



<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-i-can-sing-a-rainbow/zn3tqp3>



### I can sing a rainbow

Red and yellow and pink and  
green, purple and orange and  
blue,  
I can sing a rainbow, sing a  
rainbow, sing a rainbow too.

Listen with your ears,  
Listen with your eyes,  
And sing everything you see!  
I can sing a rainbow,  
Sing a rainbow,  
Sing along with me...

*(Then repeat first verse again)*

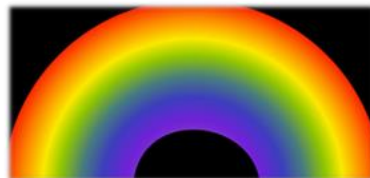
### Younger children

This is a great song to sing softly to your baby as you rock them in your arms when they are tired.

Find a child friendly item in each of the different colours named in the song. Point to each colour as you sing the song slowly and encourage your child to follow your lead. Enjoy finding and sorting everyday objects by colour together and name the items you find.

### Older children

Enjoy singing the song with your child, it's a good one to sing on a happy sunny day! The song lists the colours red, yellow, pink, green, purple, orange and blue. Talk with your child about these being a little different to the colours in an actual rainbow. Teach your child the order of the colours in the rainbow (red, orange, yellow, green, blue, indigo and violet) and point out items of the different colours. Pronounce the colours clearly for your child to listen to. See if your child can remember the colours in order and say them in different voices/ways, for example, quietly, quickly, in a high-pitched voice?



## Chat Play Share...Other ideas you could try....

Share a story together about colours and chat about the pictures and story.  
Examples of stories:

- The world made a rainbow by Michelle Robinson
- Brown bear, brown bear what do you see? by Eric Carle
- How do you make a rainbow by Caroline Crowe
- Colours by Roald Dahl
- Festival of colours by Surishtha Sehgal
- Big blue train by Julia Jarman
- What makes a rainbow by Betty Schwartz

### Rainbow Travel Game

If your child can identify the different colours of the rainbow when you are on a journey or out for a walk go through each of the colours and challenge them to spot something of that colour.

Each time say, 'I can see a red/orange etc....' and leave them to complete the sentence. Older children could say the completed sentences themselves and see how quickly they can spot all the colours. Together

see if you can come up with additional words to describe what you see as this will help your child learn new vocabulary, e.g. small, spiky, green leaf.



### Outdoor Colour Chart Matching



Pick up some free paint colour chart strips in your local DIY shop – greens, blues and browns are often easier to use than bright colours! When you're out for walk give your child a paint chart strip and challenge them to find items to match the colours on the chart. Talk to them about what they find and point out other items in the same colour. Take time to observe the items and use different senses if safe/appropriate e.g. smell, touch.

### How are rainbows made?

If your child is interested in knowing how rainbows are formed or when they are most likely to be seen, look out for a simple weather book in your local library, share simple information available online or watch this explanation on CBeebies: <https://www.bbc.co.uk/cbeebies/watch/messy-goes-to-okido-what-makes-a-rainbow>