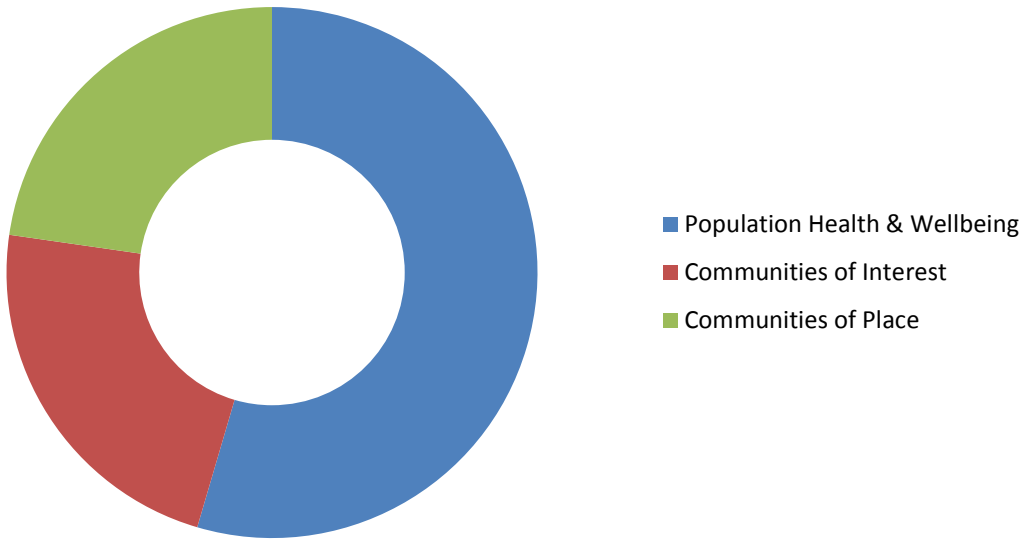
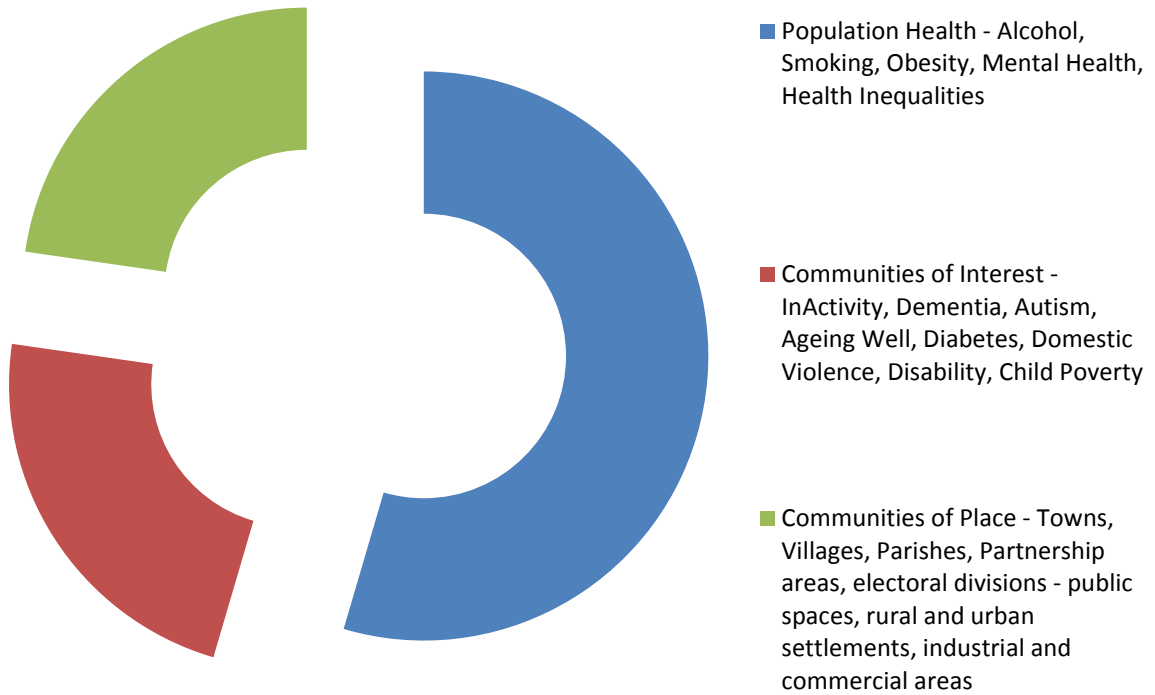


## Copeland Health & Wellbeing Forum



## Copeland Health & Wellbeing Forum



# Copeland Health and Wellbeing Forum

Population Health

Overarching  
Strategy

Population  
demographics

Communities  
of Interest

Communities  
of Place

So what does this mean .....

