

**Online CPD
opportunities for
Early Years
Practitioners**



The Solihull Approach – for parents/carers

Cumbria County Council have invested in award winning, quality marked, evidence based online courses by the Solihull Approach (a national NHS organisation).

These courses are for ALL parents-to-be, parents, grandparents or carers of any child from the antenatal period to age 18 years.

You don't need to be struggling to do these courses. The courses are relevant to parents/carers of all children, including those with special needs, autism, ADHD etc. **They would also be useful for staff working in Early Years settings, both for understanding children's behaviours and for supporting families.**

We would encourage you to take advantage of this time limited opportunity. These courses are normally £19-£39 per person, but are **FREE** with the access codes below to all residents of CUMBRIA.

Go to **www.inourplace.co.uk** and apply the relevant access code:

- Understanding your child age – Access code: WORDSWORTH
- Understanding your pregnancy, labour, birth and your baby – Access code: WORDSWORTH
- Understanding your baby – Access code: WORDSWORTH
- Understanding your teenager's brain – Access code: WORDSWORTH

You will be asked to create an account so that you can resume the course where you last left off. Once you have accessed the courses using this code you will have access even after the code expires. You will also be asked to verify that you are legitimately entitled to use the access code by entering your postcode.

The Solihull Approach – advanced practitioner training

These modules are available for anyone who would like to access them for CPD - the knowledge base on the Practitioner courses will be greater than the parent/carer ones, but there is no requirement for you to do them in any particular order.

There are three modules, with each taking around 3-4 hours to complete. A certificate is issued for each completed module. Upon being awarded all 3 certificates you will gain Solihull approach advanced trained practitioner status.

The three modules are:

- Understanding Trauma
- Understanding Attachment
- Understanding Brain development

To access these courses go to **www.inourplace.co.uk**

Sign in and click 'unlock professionals courses'. Once registered as a professional, use the access code WORDSWORTHPRF.

Outdoor learning

www.muddyfaces.co.uk/outdoor-hub

This company's website includes an outdoor hub, which is a free and open resource containing sections on:

- Activities to try – including ones linked to the curriculum, to food outdoors, art and creating, growing and gardening, health and well-being, farms and animals and many more. Particularly useful for ideas is the 'Inspirations' section.
- Events
- Links to research, case studies, news
- Useful links to resources from other organisations in the field of nature and the outdoors
- Forest school information
- Mud – includes a link to a free downloadable book 'Making a mud kitchen' and inspirational pictures from 'World Mud Day'.

The Learning Environment

www.communityplaythings.co.uk/learning-library

This company's website includes a learning library area, which contains a large selection of useful articles, blogs, videos, case studies and training resources (which could be used for staff meetings/CPD sessions). Particularly useful are the selection of booklets on topics such as learning outdoors, woodwork, two's environments, baby room, imaginative play and many more. The booklets can be downloaded or you can order free hard copies.

Keeping up to date

www.foundationyears.org

This site contains up to date versions of government guidance and documents, as well as news and resources. You can sign up for their newsletter to keep up to date. The resources section includes useful sections on:

- Business planning
- Early Years Pupil Premium
- Home learning
- Language (including writing)
- Maths
- Resources for parents
- Working with fathers

Note: Some of the resources are National Strategies documents which may include out-of-date references (for instance to previous versions of the EYFS), but still contain lots of good ideas.



