

Chat, Play, Share



[NurseryRhymes.org](https://www.nurseryrhymes.org) - [Teddy Bear, Teddy Bear - Lyrics and music](#)

Teddy Bear, teddy bear

Teddy bear, teddy bear turn around. Teddy bear, teddy bear touch the ground. Teddy bear, teddy bear jump up high. Teddy bear, teddy bear touch the sky.

Teddy bear, teddy bear bend down low. Teddy bear, teddy bear touch your toes. Teddy bear, teddy bear turn out the light. Teddy bear, teddy bear say goodnight.

Younger Children

- This is a lovely rhyme to share quietly before bedtime. If your child sleeps with a teddy, it could be used to add actions into the rhyme, then be tucked up into bed beside your child.
- Why not role-play putting teddy to bed with your child? Tuck them up and model saying goodnight. A simple bed for teddy could be made by cutting one side off a cereal box.

Older Children

- Have fun learning the rhyme with your child. How about making up some actions to go with the words? Experiment with saying the rhyme slowly/quickly and varying the volume.
- See what happens if you say the rhyme slowly and alter it to include other actions e.g. Teddy bear, teddy bear run on the spot. Teddy bear, teddy bear hop, hop, hop. Does your child hear the change and vary their action? This is a great way to develop their listening and attention skills.
- Play 'Simon says' with your child but use a teddy to give the instructions e.g. Teddy says clap your hands. Encourage your child to listen closely and only do the action if Teddy says to do it. Some children find it hard to listen whilst completing an action so you may have to give them extra time to process the instruction.

Chat Play Share...Other ideas you could try....

Share a bear themed story together and chat about the pictures and story. Examples of stories:

- Where's Teddy? by Rod Campbell
- Where's my teddy? by Jez Alborough
- Can't you sleep little bear? by Martin Waddell
- I love you to the moon and back by Tim Warnes
- That's not my teddy by Fiona Watt
- Just one of those days by Jill Murphy
- Postman bear by Julia Donaldson
- Peace at last by Jill Murphy

Sometimes older children prefer information texts to stories. Why not look up some bear facts together? This website has some simple information about bears:

<https://www.dkfindout.com/uk/animals-and-nature/bears/what-is-bear/#!>

Teddy bear outing

How about taking teddy out on an adventure? This could be a visit to relatives, out in the garden or on a day trip. Talk with your child about where you are going to go and what you will need to take. Encourage them to help get ready. Once outside encourage your child to chat to teddy about what they can see. With younger children you could model this and talk about what you can see, hear or even smell.



Guess the teddy bear -listening game



Gather a selection of teddies (or other soft toys) and sit them in a group. Chat to your child about the similarities and differences between the teddies. Describe one teddy at a time and see if your child can find the right one e.g. 'This teddy is dark brown, small and wearing a hat'. Give them plenty of time to listen to your description and find teddy. Praise their good listening skills.