Copeland Health & Wellbeing Forum is the place to bring people together to work together to improve the health and wellbeing of the residents of Copeland

Individuals, organisations and communities have different priorities, passions, needs and wants so we need to be multi layered to engage everyone who shares the vision

We need to listen to our communities to understand what they think will improve their quality of life and enable them to be part of taking ideas forward to meet their goals and our ambitions

How do we do this.....

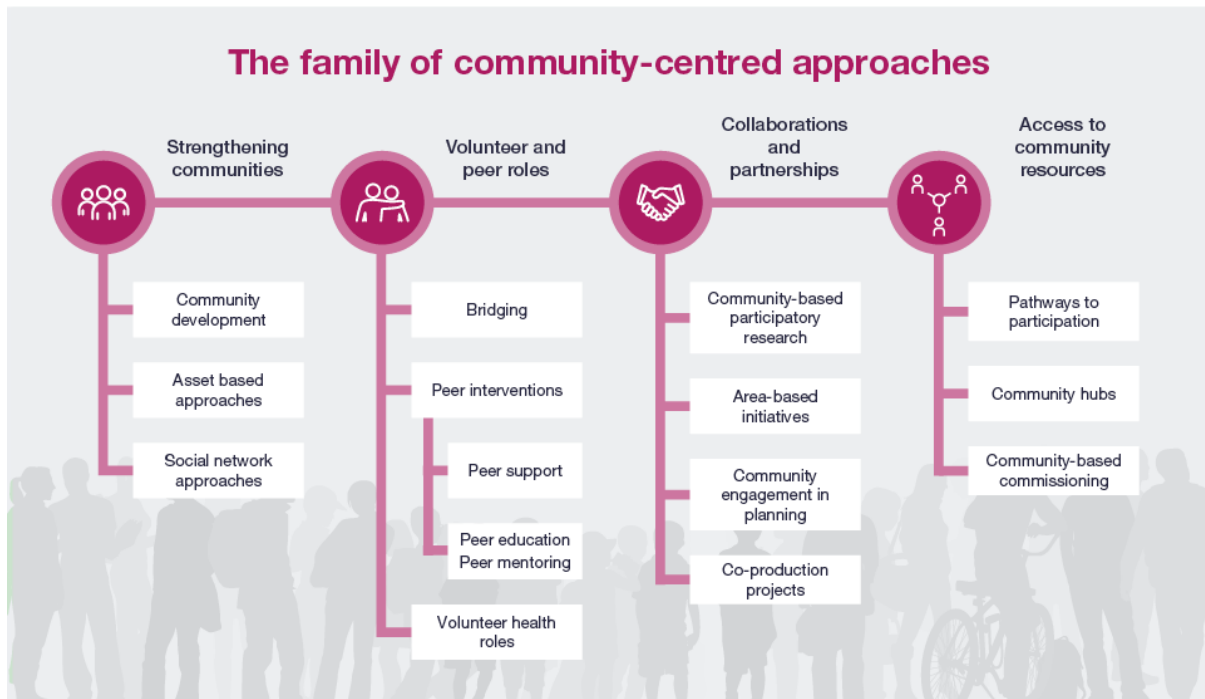
Copeland Health & Wellbeing Forum grows its membership so it feels representative of Copeland. It acts as a listening, learning, networking arena bringing groups and individuals together to hear what they are doing, raise issues, have specialist speakers or themed meetings and allow reporting back on progress. It can meet quarterly and move around the district allowing groups the opportunity to host.

A small working group to ensure that we stay on track and activity and commitment is delivered.

Population Demographics - Cumbria County Council Public Health and Area Team are already working in this way, do we build on this? There are already existing Children's & Young People's Partnerships and an Older Persons Forum, do we tap into these?

Communities of Interest – We have existing groups we can work with and can create project teams for specific activities or pieces of work

Communities of Place – Where we live and work, where we live – Healthy Towns (Can we bring Well Whitehaven in), Workplaces - Better Health at Work Award, Public Spaces – Public Space Protection Orders, Licencing etc.



Next Steps –

Copeland Health and Wellbeing Forum to set dates for quarterly meetings – June, September, December, March inviting a wider range of community representatives and stakeholders. Working Group to meet in-between to develop action plan and coordinate activity. Next meeting in diaries – 12<sup>th</sup> April to be a working group meeting to start the process including scoping out the wider Health & Wellbeing Forum membership and agreeing a Comms plan.