Stoptober Quiz

1. When was tobacco first introduced in Europe? And by who? 2 points

2. What chemicals are in it? 3 points

3. When did we first know it wasn’t good for us? 1 point

4. What makes it addictive? 1 point

5. What parts of the body does it affect? 8 points
6. Why do we test for Carbon Monoxide? 1 point

7. Can a non-smoker have a high reading? If so why? 5 points

8. What is the difference between smoking and vaping? 4 points

9. What does Public Health England say about vaping? 1 point

10. Where can’t you smoke or vape? 4 points

11. How much is a packet of 20 cigarettes? 1 point

12. How much is a vaping starter kit? 1 point

13. Do you smoke or vape?

14. What would you rather be spending your money on?