

Cumbria County Council
Chat Play Share
Rhymes and songs

<https://www.scottishbooktrust.com/songs-and-rhymes/jelly-on-a-plate>



Jelly on a plate

Jelly on a plate, jelly on a plate, wibble wobble, wibble wobble, jelly on a plate.

Sausages in a pan, sausages in a pan, sizzle sizzle, sizzle sizzle, sausages in a pan.

Noodles on a fork, noodles on a fork, twirly whirly, twirly whirly, noodles on a fork.



Alternative version of the song with actions

Jelly on a plate, jelly on a plate, wibble wobble, wibble wobble, jelly on a plate. (Hold your hands out like you are carrying a plate and wobble as you sing).

Jelly on a spoon, jelly on a spoon, wibble wobble, wibble wobble, jelly on a spoon. (Hold your hand out like you are carrying a spoon and wobble as you sing).

Jelly in my mouth, jelly in my mouth, wibble wobble, wibble wobble, jelly in my mouth. (Point to your mouth).

Jelly in my tum, jelly in my tum, wibble wobble, wibble wobble, jelly in my tum. (Rub your tummy as you sing).

Younger children

Sit your child on your knee facing towards you and hold their hands. Bounce them up and down in time to the rhythm as you sing the first part of the first verse of the song, then wobble them side to side as you sing 'wibble wobble...' Vary the volume and speed at which you sing.

This song can be changed easily to be sung when you are spoon feeding your baby especially if you are encouraging them to eat more or to try a new food. Instead of 'Jelly on a spoon' substitute this for the name of the food on the spoon as you move it towards them e.g. 'Yoghurt on a spoon'.

Older children

Enjoy singing the different versions of the song together. Can you make up your own actions for the first version? Ask your child to think of their favourite foods and see if you can make a fun additional verse for the song. Older children might be able to think of words to describe the movement or sound they make, for example, 'Rice crispies in a bowl, rice crispies in a bowl, pop pop, pop pop, rice crispies in a bowl'.

Chat Play Share...Other ideas you could try....

Look out for 'Don't put your finger in the jelly' Nelly!' by Nick Sharratt or 'Red rockets and rainbow jelly' by Sue Heap and Nick Sharratt in your local library. They are great books to share and have lots of fun rhyming language included. Children often like to make up silly rhyming strings, how many words can they think of to rhyme with jelly? They may come up with real words such as 'smelly' or pseudo words which rhyme but aren't actual words such as 'felly'. They are all good as it means your child can hear the rhyme!

Making Jelly

Why not have a go at making jelly with your child as it is a great chance to develop listening and attention skills, to learn new words and to talk about what is happening? Start by asking your child to help you get out everything you will need, then follow the instructions from the jelly you have chosen. Talk to your child about being safe around the hot water and supervise them closely. Depending on the age of your child you could:

- Talk about what happens when the hot water dissolves the jelly cubes. Introduce new words such as 'dissolve, liquid'.
- Sing the song as you make your jelly but change it to reflect what you are doing e.g. 'Jelly in a jug'.
- Talk about what the jelly cubes feel like, look like and smell like. (Safety reminder – they are a known choke hazard and not suitable for young children to eat).

Take your time and give a commentary linked to what you are doing. Enjoy tasting it together and acting out the song once the jelly has set.

