



## One banana, two bananas

One banana, two bananas, three bananas, four.

Five bananas, six bananas, seven bananas more!

<https://www.bbc.co.uk/tiny-happy-people/one-banana-two-banana/zitk8xs>



### Younger Children

This is a great song to sing when unpacking the shopping or when preparing a meal. Substitute the words for different fruit and vegetables e.g., one potato, two potatoes or one tomato, two tomatoes.

Put the items in a row and see if your child can follow with their eyes or touch each one as you sing the rhyme.



### Older Children

Play a rhyming game with your child and make up your own songs and rhymes. Llama, pyjama, banana.



Bananas, bananas all in a bunch  
Bananas, bananas lovely for lunch  
Llamas in pyjamas just love to munch!

## Chat Play Share...Other ideas you could try....

Share a story together about fruit. Chat about the pictures and story. Also read some non-fiction books to explore fruit further. Examples of stories:

- Fruits: A Caribbean Counting Poem by Valerie Bloom
- Handa's Surprise by Eileen Browne
- Oliver's Fruit Salad by Vivian French
- That Fruit Is Mine! by Anuska Allepuz
- Llamas go Bananas! by Briony Britten

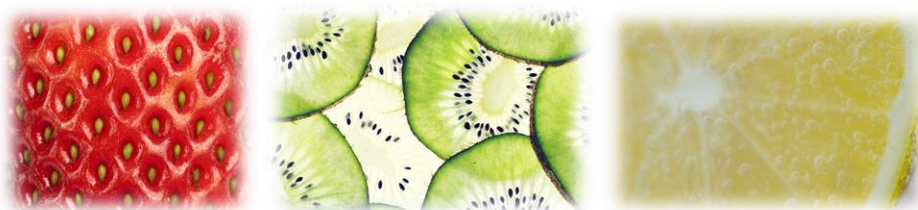
[Activities around Fruits by Valerie Bloom | Words for Life](#)

## Shopping

When you go shopping stop and look at the fruit on offer. Talk about the different types of fruit. Read the labels and find out the country of origin. Perhaps buy some fruit you haven't tried before. Once you are back at home, have a look at a map and see how far the fruit has travelled. Talk about modes of transport.

[The Journey Of Bananas: From Land To Your Hand - YouTube](#)

[Going bananas! | Early Years Educator](#)



## Favourite Fruit

Talk about your favourite fruit. When your child is eating some fruit, encourage them to use all their senses. Talk about what it looks, feels, smells and tastes like. Say the name of the fruit and see if your child can say the beginning sound, aa apple. Discuss the fruit as you cut it up and describe the fruit as you explore the inside and compare it to the outside.

Read the story Handa's Surprise and see if you can remember which animal ate each fruit. Who ate the soft yellow banana or the round juicy orange?

Super Lambanana or Superlambanana was created for the City of Liverpool and was established during the Liverpool European Capital of Culture year. Have fun choosing a fruit and putting it together with an animal!

