £688 from the Kells & Sandwith ED for community based projects. The remaining £208 from this allocation will support the cost of a public access defibrillator for Sandwith, managed by the Sandwith Village Group.