

Chat, Play, Share



[STAR LIGHT STAR BRIGHT](#)
[Song + Lyrics - YouTube](#)

Star light, star bright
Star light, star bright,
First star I see tonight,
I wish I may, I wish I
might,
Have this wish I wish
tonight.

Younger children

Hold your child up towards the Christmas tree and point towards the star (if you have one) or the twinkly lights. Sway to the rhythm of the rhyme as you sing and see if your child can move their focus from the lights to your face. Remember to put expression into your voice.



Older children

Go outside once it is dark and look up to the stars. Talk about the weather as on a cloudy night you might not see anything. Superstition has it that when you see a falling star you can make a wish that will be accomplished.



Go for a walk and talk about the Christmas lights you can see. What other light sources are there? Car headlights, streetlights, the moon etc

Chat Play Share...Other ideas you could try....

Share a story together about stars. Chat about the pictures and story. Also read some non-fiction books to explore stars further. Examples of stories:

- How to catch a star by Oliver Jeffers
- Laura's Star by Klaus Baumgart
- Ori's Stars by Kristyna Litten
- Look Up! by Nathan Bryon
- Shark in the Dark by Nick Sharratt

Telescope Fun

Make a telescope using a cardboard tube (or your hands) and have a look out of the window. What can you see? You can play a game of 'I Spy' or chat as you describe what is there. Do this at night and look up at the sky. What can you see? Talk about stars. Can you spot any of the constellations? Can you see Polaris the North Star that shines the brightest?



Wish upon a star

Look up at the night sky and make a wish on the first star you see. Talk about wishes for themselves and perhaps family and friends. Cut out a star shape and scribe the wish for your child. Thread it with ribbon, string or cotton thread and hang it on your Christmas tree. Share some happy memories about people who perhaps cannot be with you this Christmas. What are your hopes for the coming year?



Star Alliteration

Alliteration is when you can hear the same letter or sound at the beginning of words. Can you think of any for star? Sting, strong, stick, stomp.....

Can you think of words beginning with 's' or 'sh' to describe a star? Shiny, shooting, shimmering...