

Cumbria County Council  
**Chat Play Share**  
**Rhymes and songs**

Wind the bobbin up  
Wind the bobbin up  
Pull, pull, clap, clap, clap  
Wind it back again  
Wind it back again  
Pull, pull, clap, clap, clap  
Point to the ceiling  
Point to the floor  
Point to the window  
Point to the door  
Clap your hands together, one, two,  
three  
Put your hands upon your knee

[Wind the Bobbin Up | The Baby Club - YouTube](#)

**Birth – 2 years**



Sing the song and hold your child's hands whilst doing the actions together. After repeating a few times, sing facing your child and pause with hands ready before each action and watch to see if your child remembers which action comes next. Respond to babbling with exaggerated facial expressions using your eye gaze and point to objects as you say the word clearly.

**2-3 years**



Sit opposite your child so they can copy the actions. Sing the song with a smile and emphasise the rhythm of the words.

Pause between phrases to see if your child can demonstrate, either through words or actions, that they can anticipate what comes next. Change the action from pointing e.g. waving or jumping.

**3-4 years**



Once familiar with the rhyme try pausing to see how much of the rhyme your child can recall independently. Ask them to teach it to a family member who is not familiar with the rhyme.

Practice the rhythm of phrases and experiment with modulation of tone and delivery. Have fun using voices and speeding up and slowing down!

## Chat Play Share...Other ideas you could try....

Reading doesn't have to be a quiet and sedentary experience. Check out some books that will encourage your little one to get up and move about.

Dancing Feet! by Lindsey Craig

We're Going on a Bear Hunt by Michael Rosen

Barnyard Dance! by Sandra Boynton

From Head to Toe by Eric Carle

Wiggle by Doreen Cronin

You Are a Lion! And Other Fun Yoga Poses by Tae-Eun Yoo

The Animal Boogie | Barefoot Books Singalong

[The Animal Boogie | Barefoot Books Singalong - YouTube](#)

Electronic versions of stories can also often be found online.

Engage in 'Contingent Talk' with your baby. Tune in to what your baby is interested in. Respond when they point, gesture, or make noises.

Interpret what they are saying and let them know in words, e.g. "You want the cup?" Use actions with words. Try waving as you say "bye-bye." Get down on their level to play, listen and talk to them.

Talk about action words. Play a miming game where you perform an action and see if other people can guess what you are doing.

Suggestions might be jumping, cycling, cooking and swimming. Try naming an action and move in that way e.g. slithering, hopping, skipping, prancing, crawling.

Going back to 'Wind the Bobbin Up' children could try this song in pairs as it was originally done! They can wind their hands around each other being careful not to bump. For 'pull' they should join hands and pull together and clap each other's hands.

Talk about windup toys, you may have a car, train or bath toy that uses a winding mechanism. Look for things that need to be wound. It might be a clock, ball of wool, ribbon or the garden hose. Wind your spaghetti around your fork and use the words/phrases 'twist', 'wind' and 'round and round'.